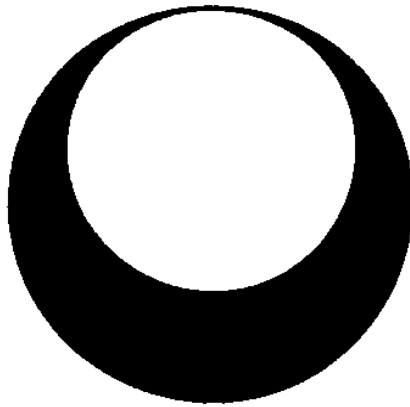


Clinical Training Skills Assessment Checklist



BIRTHINGWAY COLLEGE OF MIDWIFERY

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Student Name

Preceptor Name

Revision January, 2010

Instructions for Skills Assessment Checklist

The Skills Assessment Checklist that follows is intended to be used by the student and preceptor to evaluate and document the student's skills acquisition throughout their clinical training.

Some of these skills will be acquired in Birthingway classroom and skills class training, others are learned while working with clients in a clinical training.

The Preceptor will complete the verification areas that they observe that the student has mastered during their clinical training.

Birthingway will complete the skills areas which were not acquired during the clinical training at the end of the student's clinical training.

Preceptor instructions:

The preceptor should review the form with the student midwife each term, taking the time to highlight areas where additional skills experiences are needed. The preceptor completes the form by placing her initials and the date in the appropriate column next to each skill the student has learned. Not all skills will be acquired during the clinical training; preceptors should complete the second two columns (student can perform skill independently and preceptor initials and date) for each skill the student has mastered. The preceptor should also make sure to print and sign their name on the signature page (last page).

Student instructions:

Copies of these pages must be turned in with your Time Sheets and two evaluations at the end of each term you are registered for clinical training credit.

Please note: The skills listed in this font (Arial) are those required by NARM.

Please note: The Skills listed in this font (Papyrus) are those required by Birthingway, above and beyond the NARM skills requirements.

Please see the Birthingway Student Affairs Coordinator or Faculty Coordinator with questions.

The following document shows Birthingway's Clinical Training Skills Assessment form with Birthingway Skills Filled In

-This version of the Master List is for coursework completed after the switch to Quarter Credits.

LEGEND:

The skills listed in this font (Arial) are those required by NARM.

The Skills listed in this font (Papyrus) are those required by Birthingway, above and beyond the NARM skills requirements.

“T” - Indicates theory for this subject was taught in this course

“S” - Indicates that the skill for this subject was taught in this course

Birthingway College Skills Assessment Checklist, revised 12.4.2007

(based on MEAC's Abbreviated NARM Verification Form)

For Birthingway to complete For Preceptor to complete

Birthingway & NARM Skills	Term completed (For Birthingway to complete)	Name of Course (For Birthingway to complete)	Student can perform skill independently (For Preceptor to complete)	
			Initials of supervisor	Date
Midwifery Counseling, Education and Communication				
A. Provides interactive support and counseling and/or referral services to the mother regarding her relationships with her significant others and other healthcare providers		All Core Courses - T		
B. Provides education, support, counseling and/or referral for the possibility of less-than-optimal pregnancy outcomes		Intrapartum, Postpartum, Complex Situations I, Complex Situations II - T		
C. Provides education and counseling based on maternal health/reproductive/family history and on-going risk assessment		Physical Assessment I, Prenatal Skills - T		
D. Facilitates the mother's decision of where to give birth		Antepartum, Intrapartum - T		
E. Educates the mother and her family/support unit to share responsibility for optimal pregnancy outcome		All Core Courses - T		
F. Educates the mother concerning the natural physical and emotional processes of pregnancy, labor, birth and post partum		All Core Courses - T		

Birthingway & NARM Skills	<u>Term completed</u> (For Birthingway to complete)	<u>Name of Course</u> (For Birthingway to complete)	<u>Student can perform skill independently</u> (For Preceptor to complete)	
			<u>Initials of supervisor</u>	<u>Date</u>
G. Applies the principles of informed consent		Many courses, particularly Running a Midwifery Practice (Informed Choice Forms) - T		
H. Provides individualized care		All coursework - T		
I. Advocates for the mother during pregnancy, birth and postpartum		All coursework - T		
J. Provides education, counseling and/or referral, where appropriate for:				
1. Genetic counseling for at-risk mothers		Genetics - T		
2. Abuse issues: emotional, physical and sexual		Psychosocial - T		
3. Prenatal testing		Genetics, Antepartum - T		
4. Diet, nutrition and supplements		Nutrition - T		
5. Effects of smoking, drugs and alcohol use		Antepartum - T		
6. Situations requiring an immediate call to the midwife		Antepartum, Intrapartum, Postpartum, Complex Situations I, Complex Situations II - T		
7. Sexually transmitted diseases		Sexually Transmitted Infections – T		
8. Complications		Antepartum, Intrapartum, Postpartum, Complex Situation I, Complex Situations II - T		

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9. Environmental risk factors		Antepartum - T		
10. Newborn care including normal/abnormal newborn activity, responses, vital signs, appearance, behavior, etc		Postpartum - T		
11. Postpartum care concerning complications and self-care		Postpartum - T		
II. General Healthcare Skills				
A. Demonstrates Universal Precautions		All Skills Classes - S		
B. Demonstrates the application of OSHA regulations as they relate to midwifery workplace		Running a Midwifery Practice - T		
C. Demonstrates the application of aseptic technique, including:				
1. Handwashing		Physical Assessment I - S		
2. Gloving		Prenatal Skills - S		
3. Instruments, supplies and sterile packs		Gynecology Skills, Microbiology Skills, Suturing - S		
D. Demonstrates the safe use of instruments and equipment including:				
1. Amnihook® /Amnicot®		Intrapartum - T		
2. Bag and mask resuscitator		Critical Care Skills I, Critical Care Skills II - S		
3. Blood pressure cuff		Physical Assessment I, Prenatal Skills – S		

Birthingway & NARM Skills	<u>Term completed</u> (For Birthingway to complete)	<u>Name of Course</u> (For Birthingway to complete)	<u>Student can perform skill independently</u> (For Preceptor to complete)	
			<u>Initials of supervisor</u>	<u>Date</u>
4. Bulb syringe		Critical Care Skills I - S		
5. Cord clamp and/or cord tape		Prenatal Skills – S		
6. DeLee ® (or other tube/mouth suction device)		Critical Care Skills I - S		
7. Doppler and/or Fetoscope		Prenatal Skills – S		
8. Gestation calculation wheel/calendar		Prenatal Skills – S		
9. Hemostats		Suturing - S		
10. Infant airway		Critical Care Skills I - S		
11. Lancets		Hematology - S		
12. Newborn and adult scale		Prenatal Skills, Postpartum Skills – S		
13. Nitrazine paper		Complex Situations II - T		
14. Needle and syringe		Pharmacology - S		
15. Oxygen equipment		Critical Care Skills I, Critical Care Skills II - S		
16. Scissors (all kinds)		Postpartum Skills, Suturing – S		
17. Single dose ampule		Pharmacology -S		
18. Speculum		Gynecology Skills - S		
19. Stethoscope		Physical Assessment Skills - S		
20. Suturing equipment		Suturing - S		
21. Tape measure		Prenatal Skills, Postpartum Skills - S		

Birthingway & NARM Skills	<u>Term completed</u> (For Birthingway to complete)	<u>Name of Course</u> (For Birthingway to complete)	<u>Student can perform skill independently</u> (For Preceptor to complete)	
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22. Thermometer		Physical Assessment Skills - S		
23. Urinalysis strips		Prenatal Skills - S		
24. Urinary catheter		Gynecology Skills - S		
25. Vacutainer/blood collection tube		Hematology - S		
26. Vaginal culture equipment		Gynecology Skills - S		
E. Is trained in adult/infant CPR/neonatal resuscitation		Critical Care Skills I, Critical Care Skills II - S		
F. Uses alternate healthcare practices (non-allopathic treatments) and modalities		Chinese Medicine – T & S; Plant Medicine – T & S; Botanicals – T; Homeopathy – T & S; Other Modalities - T		
G. Refers to alternate healthcare practitioners for non-allopathic treatments		Chinese Medicine – T & S; Plant Medicine – T & S; Botanicals – T; Homeopathy – T & S; Other Modalities - T		
H. Treats for shock by:				
1. Recognizing the signs and symptoms of shock, or impending shock		Intrapartum – T; Critical Care Skills I - T & S		
2. Assessing the cause of shock and providing treatment for shock		Critical Care Skills I – T & S		
I. Administers Oxygen		Critical Care Skills I, Critical Care Skills II - S		
J. Recommends the use of vitamin and mineral supplements		Antepartum, Nutrition – T		

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K. Administers the following pharmacologic (prescriptive) agents:				
1. Lidocaine		Suturing, Pharmacology - T		
2. Medical oxygen		Critical Care Skills I, Critical Care Skills II - S		
3. Methergine		Intrapartum, Pharmacology - T		
4. Prescriptive ophthalmic prophylaxis ointment (e.g., erythromycin)		Postpartum, Pharmacology - T		
5. Pitocin ®		Intrapartum, Pharmacology - T		
6. RhoGam		Antepartum, Pharmacology - T		
L. Refers for performance of ultrasounds		Fetal Assessment - T		
M. Uses doppler		Prenatal Skills - S		
N. Refers for performance of biophysical profile		Fetal Assessment, Complex Situations II - T		
III. Maternal Health Assessment				
A. Obtains and maintains records of health, reproductive and family medical history		Antepartum – T; Prenatal Skills, Physical Assessment Skills - S		
B. Performs an initial history and physical examination including vital signs		Physical Assessment Skills I, Physical Assessment Skills II - S		
C. Knows pelvic exam, including assessing:				

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			<u>Initials of supervisor</u>	<u>Date</u>
1. The condition of the uterus, ovaries and cervix (by speculum)		Gynecology – T; Gynecology Skills - S		
a) Performs a Papanicolaou (Pap) test		Gynecology Skills - S		
b) Obtains gynecological cultures		Gynecology Skills - S		
2. The size of the uterus and fetal age (by bimanual exam), the condition of the vulva, vagina, cervix, perineum and anus		Gynecology Skills - S		
D. Estimates due date based upon a variety of methods		Complex Situations II – T & S		
E. Assesses fetal weight, size, lie, or lightening		Prenatal Skills - S		
F. Assesses correlation of weeks gestation to fundal height		Prenatal Skills - S		
G. Performs routine prenatal physical exams		Prenatal Skills - S		
H. Evaluates laboratory and medical records from other practitioners		Complex Situations I - T		
I. Obtains assistance evaluating laboratory and medical records from other practitioners		Complex Situations I - T		
J. Records results of the examination in the prenatal records		Prenatal Skills - S		
K. Provides prenatal education and counseling for:				
1. Nutritional, and non-allopathic dietary supplement support		Antepartum – T Nutrition - T		
2. Common complaints of pregnancy		Antepartum - T		
L. Recognizes and responds to potential prenatal complications by:				

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			<u>Initials of supervisor</u>	<u>Date</u>
1. Identifying pregnancy-induced hypertension		Physical Assessment Skills I, Prenatal Skills - S		
2. Assessing, educating and counseling for pregnancy-induced hypertension using a variety of methods		Complex Situations I - T		
3. Identifying preeclampsia and collaborating and managing preeclamptic mothers		Antepartum, Complex Situations I - T		
4. Identifying and turning breech presentations		Complex Situations II - T		
5. Identifying multiple gestation pregnancies		Complex Situations II - T		
6. Identifying and dealing with pre-term labor		Complex Situations II - T		
7. Assessing, evaluating, and treating a post-date pregnancy		Complex Situations II - T		
8. Identifying and referring tubal (ectopic) pregnancy		Antepartum - T		
9. Identifying and referring placenta abruptio		Intrapartum - T		
10. Identifying placenta previa		Intrapartum - T		
11. Identifying premature rupture of the membranes		Intrapartum - T		
12. Managing premature rupture of the membranes in a full-term pregnancy and/or consulting and referring appropriately:		Complex Situations II - T		
13. Recognizes and responds appropriately to the following:				
a. Threatened/ actual Miscarriage		Antepartum - T		
c. IUGR/SGA		Antepartum - T		

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			<u>Initials of supervisor</u>	<u>Date</u>
d. LGA		Antepartum - T		
e. UTI/Pyelonephritis		Antepartum - T		
f. Vaginal Infections		Gynecology – T; Gynecology Skills - S		
M. Establishes and follows emergency contingency plans for mother and/or newborn		Complex Situations II - T		
N. Demonstrates appropriate use of non-pharmacological induction techniques		Complex Situations II - T		
IV. Labor, Birth, and Immediate Postpartum				
A. Facilitates maternal relaxation and provides comfort measures throughout labor		Intrapartum - T		
B. Evaluates and supports a laboring mother during the first stage of labor by assessing a variety of factors		Intrapartum - T		
C. Knows a variety of treatments for anterior/swollen lip		Intrapartum - T		
D. Demonstrates the ability to evaluate and support a laboring mother during the second stage of labor		Intrapartum - T		
E. Performs basic intrapartum exam		Intrapartum - T		
F. Performs intrapartum pelvic exam		Intrapartum - T		
1. Assessment of cervical changes		Intrapartum - T		
2. Assessment of fetal changes		Intrapartum - T		
G. Evaluates for evidence of ruptured membranes		Complex Situations II - T		

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H. Assesses uterine contractions		Intrapartum - T		
I. Demonstrates proficiency in assisting posterior labor & birth		Intrapartum - T		
J. Demonstrates the ability to recognize and respond to labor and birth complications such as:				
1. Abnormal fetal heart tones and patterns		Intrapartum, Complex Situations I - T		
2. Cord prolapse		Intrapartum - T		
3. Variations in presentation such as:				
a) Breech presentation		Complex Situations II - T		
b) Nuchal hand, arm presentation		Complex Situations II - T		
c) Nuchal cord presentation		Intrapartum - T		
d) Face and brow presentation		Complex Situations II - T		
e) Multiple birth presentation and delivery		Complex Situations II - T		
f) Shoulder dystocia		Intrapartum - T		
4. Management of meconium stained fluids		Intrapartum - T		
5. Management of maternal exhaustion		Intrapartum - T		
K. Responds appropriately to edematous cervical lip		Intrapartum - T		
L. Appropriately performs McRoberts Maneuver		Intrapartum - T		
M. Assesses the condition of, and provides care for the newborn immediately after the birth by:				
1. Making initial newborn assessment		Postpartum - T		

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			<u>Initials of supervisor</u>	<u>Date</u>
2. Determining APGAR score		Postpartum - T		
3. Monitoring respiratory and cardiac function		Postpartum - T		
4. Responding to the need for newborn resuscitation		Critical Care Skills I – T & S		
5. Clamping, cutting, and caring for the cord		Intrapartum - T		
6. Administering eye prophylaxis		Postpartum - T		
7. Performing a newborn examination		Postpartum - T		
N. Assists in placental delivery and responds to blood loss by:				
1. Determining signs of placental separation		Intrapartum - T		
2. Facilitating the delivery of the placenta		Intrapartum - T		
3. After delivery, assessing the condition of the placenta		Intrapartum - T		
4. Estimating the amount of blood loss		Intrapartum – T; Postpartum Skills - S		
5. Responding to uterine bleeding with a range of treatments		Intrapartum , Pharmacology - T		
6. Responding to postpartum hemorrhage with a range of treatments, including:				
a) Administration of medication		Pharmacology - T		
b) Administration of oxygen		Critical Care Skills II - S		
c) Administration of intravenous fluids or appropriate referral for intravenous fluids		Hematology, Critical Care Skills I, Critical Care Skills II – T & S		

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d) Treatment for shock		Intrapartum – T; Critical Care Skills I – T &S		
7. Manually removing placenta fragments and/or retained membranes with a sterile, gloved hand		Intrapartum - T		
O. Assesses general condition of mother and newborn by a variety of criteria		Postpartum - T		
P. Performs catheterization when needed		Gynecology Skills		
Q. Repairs the perineum by:				
1. Administering a local anesthetic		Suturing - T		
2. Performing basic suturing		Suturing - T		
R. Provides instruction for care and treatment of the perineum		Postpartum - T		
S. Facilitates breastfeeding by assisting and teaching about a variety of factors impacting breastfeeding, including:				
1. Adequate maternal nutrition		Breastfeeding I - T		
2. Maternal comfort measures for engorgement		Breastfeeding I - T		
V. Maternal Postpartum care				
A. Performs postpartum reevaluation of mother at appropriate intervals		Postpartum - T		
B. Assesses uterine involution		Postpartum - T		
C. Identifies and takes appropriate action for bladder distension		Intrapartum, Postpartum - T		

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D. Provides contraceptive education and counseling		Gynecology - T		
E. Assesses for and treats jaundice in newborn		Postpartum - T		
F. Provides direction for care of circumcised and uncircumcised penis		Postpartum - T		
G. Performs thorough and appropriate maternal four- to six-week post-partum check-up		Postpartum - T		
H. Knows treatments for sore nipples		Breastfeeding II - T		
I. Knows treatments for mastitis		Breastfeeding II – T; Postpartum - T		
J. Knows breastfeeding referral resources		Breastfeeding I – T, Breastfeeding Skills - S		
K Identifies and takes appropriate action for inverted/flat nipples		Breastfeeding I – T, Breastfeeding Skills - S		
L. Assists with milk expression		Breastfeeding I – T, Breastfeeding Skills - S		
M. Recognizes and takes appropriate action for maternal postpartum emotional disorders		Postpartum - T		
VI. Maternal Postpartum Complications and Emergencies				
A. Performs bimanual compression as required		Intrapartum - T		

Birthingway & NARM Skills	Term completed (For Birthingway to complete)	Name of Course (For Birthingway to complete)	Student can perform skill independently (For Preceptor to complete)	
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B. Demonstrates knowledge of non-suturing techniques for wound healing		Suturing - T		
C. Recognizes and takes appropriate action for:				
1. Perineal infection and uterine infection		Postpartum - T		
2. Delayed Postpartum hemorrhage		Postpartum - T		
3. Later after-coming membranes		Intrapartum - T		
4. Genital muscle prolapse (cystocele, rectocele, etc) and fistulas		Postpartum - T		
VII. Neonatal Postpartum Care				
A. Performs postpartum reevaluation of infant at appropriate intervals, including 24 hour newborn exam		Postpartum - T		
B. Assure clear neonatal airway; provide postural drainage as necessary		Postpartum - T; Critical Care Skills I - S		
C. Obtains cord blood sample as needed		Postpartum Skills - S		
D. Administers oral neonatal Vitamin K		Postpartum, Pharmacology - T		
E. Administers IM neonatal vitamin K		Postpartum, Pharmacology - T		

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F. Performs Neonatal Metabolic Screening		Postpartum – T; Postpartum Skills – S		
G. Bathes infant as needed		Infancy - T		
VII. Neonatal Postpartum Complications and Emergencies				
A. Assesses, recognizes, and takes appropriate action for neonatal complications including infection, polycythemia, hypoglycemia		Postpartum - T		
B. Administers oxygen to the newborn		Critical Care Skills I - T & S		
C. Performs glucose analysis as appropriate		Hematology - S		
D. Assesses, recognizes and takes appropriate action for:				
1. Newborn failure to thrive		Postpartum - T		
2. Newborn birth injury or congenital anomaly		Complex Situations II - T		
VIII. Well-Woman Care				
A. Obtains a client history appropriate to GYN/Well-woman care		Gynecology - T		

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B. Performs a thorough general physical examination appropriate to well-woman care		Gynecology – T; Physical Assessment Skills I, Physical Assessment Skills II, Gynecology Skills - S		
C. Performs urinalysis		Prenatal Skills - S		
D. Performs pelvic examination		Well-Woman Gynecology - T		
E. Provides education		Gynecology Skills - S		
F. Assesses client's family planning history and needs: counsels/prescribes		Gynecology Skills - S		
G. Provides opportunity for client to discuss problems or concerns		Well-woman Gynecology - T		
H. Refers client to other health care professionals, services, agencies, or other, as indicated		Many classes – T		
I. Maintains precise records		Antepartum, Medical Terminology, Physical Assessment I (SOAP charting), Physical Assessment II - T		
IX. Well-Baby Care				
A. Provides well-baby care during the first two – six weeks		Postpartum - T		
B. Assesses the general health and appearance of baby		Postpartum - T		
C. Provides treatment of conditions such as diaper rash, cradle cap, thrush, and colic		Infancy – T		

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X. Miscellaneous Professional Skills				
A. Completes birth certificate		Running a Midwifery Practice - T		
B. Demonstrates ability to interview potential clients		Differential Diagnosis, Running a Midwifery Service – T		
C. Demonstrates appropriate communication skills for the following :				
1. Counseling/working with clients		Communication I, Communication II, Communication III - T		
2. Networking/consulting with other medical professionals		Communication I, Communication II, Communication III - T		
3. Participating in peer review sessions		Communication III – T & S; Cohort – sharing birth stories; Running a Midwifery Service – T		
D. Demonstrates hospital labor support skills		Labor Doula Workshop - T		
E. Obtains assistance evaluating laboratory and medical records from other practitioners		Complex Situations I – T		
F. Demonstrates ability to create and maintain complete client charts		Throughout program		

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G. Demonstrates ability to access, understand and utilize medical literature		Understanding Statistics in Medical Literature - T		
H. Demonstrates ability to create practice protocols		Throughout Program, especially Practice Protocols Book and Differential Diagnosis – S		
I. Demonstrates familiarity with practice of MANA “Statement of Values and Ethics”		Ethics		

