

Birthingsways

The Newsletter of Birthingsway College of Midwifery

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Calendar

| | |
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| Spring Break | 3/20-3/29 |
| Orientation & Start of Spring Term | 3/30 |
| Spring Term Ends | 7/3 |
| Summer Break | 7/4 - 9/7 |
| Fall Term Begins | 9/8 |



Matriculating Class '09

We have just completed our very busy admissions season for the matriculating midwifery class of 2009! We had an absolutely brilliant applicant pool. Picking only 16 was a grueling task. Never-the-less, we are very excited about announcing our new incoming students for Spring 2009. Please share our excitement in welcoming...

- Heather Arild*
- Angela Beach*
- Nicole Bendotoff*
- Danielle Boettcher*
- Stephanie Elliot*
- Megan Felling*
- Anna Hall*
- Cassandra Hodge*
- Lindsay Jetton*
- Beth Laskin*
- Colleen Mahon Haft*
- Amy McDonald*
- Iara Sapoznikow*
- Elizabeth Schroeder*
- Whitney Stolman*
- Divya Za*



Thank you!

Birthingway wants to thank the dedicated students and staff who made up the admissions team. It is always a huge commitment and this year presented even more challenges as we were snowed out during crucial application-reading time. Thanks to: *Stephanie Sherman, Jasmine Marotta-Jaenecke, Terra Senter, Cristyl Garner, Mirra Nerenberg, Melanya Gonshorowski, Danielle Kitt, Heather Forbes, Kimberly Henderson, Ayla Dunn, Gabrielle Zaffiro, Emilia Smith, Susan Buckley, Serena Lynch, Nichole Reding, Holly Scholles, Rhonda Ray, Rachael Koeson and Brittany Schleiff* for making up the time as best you could and for contributing to this exciting process!



The Postpartum Doula

Supporting Transitions After Birth

INSTRUCTOR: Kimberly Bepler, ICPE, PCD, CPD, CLE

Three Day Workshop

Friday, June 5, 2009 - 5:00pm - 9:00pm

Saturday, June 6, 2009 - 9:00am - 6:00pm

Sunday, June 7, 2009 - 10:00am - 6:00pm

at Birthingway College of Midwifery ~ 12113 SE Foster Road, Portland, OR 97266
P) 503.760.3131 ~ F) 503.760.3332 ~ info@birthingway.edu ~ www.birthingway.edu

Cost: Workshop - \$395, Readings Binder (Required) - \$30

(Or take it as a 1-credit course for \$490 - you will be expected to do more work)

THIS COURSE CONSTITUTES ONE STEP TOWARDS POSTPARTUM DOULA CERTIFICATION FROM
BIRTHINGWAY

There is a \$75 non-refundable late registration fee after Friday, May 1, 2009

The Readings Binder will be available for pick up after the registration deadline at Birthingway College of Midwifery (M-F, 8:30am - 4:30pm). Binder articles must be read before the first class session. Please Note: If you register late, you may not have enough time to read everything before the workshop starts. Please allow enough time to complete the readings.

The following books must be read prior to the workshop (but are not required to be owned):

- ◆ Sally Placksin. **Mothering the New Mother: Women's Feelings and Needs After Childbirth a Support and Resource Guide**, 2nd ed. Newmarket Press. 2000.
- ◆ Laura A. Jana, Jennifer Shu. **Heading Home with Your Newborn : From Birth to Reality**, American Academy of Pediatrics. 2005.
- ◆ Kathleen Huggins. **The Nursing Mother's Companion**, 4th revised ed. Harvard Common Press. 2005.

REFUND POLICY: Written notice of refund request must be received no later than seven days prior to first day of class to receive a 95% refund; then 80% of the course or audit fee will be refunded up to the first class day. Readings Binder fee will not be refunded if you drop after the registration deadline. No refund will be made on or after the first class day. Late registration fee is nonrefundable. Minimum class is 5 students. If the minimum class enrollment is not achieved, the class will be cancelled and all fees will be refunded.

(Please detach lower portion and include with payment)

Please register me for The Postpartum Doula - Deadline is May 1, 2009

- | | |
|--|--|
| <input type="checkbox"/> I am paying the \$385 workshop fee | \$ _____ |
| <input type="checkbox"/> I would like to take the 1-credit course for \$490 | \$ _____ |
| <input type="checkbox"/> Readings Binder (required) add \$30. Add \$6.00 postage/handling if you want it sent to you | \$ _____ |
| <input type="checkbox"/> Oops, it's after May 1, 2009. I have included the \$75 late registration fee | \$ _____ |
| | Total \$ _____ |
| <input type="checkbox"/> I am enclosing a check or money order | <input type="checkbox"/> I am paying with a credit card through PayPal (see below) |

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ E - MAIL or additional contact number _____

Make check/money order payable and mail to: Birthingway College of Midwifery, 12113 SE Foster Road, Portland, OR 97266
Credit card payments are accepted through PayPal - please go to <http://birthingway.org/payment.html> for details. You do not need a PayPal account to pay with your credit card. The name on the credit card/PayPal account must be the same as the person taking this workshop. Sorry, no exceptions.

Community News



We have 5 students who will be taking the NARM exam in February and graduating shortly after.

Best of luck and know that we will be thinking good, clear thoughts for you on that day!

Apprenticeship Announcements

In the realm of apprenticeships, second year student **Liz Collins** is making a big splash! She is very blessed to have what she calls “very part time” apprenticeships with three different midwifery practices: **Celeste Kersey** and **Susan Moray** of Northwest Community Midwives, **Susie Corcoran** of Aurora Midwifery and **Pamela Echeverio**.

There are also two very happy students in the first year class! **Melanya Gonshorowski** and **Terra Senter** are beginning their apprenticeships with **Kate Howe** and **Melissa Gordon-Magnus** of Alma Midwifery.

It is noteworthy that 5 out of 6 of the aforementioned practicing midwives are Birthingway Alumni!

Also in the second year class, **Micaela Evans**, who works with **Madrona Bourdeau**, will also be attending some births with midwife **Hope Medford**.

Wishes for many joyous births go out to all of them!!!!



Babies that have come and are coming.....

.....to extension student **Bronwen (Halsey) Murch** and her partner Mickey Murch. **Arlo Ingram Murch** was born on December 20th, 2008 at their home in Bolinas, California. Daddy Mickey was also born in this very same house, a very special place! Welcome to the world Arlo!

Our fabulous Faculty Coordinator, **Rachael Koeson**, is pregnant with her first baby and due in early June. Second year student **Kim Wise** will be having her third baby around the same time. It is nice to see both of them looking more radiant and less green since the new year began! ☺

Diversity Workshop for Birth and Postpartum Professionals

Join us in 2009 as we discuss a variety of topics designed to help all birth and postpartum professionals add tools to their toolboxes.

Saturday, March 7, 2009 from 9:30am - 12:30pm 3 CEU's Cost: \$45.00

What does "diversity" mean for the birth and postpartum professional? In this three hour workshop, we will discuss a variety of ways in which we interact with people different from ourselves and how we can help make these interactions healthy and fruitful. We'll cover topics of sexual identity, as well as socio-economic, age, and ethnic diversity.

Registration Deadline is Friday, February 27, 2009

(A class of 6 is needed by the deadline for this workshop to run. If you are registering after the deadline, an additional \$10 late registration fee is required.)

The workshop will be held at :

Birthingway College of Midwifery - 12113 SE Foster Road in Portland.

Written notice of refund request must be received no later than seven days prior to first day of class to receive a 95% refund, then 80% of the fee will be refunded up to the first class day. Minimum class is 6 students. Maximum class size is 16 students. If the minimum class enrollment is not achieved, the class will be cancelled and all fees will be refunded in full.

(Please detach lower portion and include with payment)

Please sign me up for the Diversity Workshop on Saturday March 7, 2009!

- I will attend the March 7th 2009 workshop from 9:30am-12:30pm.
- I am enclosing a check or money order for \$45.00
- Oops, it's after Feb. 27th. I have enclosed the additional \$10.00 late registration fee.
- I am paying with a credit card through PayPal (see below). You still need to send in a registration form.

NAME

ADDRESS

CITY

STATE

ZIP

PHONE

E-mail or additional contact number

We must receive this completed registration form AND full payment to register you for this class. Please make check/money order payable and mail to:

Birthingway College of Midwifery, 12113 SE Foster Road, Portland, OR 97266. Fax: 503-760-3332

Credit card payments are accepted through PayPal – please go to <http://birthingway.org/payment.html> for details. You don't need to have a PayPal account to pay with your credit card. The name on the credit card/PayPal account must be the same as the person taking this workshop. Sorry, no exceptions.

Library News



Library Hours:

Monday: 12pm – 6 pm
Tues – Thurs: 10am – 6pm

Birthingway's library is an OPL (one-person library). If you are traveling from any distance, or a holiday is upon us, please call to confirm that someone will be available to help you.

The library now has barcodes! If you are a student or faculty member and don't have a picture ID with a new library barcode, please stop by and we'll make one up just for you. You'll need it to check things out!

Community Library Cards

Everyone is welcome to come browse the library, read a book, or watch a video. Community members who'd like to borrow materials may purchase a community library card:

\$15 for three months
\$25 for six months
\$40 for the entire year

The new year is bringing many new titles to the library. Stop by to check them out!

E-mail option
If you would prefer to receive this newsletter by e-mail, just write us at info@birthingway.edu and let us know!



Gatherings News

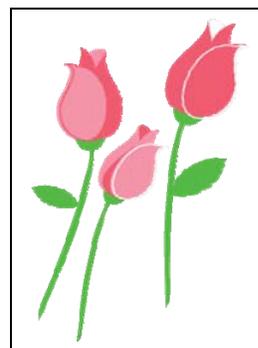
The annual Birthingway Meet and Greet was held at the Pleasant Valley Grange on November 21st, 2008. This is a community event to which the entire student body, staff, faculty, and preceptors are invited for the purpose of getting to know the applicants (who traveled from near and far!) and for them to get to see who we are. We gather and do what we love to do most: act a little silly (like hearing surprising answers to questions like: "Have you ever used someone else's toothbrush without asking permission?!") and eat fantastic food! The lovely energy of over 100 women made for one great day.

Midwifery Today Conference is right around the corner (literally!)

Come join Birthingway

March 13-15, 2009 in Eugene, OR and attend our table, meet new friends, see old ones, and help build a greater sense of our amazing community! Email or call the Outreach Coordinator for more details!

Stacey@Birthingway.edu



Spanish for Birth Professionals

CEU Workshop

Want to communicate better with clients and support persons who are Spanish speakers? Come to this workshop and learn key Spanish phrases to help women in labor. If you've been to one or one hundred births, this workshop will help you gain the knowledge and insight of birth and the postpartum period within the Spanish community.

Saturday, June 13, 2009, 9:00am – 4:00pm

at Birthingway College of Midwifery, 12113 SE Foster Road, Portland, OR 97266
P) 503-760-3131 ~ F) 503-760-3332 ~ info@birthingway.edu ~ www.birthingway.edu

Workshop Cost: \$50

This seminar will satisfy 6 Continuing Education Units

INSTRUCTOR: TBA

Registration Deadline is Friday, June 5, 2009

(A class of 6 is needed by the deadline for this workshop to run. If you are registering after the deadline, an additional \$10 late registration fee is required)

REFUND POLICY: Written notice of refund request must be received no later than seven days prior to first day of class to receive a 95% refund, then 80% of the course or audit fee will be refunded up to the first class day. No refund will be made on or after the first class day. Late registration fee is nonrefundable. Minimum class is 6 students. If the minimum class enrollment is not achieved by the registration deadline, the class will be canceled and all fees will be refunded.

> > > Please detach lower portion and include with payment < < <

Please register me for The Spanish for Birth Professionals workshop – Deadline is June 5, 2009

Workshop Cost: \$50

- I am paying the \$50 workshop fee
- Oops! It's after June 5, 2009! I have enclosed the additional \$10 late registration fee.
- I am enclosing a check or money order
- I am paying with a credit card through PayPal (see below)

Name

Address

City

State

Zip

Phone

Email or additional contact information

We must receive this completed registration form AND full payment to register you for this class. Please make check/money order payable and mail to: Birthingway College of Midwifery, 12113 SE Foster Road, Portland, OR 97266. Fax: 503.760.3332.

Credit card payments are accepted through PayPal – please go to <http://birthingway.org/payment.html> for details. You don't need a PayPal account to pay with your credit card. The name on the credit card/PayPal account must match the person taking this workshop. Sorry, no exceptions.

Specialized (formerly Auxiliary) Program News-

What an exciting time it is! 2009 has brought so many new things, new changes and new visions.

We have been working very hard here at Birthingway to create connections within our community. We have been building a strong foundation for our students to gain experience in supporting families in the childbearing year. This includes working with Teen Parenting Programs throughout the greater Portland area, as well as connecting with county agencies to provide free or low-cost services to those families seeking birth assistance (and would otherwise not be able to afford it). In addition, we are currently holding monthly gatherings open to all birth professionals to share experiences, tips and support.

The "Third Thursday" gatherings will be announced on our website. Check it out for more details at www.birthingway.edu.

Amidst all these new changes, we are particularly proud to announce the newest students in our Specialized Programs-

Joining the Labor Doula Practicum:

Nicole Bendetoff
Raya Budrevich
Carrie Cohen
Sarah Christiansen
Courtney Jarecki
Martha Von Reis
Elizabeth Schroeder
Rebecca Searles

and

Joining the Childbirth Education Practicum:

Melody Bondurant

We are excited to announce those who have *certified* through Birthingway!

They include:

Ann Obuchowski- Labor AND Postpartum Doula
Emilia Smith- Postpartum Doula
Jocelyn Brown- Childbirth Educator

It takes a lot of energy and dedication to certify so....

Way to go everyone!!!! What a wonderful start to 2009!



Models Needed for Our Breastfeeding III Class!

We are looking for pregnant women at any stage of pregnancy, and breastfeeding mothers at any stage of breastfeeding (please bring babies if they are not crawling yet). Models are needed on May 11th 2009 from 2:00-4:00pm at Birthingway and will be paid \$20. Models should be willing to let a few students do breast exams on them. Breastfeeding mothers should be willing to allow teacher and students to practice different latch and positioning techniques with them. If you know how to do hand expression we may ask you to demonstrate and teach students how to do that. If you express milk with a breast pump, please bring in your pumps. You are welcome to ask the teacher and students any breastfeeding questions you have and can get basic breastfeeding assistance.

Contact: nichole@birthingway.edu for more info.

The Labor Doula

Assisting Women with Birth

Readings, lecture, and practical skills for providing emotional and physical support for women in labor and immediate postpartum.

INSTRUCTOR: Adrienne Fuson, LMT, CD

Four Sessions ~ Saturdays and Sundays, 9am-5pm May 2 & 3 and 16 & 17, 2009

at Birthingway College of Midwifery, 12113 SE Foster Road, Portland, OR 97266
P) 503.760.3131 ~ F) 503.760.3332 ~ info@birthingway.edu ~ www.birthingway.edu

Cost: Workshop - \$485, Readings Binder (Required) - \$40*

There is a \$75 non-refundable late registration fee after April 3, 2009
~ Full payment is needed at registration ~

*The Readings Binder will be available for pick up after the registration deadline at Birthingway College of Midwifery (Mon-Fri 8:30am-4:30pm). Binder articles must be read before the first class session. Please Note: If you register late, you may not have enough time to read everything before the workshop starts. Please allow enough time to complete all the readings.

THIS COURSE CONSTITUTES ONE STEP TOWARDS LABOR DOULA CERTIFICATION FROM BIRTHINGWAY AND MEETS BIRTHINGWAY'S PREREQUISITE FOR ADMISSION TO THE MIDWIFERY PROGRAM

The following books must be read prior to attending the workshop (but are not required to be owned):

- ◆ Kitzinger S. *The Complete Book of Pregnancy and Childbirth*. 4th ed. Alfred A. Knopf, Inc; 2003.

The following books will be read during the workshop (but are not required to be owned):

- ◆ England P and Horowitz R. *Birthing from Within*. Albuquerque: Partera Press; 1998.
- ◆ Gaskin IM. *Ina May's Guide to Childbirth*. Bantam Dell Publishing Group; 2003.
- ◆ Renfrew M, Fisher C, Arms S. *Bestfeeding – How to Breastfeed Your Baby*. Celestial Arts; 2004.

REFUND POLICY: Written notice of refund request must be received no later than seven days prior to first day of class to receive a 95% refund, then 80% of the course or audit fee will be refunded up to the first class day. Readings Binder fee will not be refunded if you drop after the registration deadline. No refund will be made on or after the first class day. Late registration fee is nonrefundable. Minimum class is 5 students. If the minimum class enrollment is not achieved, the class will be canceled and all fees will be refunded.

>>>> Please detach lower portion and include with payment <<<<

Please register me for The Labor Doula workshop — Deadline is April 3, 2009

- I am paying the \$485 workshop fee \$ _____
- Readings Binder (required) add \$40. Add \$6.00 postage/handling if you want it sent to you \$ _____
- Oops, it's after April 3, 2009. I have included the \$75 late registration fee \$ _____
- >>Please Note: Full payment *and* this registration form must be received to complete registration. Total \$ _____

I am enclosing a check or money order
with my registration form

I am paying with a credit card through PayPal (see below)
(You must still return this completed form in order to be registered)

NAME _____

ADDRESS _____

CITY _____

STATE _____

ZIP _____

PHONE _____

E-MAIL or additional contact number _____

We must receive this completed registration form AND full payment to register you for this class. Please make check/money order payable and mail to:
Birthingway College of Midwifery, 12113 SE Foster Road, Portland, OR 97266. Fax: 503.760.3332.

Credit card payments are accepted through PayPal – please go to <http://birthingway.org/payment.html> for details. You don't need a PayPal account to pay with your credit card. The name on the credit card/PayPal account must match the person taking this workshop. Sorry, no exceptions.

Putting in the Seed

By Robert Frost

You come to fetch me from my work to-night
 When supper's on the table, and we'll see
 If I can leave off burying the white
 Soft petals fallen from the apple tree
 (Soft petals, yes, but not so barren quite,
 Mingled with these, smooth bean and wrinkled pea);
 And go along with you ere you lose sight
 Of what you came for and become like me,
 Slave to a Springtime passion for the earth.
 How Love burns through the Putting in the Seed
 On through the watching for that early birth
 When, just as the soil tarnishes with weed,
 The sturdy seedling with arched body comes
 Shouldering its way and shedding the earth crumbs.

COMING UP IN.....



Thank you Thank you Thank you

Many thanks to those who have donated item(s) to Birthingway. They include:

Kathryn Constant who donated furniture, a printer and supplies;
Holly Scholles- donated supplies and chocolate (very important!);
Susan Moray and Kelli McIntosh who donated medical supplies;
Madrona Bourdeau who kindly gave Birthingway a printer and fax machine for the new building, also for the new building **Carter at Shields Obletz** donated 2 desks and 6 chairs;
Sara Ohgushi donated books to the library
Brittany Schleiff donated furniture and dishes;
Amanda Marier donated a (much needed!) baby scale for our new breastfeeding clinic;
Cassandra Breer donated furniture and rugs for the new building;
Anne Frye donated a copy machine/printer and a DVD/VCR player; and
Cascade HealthCare Products donated books for the library!

BIRTHINGWAY COLLEGE OF MIDWIFERY SEVENTH ANNUAL PLANT SALE !!!!! AT BEN AND JERRY'S ON HAWTHORNE AVE. IN PORTLAND MAY 2ND AND 3RD 2009

We are looking for those of you who have a green thumb and are willing to:
 help create 'garden starts', donate bulbs or seeds
 and those who are willing to volunteer at the event!!

We greatly appreciate the kindness, energy and dedication it takes to put on this event. We look forward to seeing you on Hawthorne Blvd. in the spring!

Yeah plants!!!!

TO HELP OUT, DROP A LINE TO THE OUTREACH COORDINATOR AT:
 STACEY@BIRTHINGWAY.EDU

BIRTHINGWAY COLLEGE OF MIDWIFERY
12113 SE Foster Rd.
Portland, OR 97266
503.760.3131
Info@birthingway.edu

MATERNAL AND NEONATAL RESUSCITATION

Friday, June 5, 2009

9am-5:30pm

One hour brown-bag lunch

Denise Clark, EMT-P, Instructor

The cost for the one-day workshop is **\$130**.

Meets resuscitation requirement for licensing of direct-entry midwives in Oregon.

Pre-registration only. No drop-ins. No exceptions.

Registration and payment must be **received no later than May 29, 2009**

Minimum class enrollment is 5. Maximum class size is 16.

Birthingway certification in neonatal resuscitation including use of bag/valve/mask.

AHA Healthcare Provider level CPR certification includes use of AED,
infant, child and adult resuscitation.

Participants may request refunds for non-credit workshops by sending written notice of refund request to be received by the College no later than seven days prior to the first class day to receive a 95% refund, then 80% of the workshop fee will be refunded up to the first class day. No refund will be made on or after the first class day. In the event of cancellation all fees will be refunded in full.

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REGISTRATION FORM – Resuscitation, **Friday, June 5, 2009**; 9:00am to 5:30pm.

Name (including middle initial) _____

Social Security Number _____ Date of Birth _____

The above information is required for your transcript.

Address _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

We must receive this completed registration form AND full payment to register you for this class. Please make check/money order payable and mail to:

Birthingway College of Midwifery, 12113 SE Foster Road, Portland, OR 97266. Fax: 503.760.3332.

Credit card payments are accepted through PayPal – please go to <http://birthingway.org/payment.html> for details. You don't need a PayPal account to pay with your credit card. The name on the credit card/PayPal account must match the person taking this workshop. Sorry, no exceptions.

Lactation Consultant Program News

Our Lactation Consultant Training and Breastfeeding Counselor Programs are well on their way.

We currently offer the 45 hours of Lactation Specific Education necessary for IBLCE Eligibility Pathways 1 (Peer Counselor or Licensed Healthcare Professional) and 3 (Mentored Clinical Hours). We have a full class for our Winter Breastfeeding I class and are excited to support our students as they seek mentorships or go on to take more classes to fulfill the requirements for our one year Lactation Specific Education Program.

Our one-year certificate is still being developed, but many of the necessary classes are already available. Register for Medical Terminology or Anatomy and Physiology to get started.

If you have any questions about the pathway that would work best for you, please contact Nichole at Birthingway: 503-760-3131 or nichole@birthingway.edu.



DONATION REQUESTS

We are developing a free/low cost breastfeeding clinic to support the clinical training of the students in our Lactation Consultant Program. In return, we hope this clinic will provide much-needed breastfeeding support for women and babies in the greater Portland area.

The students in our Lactation Consultant Program will be supervised by International Board Certified Lactation Consultants (IBCLCs), ensuring that clients of the clinic will receive excellent, individualized care. A typical consultation consists of an hour or more of personalized care, in which the client is able to explain her concerns, be evaluated, and have her questions answered.

We are in need of a variety of supplies including breastfeeding specific items such as Supplemental Nursing Systems and nipple shields, as well as basic baby items such as a changing table, sheets, and baby wipes. Birthingway is a 501c-3 non-profit and all donations are tax deductible. Please contact Nichole@Birthingway.edu if you have questions about donating.

Thank you in advance for your generosity.



Human Anatomy & Physiology

Overview For Midwives

AP101, 3 credit hours. Satisfies Anatomy and Physiology prerequisite for Birthingway Midwifery Program and the Anatomy and Physiology requirement for the Lactation Program.

INSTRUCTOR: BONNIE McANNIS, B.A., L.M.T.

Monday evenings, 14 sessions

March 30, 2009 – 5:45pm – 9:00pm

April 6, 2009 – June 29, 2009 – 5:00pm – 9:00pm (no class on 5/25/09)

(Quiz – 5:00pm–5:45pm, Class – 5:45pm–9:00pm)

Final will be on July 3, 2009 (contact college for more details)

Text: Memmler's *Human Body in Health and Disease, Text and Study Guide*, 11th edition, 2008

Books may be ordered through the College. Those registering after the deadline must order textbooks themselves.

There is a nonrefundable \$75 late registration fee after the Registration Deadline of February 27, 2009

CLASS IS LIMITED TO A MAXIMUM OF 16 AND A MINIMUM OF 6 STUDENTS

CANCELLATION CLAUSE - Should you decide to cancel this agreement in writing within three business days, you are entitled to a full refund of all fees and tuition. Textbook costs are not refundable. **After the three-day cancellation period, should you decide to cancel your registration and not attend, refunds will be made per refund policy.**

REFUND POLICY - You are expected to attend all classes for which you register. **IF YOU DO NOT ATTEND OR STOP ATTENDING AND FAIL TO DROP WITHIN THE REFUND PERIOD, YOU REMAIN RESPONSIBLE FOR ALL TUITION AND FEES.** For credit courses, you may cancel registration by providing signed and dated written notice to Birthingway and receive a refund of tuition per refund schedule below. **Registration fees and lab fees are non-refundable.** Allow four to six weeks for receipt of refund.

| <u>WITHDRAWAL DATE</u> | <u>TUITION REFUND</u> | <u>WITHDRAWAL DATE</u> | <u>TUITION REFUND</u> |
|---|-----------------------|---|-----------------------|
| On or before 1st day of term | 100% | 29 th day through 35 th day of term | 45% |
| 2 nd day through 7 th day of term | 89% | 36 th day through 42 nd day of term | 34% |
| 8 th day through 14 th day of term | 78% | 43 rd day through 49 th day of term | 23% |
| 15 th day through 21 st day of term | 67% | 50 th day through 56 th day of term | 12% |
| 22 nd day through 28 th day of term | 56% | On or after 57 th day of term | No refund |

| | |
|--|-----------------|
| Anatomy and Physiology (AP101) - 3 credit hours at \$490 per credit hour | \$ 1470.00 |
| Registration fee per term (non-refundable) | \$ 50.00 |
| Text book and study guide \$66 (non-refundable) | \$ _____ |
| Non-refundable late registration fee of \$75 if registering after February 27, 2009 | \$ _____ |

I am enclosing a check or money order with my registration form

I am paying with a credit card through PayPal (see below)
You must still return this completed form in order to be registered)

TOTAL ENCLOSED \$ _____

NAME (please print)

SOCIAL SECURITY NUMBER

ADDRESS

PHONE NUMBER

E-MAIL if available

SIGNATURE

DATE

We must receive this completed registration form AND full payment to register you for this class. Please make check/money order payable and mail to: Birthingway College of Midwifery, 12113 SE Foster Road, Portland, OR 97266. Fax: 503.760.3332.

Credit card payments are accepted through PayPal - please go to <http://birthingway.org/payment.html> for details. You don't need a PayPal account to pay with your credit card. The name on the credit card/PayPal account must match the person taking this course. Sorry, no exceptions.

BIRTHINGWAY COLLEGE OF MIDWIFERY

12113 SE Foster Rd.
Portland, OR 97266
503.760.3131

LD&D Renewal

Monday, April 27, 2009 8:30am to 5:30pm

Brown-bag lunch

Holly Scholles, CPM, LDM, Instructor

The cost for the one-day workshop is \$95.00

This course includes 8.5 combined hours of theory, skills, and testing for Suturing, Treatment of Shock including IVs, Medication by Injection, and Pharmacology. Maternal and Neonatal Resuscitation is not included, but we are offering Maternal and Neonatal Resuscitation in June. This course meets the Oregon State requirement for renewal for the Legend Drugs and Devices endorsement for licensure as a Direct Entry Midwife.

Registration and payment must be **received no later than April 20, 2009.**

Class subject to cancellation if minimum pre-registration of five is not met by April 20th.

TAKE ADVANTAGE OF THIS OPPORTUNITY. THIS COURSE WILL NOT BE OFFERED AGAIN UNTIL NOVEMBER 2009!

Participants may cancel their registration and request refunds for non-credit workshops by sending written notice of refund request to be received by the College no later than seven days prior to the first class day to receive a 95% refund, then 80% of the workshop fee will be refunded up to the class day. No refund will be made on or after the class day. In the event that the workshop is cancelled by Birthingway, all fees will be refunded in full.

=====

REGISTRATION FORM – LD&D Renewal: Friday, April 27, 2009; 8:30am to 5:30pm

Name (including middle initial) _____

Social Security Number _____ Date of Birth _____

The above information is required for your transcript.

I am enclosing a check or money order with my registration form

I am paying with a credit card through PayPal (see below) (you must still return this completed form in order to be registered)

Address _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

This course meets the Oregon State requirements for renewal of the Legend Drugs and Devices endorsement for licensure as a Direct Entry Midwife.

We must receive this completed registration form AND full payment to register you for this class. Please make check/money order payable and mail to:

Birthingway College of Midwifery, 12113 SE Foster Road, Portland, OR 97266. Fax: 503.760.3332.

Credit card payments are accepted through PayPal – please go to <http://birthingway.org/payment.html> for details. You don't need a PayPal account to pay with your credit card. The name on the credit card/PayPal account must match the person taking this workshop. Sorry, no exceptions.

SPRING 2009 Community Course Offering

Registration Start Date: FEBRUARY 13, 2009. Registration Deadline: FEBRUARY 27, 2009

Please complete the attached registration form and return with your tuition and fees no later than **FEBRUARY 27, 2009**. Registration and/or payment after that date will incur a **\$75 late fee**. Classes are limited to 16 students (unless otherwise noted) and are first come, first served.

Supplemental Courses – Open to members of the community. Prerequisites, fees, and text requirements are noted.

- ♦ **Botanicals I (BOT321) 2 credit hours. Course-pack \$28. Textbook required – see Registration Form.** Nine sessions. Materia medica and herbal therapeutics of gynecological herbs and herbs for infants and children. Instructor: Mindy Cash, ND
Date: Mondays, 4/20/09 – 6/22/09
Time: 1:00pm – 4:30pm
CLASSES WILL BE HELD IN CARLTON BUILDING (call for details)
- ♦ **Breastfeeding II (BF242) 1 credit hour. Prerequisite: Breastfeeding I. Course-pack fee \$21. Textbook required - see Registration Form.** Three sessions. Breastfeeding problems and special situations. Instructor: Dixie Whetsell, MS, IBCLC
Date: Weekend format, 4/17, 4/18, 4/19/09
Time: 4/17: 6:00pm – 9:00pm, 4/18 & 4/19: 9:00am – 4:00pm
- ♦ **Homeopathy (HOM341) 1 credit hour. Lab fee \$40. Textbook required - see Registration Form.** Four sessions. Theory of homeopathic practice with applications to midwifery care. Instructor: Jennifer Means, ND, LAc
Date: Wednesdays, 5/6, 5/20, 6/3, 6/17/09
Time: 5:00pm – 9:00pm
- ♦ **Medical Terminology (MT241) 1 credit hour. Textbook required – see Registration Form.** Five sessions. Covers medical language, including vocabulary, abbreviations, and translation of medical records into "normal" English. Instructor: Sara Ohgushi, ND
***Fridays – 4/10, 4/24, 5/8, 5/22, 6/5/09 (6/19 make-up day) from 9:00am – 12:00pm**
FRIDAY CLASSES WILL BE HELD IN FOSTER BUILDING
OR
***Tuesdays – 4/14, 4/28, 5/12, 5/26, 6/9/09 (6/23 make-up day) from 1:00pm – 4:00pm**
TUESDAY CLASSES WILL BE HELD IN CARLTON BUILDING (call for details)
- ♦ **Midwifery Culture (MWC441) 2 credit hours. Course-pack \$72. Textbooks required - see Registration Form.** Eight sessions. Focus on attitudes and laws that have surrounded midwives and the practice of midwifery throughout history as well as contemporary times. Examines the role of midwives from ancient to modern times emphasizing politics of midwifery and how midwives have come together to bring about change. Instructor: Nichole Reding, MA
Date: Fridays, 4/3, 4/17, 5/1, 5/15, 5/29, 6/12, 6/26, 7/3/09
Time: 9:00am – 1:00pm
- ♦ **Plant Medicine I (PM341) 1 credit hour. Course-pack \$11. Lab fee \$22. Textbook required - see Registration Form.** Five sessions. First section of plant medicine as an alternate method of healing as it relates to pregnancy, birth and postpartum. Instructor: Cari Nyland, ND
Date: Fridays, 4/3, 4/10, 5/1, 5/8, 5/22/09
Time: 1:30 – 4:30pm
CLASSES WILL BE HELD IN CARLTON BUILDING (call for details)
- ♦ **Suturing (SU441) 1 credit hour. Course-pack \$6. Lab fee \$137. Textbook and equipment required - see Registration Form. Prerequisite: Must have midwifery experience.** Six sessions. Selecting materials and equipment, perineal evaluation and repair of 1st and 2nd degree lacerations, use of local anesthetics. This course meets the suturing portion of the LD&D training required for Oregon State Licensing. Instructor: Holly Scholles, CPM, LDM, MA.
Date: Mondays, 4/13, 4/20, 5/4, 5/18, 6/1, 6/15/09
Time: 9:00am – 12:00pm
- ♦ **Understanding Statistics in Medical Literature (ST241) 1 credit hour. Course-pack \$30. Textbooks required - see Registration Form.** Five sessions. Basic concepts, types of medical literature, critical analysis, and evidence based studies. Instructor: Kathryn Constant, MLS.
Date: Thursdays, 4/2, 4/9, 4/16, 4/23, 5/7/09
Time: 5:30pm – 8:30pm

Elective Courses – Open to members of the community. Prerequisites, fees, and text requirements are noted.

- ♦ **Botany (BT471) 1 credit hour. Textbook required - see Registration Form.** Five sessions. Basic botanical concepts, classification systems and nomenclature, plant identification and constituents. Instructor: Ann Holland, ND
Date: Fridays, 6/5, 6/12, 6/19, 6/26, 7/3/09
Time: 1:30pm – 4:30pm
- ♦ **Breastfeeding III (BF243) 1 credit hour. Prerequisite: Breastfeeding I and II. Course-pack \$18. Lab Fee \$33. Textbooks required – see Registration Form.** Five sessions. Case studies and hands-on skills deepen students' knowledge of breastfeeding counseling. Continuation of lactation support skills designed to move students toward the IBCLC exam. Instructor: Dixie Whetsell, MS, IBCLC
Date: Mondays, 4/27, 5/11, 5/18, 6/1, 6/15/09
Time: 1:00pm – 4:00pm
- ♦ **Massage for Midwives (MAS271) 1 credit hour. Lab fee \$12. Textbook required - see Registration Form.** Three sessions. Psychology of touch. Introduction to basic massage techniques with emphasis on pregnancy and postpartum. This is a weekend format. Bring a brown bag lunch. **Maximum class size of eight.** Instructor: Bonnie McAnnis, LMT
Date: Weekend format, 4/24, 4/25, 4/26/09
Time: 4/24: 6:00pm – 9:00pm. 4/25 & 4/26: 9:00am – 4:00pm.
- ♦ **Also Available for credit: Postpartum Doula Training and Anatomy and Physiology. For details, see registration forms elsewhere in newsletter.**

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Spring 2009 Community Course Offering
 Registration Start Date: FEBRUARY 13, 2009. Registration Deadline: FEBRUARY 27, 2009.

| SUPPLEMENTAL COURSES: Tuition + \$490 per credit. Audit Fee= \$300 per credit** | | | | |
|--|--|--|----------|----------|
| Botanicals I (BOT321) 2 credits X \$490 per credit = | \$980 for credit | <input type="checkbox"/> I wish to audit** | \$ _____ | |
| Breastfeeding II (BF242) 1 credit X \$490 per credit + \$21 course pack = | \$511 for credit | <input type="checkbox"/> I wish to audit** | \$ _____ | |
| Homeopathy (HOM431) 1 credit X \$490 per credit + \$40 lab fee = | \$530 for credit | <input type="checkbox"/> I wish to audit** | \$ _____ | |
| Medical Terminology (MT241) <input type="checkbox"/> Fridays – 1 credit X \$490 per credit = OR <input type="checkbox"/> Tuesdays – 1 credit X \$490 per credit = | \$490 for credit | <input type="checkbox"/> I wish to audit** | \$ _____ | |
| Midwifery Culture (MWC441) 2 credits X \$490 per credit + \$72 course pack = | \$1052 for credit | <input type="checkbox"/> I wish to audit** | \$ _____ | |
| Plant Medicine I (PM341) 1 credit X \$490 per credit + \$11 course pack + \$22 lab fee = | \$523 for credit | <input type="checkbox"/> I wish to audit** | \$ _____ | |
| Suturing (SU441) 1 credit X \$490 per credit + \$6 course pack + \$137 lab fee = | \$633 for credit | <input type="checkbox"/> I wish to audit** | \$ _____ | |
| Understanding Statistics in Medical Literature (ST241) 1 credit X \$490 per credit + \$30 course pack = | \$520 for credit | <input type="checkbox"/> I wish to audit** | \$ _____ | |
| ELECTIVES: | | | | |
| Botany (BT471) 1 credit X \$490 per credit = | \$490 for credit | <input type="checkbox"/> I wish to audit** | \$ _____ | |
| Breastfeeding III (BF243) 1 credit X \$490 per credit + \$18 course pack + \$33 lab fee = | \$541 for credit | <input type="checkbox"/> I wish to audit** | \$ _____ | |
| Massage for Midwives (MAS271) 1 credit X \$490 per credit + \$12 lab fee = | \$502 for credit | <input type="checkbox"/> I wish to audit** | \$ _____ | |
| Postpartum Doula (PPD221) | Please use separate registration form | | | |
| TEXTBOOKS: | | | | |
| Botanicals (BOT 321) | Gladstar R. <i>Herbal Healing for Women: Simple Home Remedies for Women of All Ages</i> . 1993. | \$12 | \$ _____ | |
| Botany (BT471) | Elpel T. <i>Botany in a Day</i> . 5 th ed., 2004. | \$30 | \$ _____ | |
| | Pojar J. <i>Plants of the Pacific Northwest Coast: Washington, Oregon, British Columbia and Alaska</i> . 2004. | \$25 | \$ _____ | |
| Breastfeeding II (BF242) | Lauwers, Shiniskie. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 4 th ed., 2005 | \$70 | \$ _____ | |
| Breastfeeding III (BF243) | Lauwers, Shiniskie. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 4 th ed., 2005 | \$70 | \$ _____ | |
| | Caldwell, Turner-Maffei. <i>Case Studies in Breastfeeding: Problem Solving Skills and Strategies</i> . 2003 | \$45 | \$ _____ | |
| Homeopathy (HOM341) | Geraghty B. <i>Homeopathy for Midwives</i> . 1999. | \$55 | \$ _____ | |
| Massage for Midwives (MAS271) | Stillerman E. <i>Mother Massage: A Handbook for Relieving the Discomforts of Pregnancy</i> . 2006. | \$12 | \$ _____ | |
| Medical Terminology (MT241) | Ehrlich A. <i>Medical Terminology for Health Professions</i> . 6 th ed. 2008. | \$87 | \$ _____ | |
| Midwifery Culture (MWC441) | Diamant A. <i>The Red Tent: A Novel</i> . 1997. | \$12 | \$ _____ | |
| | Chester P. <i>Sisters on a Journey: Portraits of American Midwives</i> . 1997. | \$23 | \$ _____ | |
| | Ehrenreich B, English D. <i>Witches, Midwives, and Nurses: A History of Women Healers</i> . New ed., 1972. | \$8 | \$ _____ | |
| Plant Medicine I (PM341) | Green J. <i>The Herbal Medicine Maker's Handbook: A Home Manual</i> . 2000. | \$16 | \$ _____ | |
| Suturing (SU441) | Frye A. <i>Healing Passage: A Suturing Manual for Midwives</i> . 5 th ed. 1995. Out of Print. <u>The school is offering a photocopied version!</u> | \$35 | \$ _____ | |
| Suturing Kit | Mayo Hegar 6" Needle Holder (Millex) | Rochester Pean straight forcep (Vantage) Rochester Pean curved forcep (Vantage) 6" Ruler, with centimeters | \$160 | \$ _____ |
| | Russian Forceps 6" (Millex) Spencer Stitch Scissors 3.5 (Vantage) | | | |
| Understanding Statistics (ST241) | Woloshin, Schwartz, and Welch. <i>Know Your Chances: Understanding Health Statistics</i> . 2008. | \$13 | \$ _____ | |
| | Best J. <i>Stat-spotting: A Field Guide to Identifying Dubious Data</i> . 2008. | \$15 | \$ _____ | |
| REGISTRATION FEE (non-refundable) | | | +\$50.00 | |
| Late registration fee of \$75 if received after February 27, 2009 | | | | |
| TOTAL ENCLOSED | | | | |

**>> NO TEXTBOOK ORDERS OR CANCELLATIONS WILL BE ACCEPTED AFTER THE REGISTRATION DEADLINE – FEBRUARY 27, 2009 <<
 ALL TUITION, FEES, AND TEXTBOOK COSTS ARE PAYABLE AT THE TIME OF REGISTRATION**

**Auditing a class: You may audit a class for \$300 per credit hour. Please indicate in the checkbox if you would like to audit. You will not receive college credit. You are not required to do homework or take tests when you audit a class. Instructors will not review any homework or tests that you choose to complete. Course-pack or textbook purchase is not required when you audit. If you would like a course-pack or textbook, please indicate on your order form and include the course-pack fee or textbook cost stated for the course.

< PLEASE COMPLETE THE REVERSE SIDE OF THIS FORM >

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| | | |
|-----------------|------------|---------------------|
| Last name | First name | MI |
| Mailing address | City | State |
| Home phone | Work phone | E-mail if available |
| | | Zip |

CANCELLATION CLAUSE - Should you decide to cancel this agreement **in writing** within three business days, you are entitled to a full refund of all fees and tuition. Textbook costs are not refundable. **After the three-day cancellation period, should you decide to cancel your registration and not attend, refunds will be made per policy.**

REFUND POLICY - You are expected to attend all classes for which you register. IF YOU DO NOT ATTEND OR STOP ATTENDING AND FAIL TO DROP WITHIN THE REFUND PERIOD, YOU REMAIN RESPONSIBLE FOR ALL TUITION AND FEES. For credit courses, you may cancel registration by providing signed and dated written notice to Birthingway and receive a refund of tuition per schedule below. For non-credit or audited courses, 95% of the audit or course fee will be refunded upon written request, up to seven days prior to the first class day. 80% of the audit or course fee will be refunded up to the first class day. No refund for non-credit or audit-only courses or workshops will be made **on or after** the first class day.

Registration fees and textbook costs are non-refundable. Allow four to six weeks for receipt of refund.

| <u>Drop Date</u> | <u>Tuition Refund</u> | <u>Drop Date</u> | <u>Tuition Refund</u> | <u>Drop Date</u> | <u>Tuition Refund</u> |
|--|-----------------------|---|-----------------------|---|-----------------------|
| On or before 1st day of term | 100% | 15 th day through 21 st day of term | 62% | 36 th day through 42 nd day of term | 25% |
| 2 nd day through 7 th day of term | 87% | 22 nd day through 28 th day of term | 50% | 43 rd day through 49 th day of term | 12% |
| 8 th day through 14 th day of term | 75% | 29 th day through 35 th day of term | 37% | Day 50 through end of term | No Refund |

I have completed this form, and have read and understand the refund policy and three-day cancellation period clause. Payment in full is included with this form (please make checks payable to Birthingway College of Midwifery). **We must receive this completed registration form AND full payment to register you for a class.** Credit card payments are accepted through PayPal – please go to <http://birthingway.org/payment.html> for details. You don't need a PayPal account to pay with your credit card. The name on the credit card/PayPal account must be the same as the person taking this course. Sorry, no exceptions.

| | | | |
|-------------------|------|---------------------|------|
| STUDENT SIGNATURE | DATE | REGISTRAR SIGNATURE | DATE |
|-------------------|------|---------------------|------|



Business Tips for Birth and Postpartum Professionals

Join us in 2009 as we discuss a variety of topics designed to help all birth and postpartum professionals add tools to their toolboxes. Find a registration for our Diversity Workshop in this newsletter, and stay tuned for additional CEUs in future newsletters.

Saturday April 4th, 2009 from 9:30am - 12:30pm 3 CEU's Cost: \$45.00

We are offering a much requested "Business Tips for Birth Professionals" workshop. During this three hour intensive, we will brainstorm advertising techniques, help you develop important documents, and discuss some of the details of self-employment taxes.

Registration Deadline is Friday, March 27 2009

(A class of 6 is needed by the deadline for this workshop to run. If you are registering after the deadline, an additional \$10 late registration fee is required.)

The workshop will be held at Birthingway College of Midwifery
12113 SE Foster Road in Portland

Written notice of refund request must be received no later than seven days prior to first day of class to receive a 95% refund, then 80% of the fee will be refunded up to the first class day. Minimum class is 6 students- registered NO LATER THAN 3/27/09 for the class to be offered. Maximum class size is 16 students. If the minimum class enrollment is not achieved, the class will be cancelled and all fees will be refunded in full.

(Please detach lower portion and include with payment)

Please sign me up for the Business Tips for Birth and Postpartum Professionals Workshop!

- I will attend the April 4th 2009 workshop from 9:30am-12:30pm.
- I am enclosing a check or money order for \$45.00
- Oops, it's after March 27th 2009. I have enclosed the additional \$10.00 late registration fee.
- I am paying with a credit card through PayPal (see below). You still need to send in a registration form.

NAME

ADDRESS

CITY

STATE

ZIP

PHONE

E-mail or additional contact number

We must receive this completed registration form AND full payment to register you for this class. Please make check/money order payable and mail to: Birthingway College of Midwifery, 12113 SE Foster Rd, Portland, OR 97266. Fax: 503-760-3332

Credit card payments are accepted through PayPal – please go to <http://birthingway.org/payment.html> for details. You don't need to have a PayPal account to pay with your credit card. The name on the credit card/PayPal account must be the same as the person taking this workshop. Sorry, no exceptions.



Birthingway
College of Midwifery
12113 SE Foster Rd.
Portland, OR 97266

Phone:
503.760.3131

Fax:
503.760.3332

E-mail:
info@birthingway.edu

E-MAIL OPTION:
**Don't forget! You can download all
registration forms at:
www.birthingway.edu**



Birthingway
College of Midwifery
12113 SE Foster Rd.
Portland, OR 97266

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