

Recommended Reading

NARM has a Written Exam Reference List in the [Candidate Information Booklet](#) with many titles to explore. Below, please find some additional titles that might round out your exploration of care for pregnant people.

After the Baby's Birth: a Complete Guide For Postpartum Women. Robin Lim. Rev. ed. 2004.

Amani Birth (Qur'an based) - Aisha Al Hajjar. 2013.

Ancient Map for Modern Birth. Pam England. 2017.

Asian Mothers, Western Birth. Pranee Liamputtong Rice. 1999.

Battling Over Birth: Black Women and the Maternal Health Care Crisis. Julia Chinyere Oparah, Helen Arega, Dantia Hudson et al. 2017.

The Big Letdown: How Medicine, Big Business, and Feminism Undermine Breastfeeding. Kimberly Seals Allers. 2017

Birth and Rebirth on an Alaskan Island: The Life of an Alutiiq Healer. Joanne B. Mulcahy. 2001.

Birth in Eight Cultures. Robbie Davis-Floyd and Melissa Cheney. 2019

Birthing Justice: Black Women, Pregnancy, and Childbirth. Julia Chinyere Oparah and Alicia D. Bonaparte. 2015.

Breastfeeding Management for the Clinician: Using the Evidence. Marsha Walker. 4th ed. 2016.

Breastfeeding: New Anthropological Approaches. Cecília Tomori, Aunchalee E. L. Palmquist, EA Quinn. 2017

Christ Centered Childbirth Childbirth. Kelly Townsend. 2005.

Confessions of the Other Mother: Nonbiological Lesbian Moms Tell All edited by Harlyn Aizley. 2006.

The Disabled Woman's Guide to Pregnancy and Birth. Judith Rogers and Molleen Matsumura. 2005.

Gentle Birth Gentle Mothering: a Doctor's Guide To Natural Childbirth and Gentle Early Parenting Choices. Sarah Buckley. 2013.

Having Your Baby: For the Special Needs of Black Mothers-To-Be, from Conception to Newborn Care. Hilda Hutcherson, Margaret Williams. 2010.

Heart and Hands. Elizabeth Davis. 5th ed. 2012.

Ina May's Guide to Childbirth. Ina May Gaskin. 2003, 2019 update available.

Into These Hands: Wisdom From Midwives. Geradine Simkins. 2011.

The Jewish Pregnancy Book. Sandy Falk and Rabbi Daniel Judson. 2004.

Journey to Same-Sex Parenthood: Firsthand Advice, Tips and Stories. Eric Rosswood. 2016.

Lady's Hands, Lion's Heart: A Midwife's Saga. Carol Leonard. 2008.

Listen to Me Good. Margaret Charles Smith and LJ Holmes. 1996.

A Midwife's Story. Penny Armstrong and Sheryl Feldman. 2007 ed.

A Midwife's Tale. Laurel Thatcher Ulrich. 1990.

The New Essential Guide to Lesbian Conception, Pregnancy, and Birth. Stephanie Brill. 2006.

Optimal Care in Childbirth: The Case for a Physiologic Approach. Henci Goer, Amy Romano. 2013.

The Queer Parent's Primer. Stephanie A. Brill. 2001.

Waiting for Bebe: a Pregnancy Guide for Latinas. Lourdes Alcaniz. 2009.

Your Plus-Size Pregnancy. Brette McWhorter Sember. 2005.