

**2016 Matriculating Cohort Recommended Course Sequence: Associate of Applied Science in Lactation Consultation**

<b>First Year</b>			
<b>Term</b>	<b>Type</b>	<b>Course Name</b>	<b>Credit Hours</b>
Spring	Lactation-Specific	Introduction to Breastfeeding Theory (BRF131q)	3
		Breastfeeding Skills (BFS211q)	1
		Breastfeeding Education and Counseling (BEC221q)	2
	Supplemental	Communications I (COM121q)	2
		Introduction to Healing Systems (STM121q)	2
	Health Science	Using Medical Literature (UML111q)	1
		Information Literacy (INL111q)	1
Clinical Training Credits (LCT211q)			1
<b>Total</b>			<b>13</b>
Fall	Lactation-Specific	Advanced Breastfeeding Theory (BRF213q)	1
		Maternal Complex Breastfeeding Situations (MCS221q)	2
		Breastfeeding Politics and Policy (POL112q)	1
	Supplemental	Communications II (COM112q)	1
	Health Science	Human Anatomy and Physiology for Birth and Lactation Professionals (ANP151q)	5
		Medical Terminology (MED121q)	2
	Clinical Training (LCT211q)		
<b>Total</b>			<b>14</b>
Winter	Lactation- Specific	Infant Complex Breastfeeding Situations (ICS221q)	2
		Advanced Lactation Skills (ALS221q)	2
		Lactation Professional Standards and Practice (LPS221q)	2
	Supplemental	Communications III (COM113q)	1
	Health Science	Infancy (INF121q)	2
		Nutrition (NUT131q)	3
	Clinical Training (LCT211q)		
<b>Total</b>			<b>14</b>

<b>Second Year</b>			
<b>Term</b>	<b>Type</b>	<b>Course Name</b>	<b>Credit Hours</b>
Spring	Supplemental	Perinatal Psychology for Lactation Professionals (PSL211q)	1
		Pregnancy and Birth Impacts on Breastfeeding (IMP231q)	3
		Botanicals I (BOT231q)	3
	Clinical Training (LCT211q)		
<b>Total</b>			<b>10</b>

Fall	Supplemental	Lactation Consultant Practice Protocols (LPP211q)	1
		Advanced Lactation Case Studies (ACS221q)	2
	Health Science	Human Genetics (GEN231q)	3
		Working Cross Culturally (WCC211q)	1
	Elective		2
	Clinical Training (LCT211q)		3
			<b>Total</b>

## **Skills Acquisition**

You will be exposed to many types of equipment while at Birthingway including, but not limited to, infant scales, pediatric stethoscope, model breasts, model babies, oral anatomy models, supplemental nursing systems, infant feeding tools, nipple shields, and manual and electric breast pumps.

Skills are introduced, practiced, and evaluated in the classroom, as well as during clinical training. You will be introduced to and practice skills included on the *CAAHEP/LEAARC Entry Level Competencies* which includes skills required by the International Board of Lactation Consultation Examiners (IBLCE). In addition, you will learn professional behavior, communication, and relationship skills; teaching and counseling skills; and decision-making ability in classroom and clinical settings.

In skills courses, you will receive *Classroom Skills Documentation* forms which list each of the skills taught and the number of times you must demonstrate the skill.

Skills are also acquired during your clinical training with a preceptor. Preceptors are required to meet with you each term that you are registered for clinical training credit to document which skills you can perform independently. These skills are evaluated using the *Clinical Competencies Checklist*. The *Clinical Competencies Checklist* includes all of the [required IBLCE skills](#), as well as some additional skills Birthingway requires before graduation.

Skills gained while working with a preceptor are practiced on clients and are not uniform because of the nature of clinical practice. You are responsible to document any new skills acquired, as well as the enhancement of classroom skills achieved during your clinical experience. A current copy of the *Clinical Competencies Checklist* is kept in your academic file. For more information, see [CLINICAL TRAINING](#).

## **Classroom Skills Participation**

You may have the opportunity to serve as a model for your classmates in skills classes. This is optional.

### **Breastfeeding Skills**

You should anticipate practicing and demonstrating proper use of universal precautions, a complete evaluation of breastfeeding assessment of both mother and infant, assessment of breast milk transfer, options for breastfeeding positions, devices and equipment use, and breast milk expression.

### **Advanced Lactation Skills**

You should anticipate practicing and demonstrating proper assessment of prenatal considerations, assessment of true low milk supply, proper use of tools and equipment, pumping, options for milk storage, donation counseling, and infant oral exams.

## **Additional Learning Requirements**

### **Cohort Time**

Students who matriculate into the Lactation Consultation Program in the same academic year are considered a *cohort*. This group of students follows the lactation-specific course sequence together. This includes sharing the same core day for the year or two years, as appropriate to track, of lactation-specific courses.

On core days there is time set aside between morning theory and afternoon skills classes. The first half of the time is for lunch. The second half of the time is for cohort meeting time. The Cohort time that is set aside on