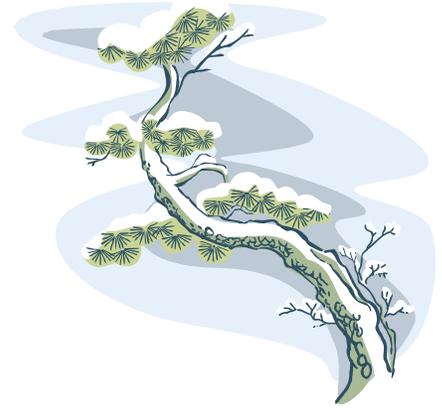




Birthingways

The Newsletter of Birthingway College of Midwifery



Models Needed

ARM MODELS

Have a little extra time on Thursday afternoon? Please come by Birthingway to be an IV model! Our third year students practice IV skills every term, but winter is their last chance to get all their "pokes" done. (To be an IV model you must be over 18 and have veins. You will earn \$10 per poke, limit one poke per arm.)

BABY MODELS

Winter term is when our first year students practice giving newborn exams – a very gentle process during which babies are weighed, measured, and examined very tenderly. They would love to see you and your baby! (Because students are practicing newborn exams, babies should be under 6 weeks old when they visit. Baby-escorts will receive \$20 for bringing babies to see us.)

Please call Birthingway at 503-760-3131 if you would like to come to class.

It's Admissions Time!

The application deadline for the midwifery program was October 15th, and now we're gearing up for applicant interviews, the **Meet & Greet** (November 16th, 11am – 2pm, Pleasant Valley Grange), and our final Admissions Committee meeting in January.

All students, staff, faculty, and preceptors are encouraged to take part in the Admissions Committee, and we always welcome community midwives to join us for the Meet & Greet as well – please contact the college office to be put on our guest list.



Over the summer, we said goodbye to one of Birthingway's long-term staff members – Doula Practicum Coordinator **Sarah Plies** has moved on to pursue a career as a Montessori teacher. Right now, she's working full-time as an assistant teacher and next year she plans to start school to get her teaching certificate. Please join us in wishing Sarah the very best on her new path! We miss you!



With the recent addition of the **"Find a Postpartum Doula"** section to our website, we now have referral pages for all of our programs online. Go to www.birthingway.edu to find certified or student labor doulas, postpartum doulas, or childbirth educators! And don't forget to refer friends/clients/strangers on the street to this great resource!



We are offering the **Childbirth Educator Training** over 11 weeks in the evening this winter. If the intensive weekends didn't work for you, check out this new format. If you prefer weekends, we will be offering this class in weekend format again in spring. And remember that if you're willing to do some extra work, you can take the workshop as a 2-credit elective!

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Calendar

Meet & Greet	11/16
Community Registration Date	11/21
Registration Deadline	12/7
Winter Break	12/15 - 1/6
Winter Term Starts	1/7
Admissions Meeting	1/8
Spring Break	3/22 - 3/30
Orientation & Start of Spring Term	3/31



The Labor Doula

Assisting Women with Birth

Readings, lecture, and practical skills for providing emotional and physical support for women in labor and immediate postpartum

Four Day Workshop

January 26 & 27, February 9 & 10, 2008 - 10:00am to 5:00pm

At Birthingway College of Midwifery, 12113 SE Foster Rd, Portland, OR 97266

INSTRUCTOR: Adrienne Fuson, LMT, CD

Workshop Cost: \$425

Cost to Audit for continuing education credits: \$220*

*To audit, you must have attended this workshop previously. Please note when you attended on the registration form below. Auditing students MAY be bumped by those paying the full course fee. Auditing this workshop also meets the documented continuing education requirement for re-certification of Birthingway Certified Doulas.

THIS COURSE CONSTITUTES ONE STEP TOWARDS LABOR DOULA CERTIFICATION FROM BIRTHINGWAY AND MEETS BIRTHINGWAY'S PREREQUISITE FOR ADMISSION TO THE MIDWIFERY PROGRAM

There is a \$50 non-refundable late registration fee after January 12, 2008

Your workshop cost includes a binder of articles which you must pick up at Birthingway College of Midwifery. Binder articles need to be read before the first class session. Please Note: If you register late, you may not have enough time to read everything before the workshop starts. Please allow enough time to complete all the readings.

The following books must be read prior to attending the workshop (but are not required to be owned):

- ◆ Kitzinger S. *The Complete Book of Pregnancy and Childbirth* 4th ed. Alfred A. Knopf, Inc; 2003.
- ◆ Simkin P. *The Birth Partner: Everything You Need to Know to Help a Woman Through Childbirth*. 2nd ed. Harvard Common Press; 2001.

The following books will be read during the workshop (but are not required to be owned):

- ◆ England P, Howowitz R. *Birthing from Within*. Partera Press; 1998.
- ◆ Klaus MH, Kennell JH, Klaus PH. *The Doula Book*. Perseus Publishing; 2002.
- ◆ Renfrew M, Fisher C, Arms S. *Bestfeeding - How to Breastfeed Your Baby*. Celestial Arts; 2004.

REFUND POLICY: Written notice of refund request must be received no later than seven days prior to first day of class to receive a 95% refund, then 80% of the course or audit fee will be refunded up to the first class day. An additional \$40 fee will be withheld if the course pack binder is not returned in new condition. No refund will be made on or after the first class day. Late registration fee is nonrefundable. Minimum class is 5 students. If the minimum class enrollment is not achieved, the class will be canceled and all fees will be refunded in full if the course pack binder is returned in new condition. If the binder is not returned in new condition, we will subtract \$40 from the refund amount.

(Please detach lower portion and include with payment)

Please register me for The Labor Doula workshop — Deadline is January 12, 2008

I have enclosed the \$425 class fee

I have enclosed the \$220 to audit. I attended this class before on (Date:) _____

Oops, it's after January 12, 2008. I have included the \$50 late registration fee.

NAME

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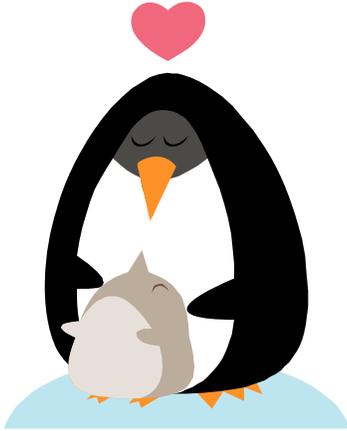
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E-mail or additional contact number

Make check payable and mail to: Birthingway College of Midwifery, 12113 SE Foster Rd, Portland, OR 97266
Credit card payments are accepted through PayPal - please go to <http://birthingway.org/payment.html> for details.
P) 503.760.3131 ~ F) 503.760.3332 ~ info@birthingway.edu ~ www.birthingway.edu

Cardiac



Listening to the thump thump
 Of his cardiac pump
 And I remember
 His abnormal rhythm
 Remains in my blood
 His blood,
 Never quite complete
 Oxygen
 Oxygenated
 Mixing
 Mating
 With the unoxygenating
 Through his holes
 Holes in his heart
 An atrial septic defect?
 Perhaps...
 Complete with its brother,
 The ventricular septic
 defect
 Both grown, overgrown
 Exaggerated until
 Just two chambers
 Remained
 Maimed
 His two chambered heart
 Also overgrown
 and blown to four times
 its normal size
 Connecting to the lungs
 With more than
 Just a slight

Discrepancy from the right
 So the thump thumping
 Of his overgrown heart pumping
 Irregularly pounding
 And sounding
 Strangely...
 Perfect
 In all of its
 Imperfections...
 Shh...
 Listen.
 I can still hear it
 Murmuring, shouting
 Great declarations of love
 And I think perhaps those ancient
 Egyptians
 Had it right with their descriptions
 Of the heart as the center
 Of intelligence and love
 Because his overgrown heart
 Was more capable of
 Love and emotion
 Devotion to love
 Of the earth and all things in it.
 Than any smaller one I can think of

 His big heart
 Proficient only
 In its ability to love
 Love for the Earth
 And for life
 He kept on fighting
 For the spiritual rebirth
 Of human kind
 To be kind
 And
 To love the Earth
 Too
 Too

 Too few
 Too few thumps left
 As the thump thumping
 Of his massive heart pumping
 Was tired of this struggle for life

As each contraction
 Sent only a fraction
 Of that sweet oxygen
 Action
 Necessary for the maintenance
 Of life
 So his heart worked
 Twice as hard
 And that fighting
 Allowed him to regard
 Life as precious
 And miraculous
 And he was thankful for every
 Moment that his
 Two chambered heart
 Allowed him to have

– Jasmine Marotta-Jaenecke
 (First Year Student)

(This piece was originally written for
 Birthingway's A&P class)

Thank You

Our sincere thanks to

A Ima Midwifery
 Andaluz Birth Center
 Beth Sagli
 Madrona Bourdeau
 Misty West
 &
 Northwest Community
 Midwives

for their donations of
 medical supplies for our
 students to use while
 practicing midwifery skills.

Childbirth Educator Training

Birthingway's distinctive approach to childbirth

Thursday evenings - January 10 through March 20, 2008

Times:

1/10: 5:00pm-9:00pm. 1/17, 1/24, 1/31, 2/7, 2/24, 2/21: 5:00pm-8:00pm.
2/28, 3/6, 3/13, 3/20: 5:00pm-9:00pm

At Birthingway College of Midwifery, 12113 SE Foster Rd, Portland, OR 97266
INSTRUCTORS: Nichole Reding, MA, CD

Workshop Cost: \$585

Or take it as a 2-credit course for \$884 (you will be expected to do more work)

There is a \$50 non-refundable late registration fee after December 7, 2007

This course constitutes one step towards a Childbirth Educator Certification from
Birthingway College of Midwifery

Your registration fee includes a binder of articles which you must pick up at Birthingway
College of Midwifery. Binder articles need to be read before the first class session.

REFUND POLICY: Written notice of refund request must be received no later than seven days prior to first day of class to receive a 95% refund, then 80% of the course or audit fee will be refunded up to the first class day. An additional \$50 fee will be withheld if the course pack binder is not returned in new condition. No refund will be made on or after the first class day. Late registration fee is nonrefundable. Minimum class is 5 students. If the minimum class enrollment is not achieved, the class will be canceled and all fees will be refunded in full if the course pack binder is returned in new condition. If the binder is not returned in new condition, we will subtract \$50 from the refund amount.

(Please detach lower portion and include with payment)

Please register me for the Childbirth Educator Training — Deadline is December 7, 2007

- I would like to take the workshop for \$585
 I would like to take the 2-credit course for \$884
 Oops, it's after December 7, 2007. I have included the \$50 late registration fee.

NAME

ADDRESS

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PHONE

E-mail or additional contact number

Make check payable and mail to: Birthingway College of Midwifery, 12113 SE Foster Rd, Portland, OR 97266
Credit card payments are accepted through PayPal - please go to <http://birthingway.org/payment.html> for details.
P) 503.760.3131 ~ F) 503.760.3332 ~ info@birthingway.edu ~ www.birthingway.edu

Library News



Fall term is bouncing along and we're celebrating the return of "regular" library hours, our fabulous and fashionable librarian, and (signal strength permitting) wireless internet! Stop by the library to say hi, do some research, or peruse our many new books and DVDs!

Library Hours:

Monday: 12pm – 6pm
Tues – Thurs: 10am – 6pm

Please call the school to ensure the library will be staffed when you'd like to visit.

Community Library Cards

Everyone is welcome to come browse the library, read a book, or watch a video. Community members who'd like to borrow materials may purchase a community library card:

\$15 for three months
\$25 for six months
\$40 for the entire year

New DVDs Include:

The Birth of Sabine
Elk and The Epidural
In the Womb: Multiples
Dunstan Baby Language
V-Day - Until the Violence Stops

New books Include:

Born in the USA: How a Broken Maternity System Must Be Fixed to Put Women and Children First

Buying Dad: One Woman's Search for the Perfect Sperm Donor

Clinical Lactation: A Visual Guide

Comprehensive Lactation Consultant Exam Review

Ethics and Midwifery: Issues in Contemporary Practice

The Girls Who Went Away: The Hidden History of Women Who Surrendered Children for Adoption in the Decades Before Roe v. Wade

Homoeopathic Physicians Guide to Lactation

Perineal and Anal Sphincter Trauma



Community News

Congratulations to extension students **Kim Kincade**, **Joy Jech**, **Laurie Perron-Mednick**, and **Betsy Smith** – they all passed their NARM certification exam this last August.

In addition, **Betsy Smith** completed all her midwifery program requirements and graduated in September. **Kate Howe**, who previously graduated with the certificate, finished her general education requirements and has now completed the BSM degree.

Congratulations also to first year student **Lora Munn**, who married her sweetie Michael on August 19th.

We have a bounty of beautiful baby boys this fall! Jonah Sage was born July 14th to the family of extension student **Laurie Perron-Mednick**, while not long after, Keenai Cougar was born August 12th to graduate **Ondra Watson Whitmore**.

Meanwhile, faculty members **Mindy Cash** and **Anne Holland** have twin boys due on November 1st!

In further baby news, **Jamie Dudman** of 2nd year is pregnant and due in late January. And spring will be full of new little ones, with both 2nd year student **Kellie Gnain** and extension student **Jessica Mairs** expecting in March.

Lorell Miller, 2nd year student, has opened a birth kit and midwifery supply business called "Radiant Belly". Midwives can set up their own custom birth kits and purchase them in bulk, or have their clients purchase them. She is also selling many midwifery supplies! Visit her website at radiantbelly.com.

In apprenticeship news, 2nd year student and Auxiliary Programs Coordinator extraordinaire **Nichole Reding** will be apprenticing with

Susie Corcoran, CNM. We also have two students about to embark on overseas apprenticeships: **Bronwen Halsey** is going to New Zealand this winter for a long term apprenticeship and **Aerilyn Pfell** is off to Senegal with the African Birth Collective for 3 weeks in November.



The Postpartum Doula

Supporting Transitions After Birth

★ Three Day Workshop

Friday, February 1, 2008 - 4:00pm to 8:00pm

Saturday & Sunday February 2 & 3, 2008 - 9:00am - 6:00pm

INSTRUCTOR: Kimberly Bepler

At Birthingway College of Midwifery

12113 SE Foster Rd, Portland, OR 97266

Cost is \$375

THIS COURSE CONSTITUTES ONE STEP TOWARDS POSTPARTUM DOULA CERTIFICATION
FROM BIRTHINGWAY

There is a \$50 non-refundable late registration fee after January 19, 2008

Your workshop cost includes a binder of articles which you must pick up at Birthingway College of Midwifery. Binder articles need to be read before the first class session. Please Note: If you register late, you may not have enough time to read everything before the workshop starts. Please allow enough time to complete the readings.

The following books must be read prior to the workshop (but are not required to be owned):

- ◆ Sally Placksin. **Mothering the New Mother: Women's Feelings and Needs After Childbirth a Support and Resource Guide**, 2nd ed. Newmarket Press. 2000.
- ◆ La Leche League International. **The Womanly Art of Breastfeeding**, 7th ed. Plume. 2004.

Written notice of refund request must be received no later than seven days prior to first day of class to receive a 95% refund, then 80% of the course or audit fee will be refunded up to the first class day. An additional \$30 fee will be withheld if the course pack binder is not returned in new condition. No refund will be made on or after the first class day. Late registration fee is nonrefundable. Minimum class is 5 students. If the minimum class enrollment is not achieved, the class will be canceled and all fees will be refunded in full if the course pack binder is returned in new condition. If the binder is not returned in new condition, we will subtract \$40 from the refund amount.

(Please detach lower portion and include with payment)

Please register me The Postpartum Doula — Deadline is January 19, 2008

- I have enclosed the \$375 class fee
- Oops, it's after January 19, 2008. I have included the \$50 late registration fee.

NAME

ADDRESS

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PHONE

E-mail or additional contact number

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Credit card payments are accepted through PayPal - please go to <http://birthingway.org/payment.html> for details.
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Student Council Report



Fall Festival – A Sweet Success!

Fabulous musical entertainment, rousing and thoughtful birth stories and a spectacular array of raffle items were the fare of the night on Saturday, October 13th at Hipbone Studios in Portland. Our first student council fundraiser in over two years was a tremendous success netting several hundred dollars in profit to pay for this year's core completion gifts and begin a foundation for future community activities.

Our very own Dawn Baker serenaded a crowd of over 50 people with guitar, mandolin and her dulcet vocal tones. She is a gifted artist. Dawn's music was the perfect backdrop for mingling, conversation, delicious baked good munching, and raffle ticket buying. The first hour was a pleasant time to catch up with old friends and meet new ones.

Seven amazing women shared their own, or other women's,

heart-felt, emotional, and honorable birth stories. Birthingway students Amy Jo Rist, Kim Henderson, Brandee Grider, Sally Acosta, Jacqueline Lynch and Marina Anderson, plus a local mother/writer, Dana Cuellar, were our talented storytellers. They took us on a journey through laughter and tears as they painted an incredible portrait of the strength and beauty of birthing women.

We raffled off approximately thirty donated items, which included knitted hats, scarves and booties, fabulous jewelry, gift certificates for dining, massages and birth portraits, and much more.

– Marina Anderson
(Third Year Student)



Because of the overwhelming response from our generous donators, Student Council will be holding a second raffle, to be drawn at the Meet & Greet on November 16th. Raffle items will include a gift certificate to Wildwood Restaurant, an acrylic painting by artist Guy Boster, a beautiful entrelac knitted shawl, a photo portrait sitting, and a wellness package (including life coaching, acupuncture treatment, and massage!) For more information on this amazing raffle, contact the Birthingway office, check the school's website – or just grab the nearest Student Council Rep!



We greatly appreciate the generosity of our sponsors whose donations made this event so special.

Raffle items were provided by:
Amy Jo Rist, BiPartisan Café, Blue Turtle Acupuncture Clinic, Brandee Grider, California Pizza Kitchen, Dionne Frey, Estacada Mennonite Community, Generations Maternity, Green Dragon Bistro, Holly Scholles, Jamilyn Daniels, Jennifer Murdock Photography, Jolyn Fry, Jules's Mom, Kathryn Constant, Lorell Miller, Marina Anderson, "My Friend Jessica," Nathalie Lacroute ND, New Seasons Market, Nichole Reding, Rachael Koeson, Rebecca Minifie, Woodstock Wellness Center (and a few last minute donations that we may have missed. Our apologies.)

Our baked goods were donated by:
Rhonda Ray, Angela Truby, Holly Scholles, Micaela Evans, Jules Moon, Kim Henderson, Lorell Miller, Kim Wilson, Stephanie Sherman, Ayla Dunn, and Jacqueline Lynch

And a special thank you to the committee whose planning and hard work made this wonderful night possible:

Rhonda Ray, Amy Jo Rist, Stephanie Sherman, Marina Anderson and Kristen Francis, with the kind assistance of Brittany Schleiff

Welcomes

We'd like to welcome two new staff members who joined us just as the last newsletter went to print!

Rachael Koeson, our new Faculty Coordinator, joined the Birthingway staff in June. She is incredibly excited to be working in this capacity, in this place, with so many amazing people! She was taking the Labor Doula workshop when she learned of the position and fell in love with Birthingway-- it's philosophy, staff, faculty, preceptors and students.

Since graduating from college with an interdisciplinary BA degree in History, Philosophy and Sociology, she has worked as Registrar of Continuing Education at The Cooper Union in New York City, Program

Director of ECHO Prosocial Gallery (a children's arts program) also in NYC, and Coordinator of Student Organizations and Activities at a small liberal arts college in Michigan. She moved to Portland about a year ago and loves it!

Rachael enjoys making things- like books, clothes, sculptures and food! She is passionate about the importance of Direct Entry Midwifery and a holistic approach to education- her other job is at The Village Free School where she loves being able to spend time with young people who are directing their own education!

Stacey Beaupre, our new Auxiliary Programs Practicum Coordinator, is doing all that the Labor Doula Practicum Coordinator did and more! Says Stacey: "I am happy to be at Birthingway and holding the longest job title ever created! I just

relocated with my family from Los Angeles where I was (and still am) a birth and postpartum doula. Portland has welcomed me with new friends, new job opportunities and given me the opportunity to answer questions like, 'Mom, what is that falling from the sky?'

"I look forward to helping aspiring doulas gain their certification through Birthingway and to fostering relationships along the way. If you're at the college, stop by and say, "Hi." I'm in the upstairs office on Tuesdays and Thursdays. I look forward to meeting everyone soon!"



Auxiliary Programs News



We will be kicking off our new Lactation Consultant Training Program in 2008! To celebrate, we are offering a series of CEUs with a theme of breastfeeding support.

On March 1, 2008 we're offering a workshop on how birth effects the postpartum experience, emphasizing the breastfeeding relationship. We will explore how a biodynamic birth can help create an optimal postpartum experience, as well as the aftereffects of interventions (including cesarean birth) on mom

and baby postpartum. We will emphasize the impact on nursing and how to support/counsel postpartum families. See our website or our spring newsletter for registration information.

In June we will offer a workshop on "Biodynamic Breastfeeding", including Self-Attachment theory. This workshop will include some cross-cultural breastfeeding topics.

Next fall we will offer a Breastfeeding "Tricks of the Trade" workshop. This will be an opportunity to share resources and have a more hands-on and activity based experience.

Call the school and talk to Nichole for more information on these workshops as they develop!

Don't forget to check out our new Postpartum Doula workshop. This might be a great way to add to your practice, get some CEUs, or just gain more insights into the care and support of postpartum families.

BECOME A MENTOR

Are you a labor or postpartum doula? Would you be interested in practicing the "each one - teach one" model of spreading the good news about doula care? Then maybe you would like to be a Birthingway mentor!

This is an opportunity to provide some support for student doulas as they enter their practicums. Mentors are not expected to add to their on-call load, and Birthingway offers a small stipend for your efforts.

If you want to learn more, please give us a call at 503-760-3131 and ask for Stacey or Nichole.

“What’s a Doula Anyway?”



While on an interview for a mother that is due in late March, her husband leaned over to me and said, “I’m sorry, I’m sorry. I’m totally lost- what the heck is a doula anyway?!?” After explaining what the literal word doula translates to (“Women’s helper” in Greek), I went on to explain what exactly a labor doula does for the laboring woman.

I said, “A doula assists a woman by providing emotional and physical support during labor. I meet with you and your partner prenatally and help educate you about your choices surrounding your birth. I accompany the mother during labor and delivery.”

The mother, utterly embarrassed, turned the topic to my training, how much experience I have, and how much I charge.

“Some doulas go through a formal training and others don’t”, I said while adding “Fees vary depending on the experience of a doula. Doulas that are still students or have just recently begun their career as a doula charge between \$200-\$600, while more experienced

doulas can command up to \$1,000 a birth”.

“What do you do if she goes into labor in the middle of the night? Don’t you have kids?” the dad asks.

Turning to him, I explain: “Well, I typically like to know when you’re in early labor so I can make that transition from mom to doula relatively easy. This way, it gives me an opportunity to support you in early labor, offering suggestions of things to do while still at home. I will typically meet you at the hospital when you feel it is time to make that transition, and stay with you through labor and delivery.”

Now that mom and dad have an understanding of the basic scope of what a doula does/is, we get into a little bit more of the specifics surrounding their birth. I ask them what they are looking for in a doula, if massage is important to her, and if there will be anyone else present at her birth.

I ask that she contact me as soon as she makes a decision, and that if they feel we are a good fit, to sign and send in the contract I provide before I leave the interview.

I also explain that during prenatal visits we will go over what kind of childbirth education they are participating in, and how I can best support their wishes and desires in labor, and that “Every birth is different and unique, and making it your own is truly empowering!”.

“Wow, what a cool job you have.....”

Indeed!

Are you interested in learning more about the life of a doula or how to become one? Feel free to email or call me directly at Birthingway, I would love to hear from you!

– Stacey Beaupre

Auxiliary Programs Practicum
Coordinator
503.760.3131 or
stacey@birthingway.edu



Infant Joy

“I have no name:
I am but two days old.”
What shall I call thee?
“I happy am,
Joy is my name.”
Sweet joy befall thee!

Pretty joy!
Sweet joy but two days old,
Sweet joy I call thee:
Thou dost smile,
I sing the while,
Sweet joy befall thee!

– William Blake (1757-1827)

Birthingway College of Midwifery

12113 SE Foster Rd., Portland, OR 97266 Ph) 503-760-3131 F) 503-760-3332

Winter 2008 Community Course Offering

Registration Start Date: NOVEMBER 9, 2007. Registration Deadline: DECEMBER 7, 2007

*PLEASE COMPLETE THE ATTACHED REGISTRATION FORM AND RETURN WITH YOUR TUITION AND FEES NO LATER THAN **DECEMBER 7, 2007**. REGISTRATION AND/OR PAYMENT AFTER THAT DATE WILL INCUR A **\$75 LATE FEE**. CLASSES ARE LIMITED TO 15 STUDENTS (unless otherwise noted) AND ARE FIRST COME, FIRST SERVED.*

Supplemental Courses – Open to members of the community. Prerequisites, fees, and text requirements are noted.

- ◆ **Breastfeeding II (BF242) 1 credit hour. Pre-requisite: Breastfeeding I. Course-pack fee \$13. Textbook required - see Text Order Form.** Five sessions. Breastfeeding problems and special situations. Dixie Whetsell, MS, IBCLC – Instructor
Date: Monday afternoons – January 14, January 28, February 11, February 25, March 10, 2008
Time: 1:00pm to 4:00pm
- ◆ **Infancy (IN241) 1 credit hour. Textbooks required - see Text Order Form.** Five sessions. Covers newborn behavior, development, bonding and attachment, and child rearing from an ethnopediatric perspective. Heather Hack, LDM - Instructor
Date: Monday afternoons – January 7, January 21, February 4, February 18, March 3, 2008
Time: 1:00pm to 4:00pm
- ◆ **Introduction to Other Modalities (MOD341) 1 credit hour. Lab Fee \$5.** Five sessions. Introduction to a variety of alternative healing modalities including chiropractic, flower essences, aromatherapy, body work, and hydrotherapy. Cari Nyland, ND – Instructor
Date: Wednesday evenings – January 9, January 16, January 23, January 30, February 6, 2008
Time: 5:30pm to 8:30pm
- ◆ **Pharmacology (PHM441) 1 credit hour. Pre-requisite: Practicing midwife or apprentice intending to license in Oregon. Meets LD&D initial requirement for Pharmacology and Meds by Injection. Lab fee \$25. Course-pack \$25. Textbooks required - see Text Order Form.** Five sessions. Legend drugs and devices used in midwifery practice; injection techniques. Holly Scholles, CPM, LDM – instructor.
Date: Monday mornings – January 21, February 4, February 18, March 3, March 17, 2008
Time: 9:30am – 12:30pm
- ◆ **Plant Medicine III (PM343) 1 credit hour. Pre-requisite: Plant Medicine II. Lab fee \$20. Course-pack \$10. Textbook required – see Text Order Form.** Five sessions. Preparation of syrups and elixirs. Creating herbal formulas and prescriptions. Cari Nyland, ND – Instructor
Date: Friday mornings – January 11, January 25, February 8, February 22, March 7, 2008
Time: 9:00am – 12:00pm

Elective Courses – Open to members of the community. Prerequisites, fees, and text requirements are noted.

- ◆ **Childbirth Educator Training (CBE 271) 2 credits. Course-pack \$50.** 11 sessions. History of childbirth education, preconceptions about birth, tools to use in a class and facilitating a biodynamic childbirth educational experience. Nichole Reding, MA, CD – Instructor. **Please see separate registration form in the newsletter.**
Date: Thursday evenings - January 10 through March 20, 2008
Time: 1/10: 5:00pm - 9:00pm. 1/17, 1/24 and 1/31: 5:00pm – 8:00pm. 2/7, 2/14 and 2/21: 5:00pm – 8:00pm. 2/28, 3/6, 3/13 and 3/20: 5:00pm – 9:00pm
- ◆ **Homeopathy II (HOM472) 1 credit hour. Pre-requisite: Homeopathy. Course-pack \$5. Textbook required – see Text Order Form.** Five sessions. More in depth look at homeopathic remedies, use of repertory and materia medica. Jennifer Means, ND - Instructor
Date: Wednesday evenings – February 20, February 27, March 5, March 12, March 19, 2008
Time: 5:30pm – 8:30pm
- ◆ **International Midwifery (IM371) 1 credit hour. Course-pack \$20.** Five sessions. Midwifery abroad: developing countries to other industrialized states including legal, health, social, economic and political topics. Nichole Reding, MA, CD - Instructor
Date: Friday mornings – January 18, February 1, February 15, February 29, March 14, 2008
Time: 9:00am – 12:00pm

Winter 2008 Community Course Offering

Registration Start Date: NOVEMBER 9, 2007. Registration Deadline: DECEMBER 7, 2007

SUPPLEMENTAL COURSES:			
Breastfeeding II (BF242) 1 credit	\$200 to audit or \$442 per credit	\$ _____	
Breastfeeding II Course-pack =	\$ 13	\$ _____	
Infancy (IN241) 1 credit	\$200 to audit or \$442 per credit	\$ _____	
Introduction to Other Modalities (MOD341) 1 credit	\$200 to audit or \$442 per credit	\$ _____	
Intro. to Other Modalities Course-pack =	\$ 20	\$ _____	
Intro. To Other Modalities Lab Fee =	\$ 5	\$ _____	
Pharmacology (PHM441) 1 credit	\$200 to audit or \$442 per credit	\$ _____	
Pharmacology Course-pack =	\$ 25	\$ _____	
Pharmacology Lab Fee =	\$ 25	\$ _____	
Plant Medicine III (PM343) 1 credit	\$200 to audit or \$442 per credit	\$ _____	
Plant Medicine III Course-pack =	\$ 10	\$ _____	
Plant Medicine III Lab Fee =	\$ 20	\$ _____	
ELECTIVES:			
Childbirth Educator Training (CBE271) 2 credit course	Please use separate registration form attached.		
Homeopathy II (HOM472) 1 credit	\$200 to audit or \$442 per credit	\$ _____	
Homeopathy II Course-pack =	\$ 5	\$ _____	
International Midwifery (IM371) 1 credit	\$200 to audit or \$442 per credit	\$ _____	
International Midwifery Course-pack =	\$ 20	\$ _____	
TEXTBOOKS:			
Breastfeeding II (BF242)	<i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> , Lauwers, Shiniskie, 4 th ed, 2005	\$70	\$ _____
Homeopathy II (HOM472)	Phatak SR, <i>Materia Medica of Homeopathic Medicines</i> . New Delhi, India: B. Jain Publishers. 2002	\$25	\$ _____
	Kent JT, <i>Reperatory of the Homeopathic Materia Medica and a Word Index</i> . 6 th Edition. New Delhi, India: BI Jain Publishers. 2002	\$33	\$ _____
Infancy (INF241)	<i>Our Babies, Ourselves: How Biology and Culture Shape the Way We Parent</i> (1999) M. Small	\$12	\$ _____
	<i>Your Amazing Newborn</i> . (2000) Klaus & Klaus	\$14	\$ _____
	<i>The Vital Touch</i> (1997) Sharon Heller	\$13	\$ _____
Pharmacology (PHM441)	<i>Pharmacology for Health Professionals</i> (2005) Baltimore, MD: Lippincott, Williams, & Wilkins	\$58	\$ _____
	<i>Pharmacology for Midwives</i> Poznar J., 2 nd ed 2002	\$20	\$ _____
Plant Medicine III (PM343)	<i>The Herbal Medicine Maker's Handbook: A Home Manual</i> Green J. Crossing Press. 2000	\$16	\$ _____
		REGISTRATION FEE(non-refundable)	\$50.00
		Late registration fee of \$75 if received after December 7, 2007	
		TOTAL ENCLOSED	

*** NO TEXTBOOK ORDERS OR CANCELLATIONS WILL BE ACCEPTED AFTER THE REGISTRATION DEADLINE – DECEMBER 7, 2007 *
ALL TUITION, FEES, AND TEXTBOOK COSTS ARE PAYABLE AT THE TIME OF REGISTRATION**

Last name	First name	MI
Mailing address	City	State
Home phone	Work phone	E-mail if available

CANCELLATION CLAUSE - Should you decide to cancel this agreement in writing within three business days, you are entitled to a full refund of all fees and tuition. Textbook costs are not refundable. **After the three-day cancellation period, should you decide to cancel your registration and not attend, refunds will be made per policy.**

REFUND POLICY - You are expected to attend all classes for which you register. IF YOU DO NOT ATTEND OR STOP ATTENDING AND FAIL TO DROP WITHIN THE REFUND PERIOD, YOU REMAIN RESPONSIBLE FOR ALL TUITION AND FEES. For credit courses, you may cancel registration by providing signed and dated written notice to Birthingway and receive a refund of tuition per schedule below. 95% of the audit or course fee for non-credit, audit only courses, or workshops will be made upon written request, up to seven days prior to the first class day, 80% of the audit or course fee will be refunded up to the first class day. No refund for non-credit or audit only courses or workshops will be made on or after the first class day. **Registration fees and textbook costs are non-refundable.** Allow four to six weeks for receipt of refund.

WITHDRAWAL DATE	TUITION REFUND AMOUNT	WITHDRAWAL DATE	TUITION REFUND AMOUNT
On or before 1 st day of term	100%	22 nd day through 28 th day of term	44%
2 nd day through 7 th day of term	86%	29 th day through 35 th day of term	30%
8 th day through 14 th day of term	72%	36 th day through 42 nd day of term	16%
15 th day through 21 st day of term	58%	Day 43 through end of term	No Refund

I have completed this form, and have read and understand the refund policy and three-day cancellation period clause.
Payment in full is included with this form (please make checks payable to Birthingway College of Midwifery).

STUDENT SIGNATURE	DATE	REGISTRAR'S SIGNATURE	DATE
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Birthingway
College of Midwifery
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Portland, OR 97266

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503.760.3332

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info@birthingway.edu

E-Mail Option:

If you would prefer to receive this newsletter
by e-mail, just write us at
info@birthingway.edu and let us know!

We're on the Web!
www.birthingway.edu



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