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## Calendar Winter 2013/14

Meet and Greet	11/22/13
Fall Term Ends	12/13/13
Winter Break	12/14-1/5/13
Winter Term Starts	1/6/14
Winter Term Ends	3/28/14
Plant In	3/11/14
Spring Break	3/29/14-3/13/14
Spring Term Begins	4/14/14

## Birthingway Founder and Graduate Honored at the 2013 MANA Conference



(Left to Right) Marinah Valenzuela Farrell, VP, MANA; Marina Anderson, Birthingway Graduate and award winner; and Susan Moray, Birthingway Graduate and Conference Organizer

The Midwives Alliance of North America (MANA) conference was recently held in Portland on October 24-27.

Birthingway founder and president, **Holly Scholles, MA, CPM, LDM**, was awarded the inaugural **Outstanding Educator Award**. This award was created in her honor and will be given to other trailblazing educators.

Holly stated, "This is an exciting time for midwifery education. Midwives are a vital part of the solution to the on-going healthcare crisis. The need for excellent midwifery educators has never been more acute, as we gear up to train thousands of new midwives to meet maternal-child health challenges over the next ten years."

Another Birthingway award recipient was alumna and graduate, **Marina Anderson, CPM, LDM**, who received the MANA 2013 Sapling award.

**The Sapling Award** is given to one newly practicing midwife each year who has shown tremendous generosity, leadership, and initiative in the field.

According to MANA, "There is no doubt that Marina will continue to serve women, babies, and families of Oregon with a heart of compassion and skilled hands as she transforms in the years to come."

Marina has established her own practice, Starfish Midwifery, that will also offer Pelvic Care.

<b>Birthingway Non-credit Workshop:</b>	<b>Description:</b>
<h1>The Labor Doula</h1> Assisting Women with Birth	Lecture, readings and practical skills for providing emotional and physical support for women in labor and immediate postpartum. This course constitutes one step towards Birthingway's Labor Doula Certification and also meets the prerequisite for admission to our midwifery program. Instructor: Stacey Marshall, IBCLC

**Date / Time / Location:**

**Sessions:** 8 **Date:** Mondays ~ 1/6, 1/13, 1/27, 2/3, 2/10, 2/17, 2/24, 3/3/14 **Time:** 5:00pm - 8:30pm  
 Birthingway College of Midwifery - 12113 SE Foster Rd., Portland, OR 97266

**Cost:**

**Workshop fee: \$485** Registration Deadline: 12/13/13 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

**Required Course-pack / Books**

Course-pack fee (non-refundable): \$30 Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

**Required textbooks:**

- ♦ Klaus MH, Kennell JH, Klaus PH. *The Doula Book*. 3<sup>rd</sup> ed. 2012.
- ♦ Newman J, Pitman T. *The Ultimate Breastfeeding Book of Answers*. Revised & updated. 2006.
- ♦ Simkin P. *Pregnancy, Childbirth, and the Newborn: The Complete Guide*. 4th Ed. 2010.
- ♦ Gaskin IM. *Ina May's Guide to Childbirth*. 2003.

**Refund Policy:**

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the first class day*. **No refund will be given on or after the first class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.  
 Please detach registration form here.

**Winter 2014 Labor Doula Workshop Registration Form – Registration Deadline 12/13/13 at 4:30pm**

Labor Doula Workshop fee: \$485 + \$30 course-pack fee (non-refundable) = \$515	\$
Please send the course-pack to me. I have included \$6 postage and handling.	\$
\$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 12/13/13	\$
<b>TOTAL</b>	

Payment method: (please circle)     Check/Money Order     Cash     PayPal (please see below)

Legal Name \_\_\_\_\_

Address, City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

- ♦ We must receive this completed registration form AND full payment to register you for this workshop.
- ♦ Please make check/money order payable and mail to the address below.
- ♦ Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
- ♦ If you fax your registration, please call to confirm that we have received it.
- ♦ Please see our Student Handbook and Catalog for college policies available at <http://www.birthingway.edu/for-students/college-catalog.htm>

**OFFICE USE ONLY**

Date/time/payment/initial \_\_\_\_\_

Please route in this order: \_\_\_\_\_ FIN \_\_\_\_\_ REG \_\_\_\_\_ FIN \_\_\_\_\_ TECH \_\_\_\_\_ LRC \_\_\_\_\_ OPS \_\_\_\_\_ SPC \_\_\_\_\_ File

Amount needed to clear registration: \$ \_\_\_\_\_ Amount Paid: \$ \_\_\_\_\_ Date/Time: \_\_\_\_\_

Method: \_\_\_\_\_ Reference #: \_\_\_\_\_

## Community and Student News

### New Faces at Birthingway



Raeben Nolan

Birthingway is happy to welcome **Raeben Nolan** as our Specialized Programs Coordinator for the Labor Doula, Postpartum Doula and Childbirth Educator Programs. A seasoned labor doula and experienced placenta services provider, she has been a part of Portland's birth and postpartum community for over ten years.

Raeben lives with her husband, son and daughter. In her spare time she enjoys cooking, and expanding her herbalism skills. She was recently featured in TIME magazine for her work honoring birth through placenta art!

You can reach her at [raeben@birthingway.edu](mailto:raeben@birthingway.edu).



Raeben's placenta prints

**Katherine Greer, RN, CPM** is currently teaching Well-Woman Gynecology at Birthingway. She is a midwife, certified nationally and licensed in the state of Oregon. She serves families in the greater Portland area who desire midwifery model prenatal care, home birth, and family centered well-woman care.



Katherine Greer

After working at Legacy Emanuel Hospital as an intensive care nurse, she began working at Andaluz Waterbirth Center until 2012 and now her own practice, Tender Roots Midwifery.

She is a mother of three beautiful children, one born at a birth center and two born at home. Needle felting, gardening, reading, and crocheting or knitting fill the few moments in between.

**Welcome!**

### SMAC Advocacy Council

**Student Midwife Advocacy Council (SMAC)** is a student-run organization that fosters connections amongst student midwives from various educational paths, increases student involvement in the professional midwifery community and promotes greater awareness and support in the education of future midwives.

Join us at a **SMAC meeting** during the first Friday of each month from 4pm – 6pm  
Waypost  
(3120 N Williams Ave)  
for networking, information sharing and lively discussion.

#### **SNACKS to Be Offered at Birthingway by SMAC**

The Student Midwife Advocacy Council will sell healthy and affordable snacks as fundraiser to raise money for SMAC events and activities.

These snacks are for purchase; please put proper amount in the jar located in the cupboard. We are operating on the honor system – this means nobody is making sure you pay for the items in this cupboard, nor is there anyone watching over the honor jar.

## **Featured Elective!**

***Do you want to explore effective  
storytelling techniques?***

“After nourishment, shelter and companionship, stories  
are the thing we need most in the world.”

—Philip Pullman



### **Birth Stories (BST211q)**

**Wednesdays**

**January 8, 15, 22 and February 5**

**6-9pm**

**Instructor: Kathryn Constant, MLS**

**Read, write and tell birth stories while learning and exploring effective storytelling techniques. This course helps develop skills that are useful for educating clients, for processing birth experiences, and for use in the peer review setting.**

**To register for this course, complete the registration form  
in the newsletter.**



## Community and Student News Continued

### Weddings and Births

Beatrice Lulu was born August 16<sup>th</sup> to midwifery extension student, **Emilia Smith**, dad Oliver and big sister Clementine. Birthingway alumna and instructor, **Heather Hack-Sullivan** and extension student, **Katrina Bubas Stevens** were the midwives. Beatrice is just delightful.



Beatrice Lulu



Lucas Oliver

On August 11<sup>th</sup> at 12:06 am, second year midwifery student, **Alicia Flanagan** and her partner, Andrew, welcomed their first child, Lucas Oliver Long into the world. He weighed 7 lbs 7 oz and was 20 inches long. "He has brought so much joy and light to lives!"

**Congratulations to all!**

Birthingway faculty, staff member, and alumna, **Jackie Zapp-Albin** (previously Meyer) and Paul Zapp-Albin were married in their backyard on September 7<sup>th</sup>. It was a beautiful late summer intimate celebration with 30 family & friends, including their officiant, college president **Holly Scholles**.



Jackie and Paul Zapp-Albin

## Library News

### Library Hours

**Winter Break Hours**  
Regular Hours resume  
January 5, 2014

**Dec. 14, 2013- January 6 2014**  
10-6:30 Monday-Thursday  
10-5 Friday  
Closed Saturdays

Closed for Christmas Eve, Christmas Day, New Year's Day



### Community Library Cards

Everyone is welcome to come browse the library, read a book, or watch a video. Community members who'd like to borrow materials may purchase a community library card:

**\$15 for three months**  
**\$25 for six months**  
**\$40 for the entire year**

<b>Birthingway Non-credit Workshop:</b>	<b>Description:</b>
<h1>Biodynamic Resuscitation of the Newborn Initial Training</h1>	Birthingway certification in neonatal resuscitation including use of bag/valve/mask. For practitioners who have never been certified in neonatal resuscitation, who want a thorough review, or whose previous training was over two years ago. This certification meets requirements for Oregon licensure and NARM certification. Instructor: Denise Clark, BA, EMT-P

**Date / Time / Location:**  
**Friday, February 7, 2014 ~ 9:00am - 5:30pm**  
**Birthingway College of Midwifery - Foster House 12113 SE Foster Rd., Portland, OR 97266**

**Cost:**  
**Workshop fee: \$105**  
 Registration Deadline: 1/31/14 at 4:30pm . After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

**Required Course-pack / Equipment**  
 Course-pack fee (non-refundable): \$20 Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

**Refund Policy:**  
 Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the first class day*. **No refund will be given on or after the first class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

*Please detach registration form here.*

**Winter 2014 Biodynamic Resuscitation of the Newborn Initial Training – Registration Deadline 1/31/14 at 4:30pm**

Biodynamic Resuscitation of the Newborn Initial Training fee: \$105 + \$20 Course-pack (required) = \$125	\$
Please send the course-pack to me. I have included \$6 postage and handling.	\$
\$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 1/31/14	\$
<b>TOTAL</b>	

**Payment method: (please circle)    Check/Money Order                  Cash                  PayPal (see below)**

**Legal Name** (First, Middle Initial, Last)

**Address, City, State, Zip**

**Phone** \_\_\_\_\_ **Email** \_\_\_\_\_

- ♦ We must receive this completed registration form AND full payment to register you for this workshop.
- ♦ Please make check/money order payable and mail to the address below.
- ♦ Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal payment confirmation with your registration form.
- ♦ If you fax your registration, please call to confirm that we have received it.
- ♦ Please see our Student Handbook and Catalog for college policies available at <http://www.birthingway.edu/for-students/college-catalog.htm>

**OFFICE USE ONLY**

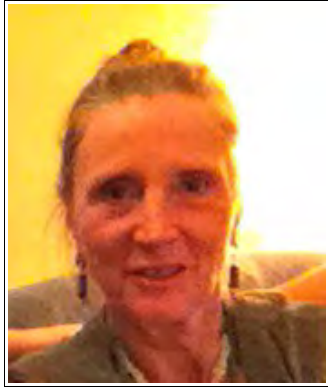
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Please route in this order: \_\_\_\_\_ FIN    \_\_\_\_\_ REG    \_\_\_\_\_ FIN    \_\_\_\_\_ LRC    \_\_\_\_\_ OPS    \_\_\_\_\_ SPC

Amount needed to clear registration: \$ \_\_\_\_\_ Amount Paid: \$ \_\_\_\_\_ Date/Time: \_\_\_\_\_

Method: \_\_\_\_\_ Reference #: \_\_\_\_\_

## **Community Spotlight: Marilyn Milestone, CPM, IBCLC BCM Preceptor Liaison**



### **How has your relationship with Birthingway evolved over the time you've been working here?**

I have been a dedicated preceptor of Birthingway students for many years. I've gone from teaching assistant to teacher in the Midwifery program and student to preceptor in the Lactation program. I have laughed about the many hats I wear at Birthingway: staff, teacher, teaching assistant, and preceptor. I've experienced the growth of Birthingway in many positive ways.

### **Considering you work with both Midwifery and Lactation students, what comparisons do you see in the two programs?**

The depth of learning spreads across both programs. The women attending are where I see some of the greatest differences. Seems like the majority of women that are drawn to the Lactation education have some personal experience that has lead them towards breastfeeding as a profession. The midwifery students seem like they come because they are called to the profession.

I really appreciate that we can have a clinic setting for the Lactation program. I feel that is needed experience that would be hard to get outside the school and a valuable asset to the community at large.

### **Please share about your newly created role as Birthingway's Preceptor Coordinator.**

As the Preceptor Liaison I hope to strengthen the bridges Birthingway has with preceptors. Having been a midwife and preceptor for many years, I am hoping that the midwives in the community will consider me a person they can ask questions of, receive feedback from, and give the college feedback to regarding our students. I want to assist midwives in ironing out wrinkles that may exist or come up in the relationship of teacher/student. At some of the midwifery meetings last month, it was voiced that there is a need for preceptor training. Birthingway is working on that for the future. We so appreciate the gift of giving that midwives make when taking on students. We have a wonderful group of aspiring midwives that we want to make sure continue to learn and practice so they can become valuable members of midwifery communities.

### **In your opinion, how does classroom training and clinical training compliment each other**

It is so important to balance the classroom with the clinical training.

I think it helps embed some of the knowledge. It gives students the opportunity to get their feet wet, so to speak. I think, like all things in life, until one actually does something, we are in a state of imagining what it is like or how we will manage. I think of the analogy of labor for first time moms. Until they experience it they can only imagine what it will be like. And it is always different than one expects.

### **What advice would you give to a Midwifery or Lactation student who is about to start their clinical training?**

Take your time. Absorb as much as possible. Rest well before your shifts, so that you can be at your best. Expect to give back to the practice in many ways. You are not only learning your craft, but you are also exercising the muscles needed to be effective when you are on your own (how to take an effective history, to introduce ideas, etc). Work at making yourselves a valuable team member. I personally have great pride in the women/students that I have worked with in midwifery and breastfeeding.

**If you are interested in becoming a Birthingway preceptor, please contact Nancy Longatan, faculty coordinator, at [nancy@birthingway.edu](mailto:nancy@birthingway.edu)**

## Specialized Programs

### Labor Doula

Our Labor Doula Practicum continues to be very busy. As our program grows, so do the birth leads that come in from the surrounding area. We have several students who joined the practicum this term and many more close to certification. We are very excited to welcome the following to our Labor Doula Practicum:

**Jennifer Ames**  
**Laura Cook**  
**Hollis Proffitt**  
**Hannah Cason**  
**Megan Cook**  
**Christie Chapin**  
**Kathryn Lechner**

And congratulations to **Alexandra Ciso, Morgan Swor** and **Shaina Triasman** for certifying as Birthingway labor doulas! Thank you for all your enthusiasm and dedication to our program.



### Goodbye, Sadie, Hello, Raeben!

We wrapped up a lovely workshop this summer and then said goodbye to **Sadie Eck**, summer workshop instructor and Specialized Programs Coordinator, as she moved to Indiana to be closer to family. We wish her many blessings and know that she will be an incredibly valuable resource to the birth community there!

For more information about the Doula programs or workshops, please contact **Raeben Nolan**, at [raeben@birthingway.edu](mailto:raeben@birthingway.edu).

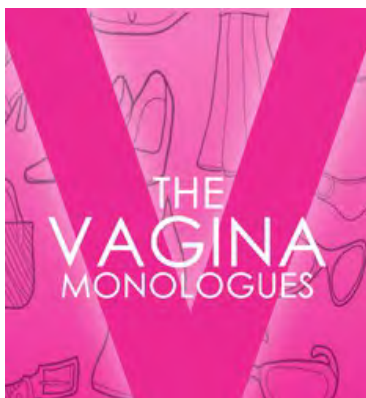
### Postpartum Doula

The students in the Postpartum Doula Program have been very busy working with moms and babies this term. Thank you for all your hard work! We would like to offer a warm welcome to our newest Postpartum Doula Program Students:

**Julia-Rose Furman**  
**Chelsea Bennett**  
**Cre'shea Hilton**  
**Merriah Fairchild**  
**Erin Huskey-Gillis**

Congratulations to **Kelli Erickson, Rebekah Mariott**, and **Kate Doyne** for certifying as a Birthingway postpartum doula! Thank you all for your commitment to serving mothers and families.

\*Artwork done by first year midwifery student, Megan Rood



**Do you have a flair for dramatics?**

**Do you want to work to prevent violence  
against women and girls?**

**Be a part of Birthingway's  
2014 production of *The Vagina Monologues!***

**Email [jena@birthingway.edu](mailto:jena@birthingway.edu)**

**Coming February 2014**



# Birthingway College of Midwifery

**TEXTBOOK ORDER FORM – Winter textbook order/cancel deadline: December 13, 2013 at 4:30pm**

**Student Name:** (required) \_\_\_\_\_

Textbook cancellations or additions will not be accepted after December 13, 2013 **at 4:30pm**. After this date you are responsible to pay for and pick up your books, even if you drop the course.

The cost for the textbooks below will not necessarily reflect the lowest price. Online prices change often. You are not required to order textbooks through Birthingway, but the books listed below are required. You may choose to order texts on your own.

Textbooks should be available the week of December 30th, but times may vary. Please contact the Learning Resources Coordinator with any questions, concerns, or to check on the status of your order. You can contact her via phone or at [brittany@birthingway.edu](mailto:brittany@birthingway.edu).

**You must provide payment with this form unless**

you are eligible for a financial aid disbursement in the term AND have signed at the bottom of this form.

**Be sure to double check your order. Birthingway does not check for repeat orders and cannot be held responsible for any mistakes made by the student.**

Course	Title of Required Textbook	ISBN #	Price	Order \$
<b>Advanced Lactation Case Studies (ACS221q)</b>	Cadwell K, Turner-Maffei C. <i>Case Studies in Breastfeeding: Problem Solving Skills and Strategies</i> . 2004.	0763726001	\$92	
<b>Birth Stories (BST211q)</b>	Maguire J. <i>The Power of Storytelling: Spinning Tales to Connect with Others</i> . 1998.	0874779308	\$19	
<b>Botanicals III (BOT323q)</b>	Gladstar R. <i>Herbal Healing for Women: Simple Home Remedies for Women of All Ages</i> . 1993.	0671767674	\$17	
	Romm A. <i>Botanical Medicine for Women's Health</i> . 2010.	0443072779	\$71	
<b>Breastfeeding II (BRF222q)</b>	Lauwers J, Swisher A. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 5 <sup>th</sup> ed. 2011.	0763780529	\$124	
<b>Communications III (COM113q)</b>	Rosenberg MB. <i>Nonviolent Communication: A Language of Life</i> . 2 <sup>nd</sup> ed. 2003.	1892005034	\$20	
	Siegel DJ. <i>Mindsight: The New Science of Personal Transformation</i> . Reprint ed. 2010.	0553386395	\$17	
<b>Complex Situations I (CPX341q)</b>	Frye A. <i>Holistic Midwifery: A Comprehensive Textbook for Midwives in Homebirth Practice, Volume I</i> . Revised ed. 1998.	189114555X	\$80	
	Frye A. <i>Holistic Midwifery: A Comprehensive Textbook for Midwives in Homebirth Practice, Volume II</i> . 2004.	1891145606	\$125	
	Frye A. <i>Understanding Diagnostic Tests in the Childbearing Year: A Holistic Approach</i> . 7 <sup>th</sup> ed. 2007.	1891145568	\$66	
	Varney H, Kriebs JM. <i>Varney's Midwifery</i> . 4 <sup>th</sup> ed. 2003.	0763718564	\$130	
	Weatherby D, Ferguson S. <i>Blood Chemistry and CBC Analysis: Clinical Laboratory Testing from a Functional Perspective</i> . 2002.	0976136716	\$65	
<b>Differential Diagnosis (DIF441q)</b>	Frye A. <i>Holistic Midwifery: A Comprehensive Textbook for Midwives in Homebirth Practice, Volume I</i> . Revised ed. 1998.	189114555X	\$80	
<b>Hematology Skills (HEM311q)</b>	Kiechle F. <i>So You're Going to Collect a Blood Specimen: An Introduction to Phlebotomy</i> . 13 <sup>th</sup> ed. 2010.	0930304985	\$25	
	Varney H, Kriebs JM. <i>Varney's Midwifery</i> . 4 <sup>th</sup> ed. 2003.	0763718564	\$130	
<b>Homeopathy I (HOM121q)</b>	Gerachty B. <i>Homeopathy for Midwives</i> . 1997.	0443057087	\$48	
<b>Infancy (INF121q)</b>	Gopnik A. <i>The Philosophical Baby: What Children's Minds Tell Us About Truth, Love and the Meaning of Life</i> . Reprint ed. 2010.	0312429843	\$17	
	Klaus MH, Klaus PH. <i>Your Amazing Newborn</i> . 1999.	073820188X	\$20	
	Small MF. <i>Our Babies, Ourselves: How Biology and Culture Shape the Way We Parent</i> . 1999.	0385483627	\$18	

<b>Labor Doula Workshop</b>	Gaskin IM. <i>Ina May's Guide to Childbirth</i> . 2003.	0553381156	\$18	
	Klaus MH, Kennell JH, Klaus PH. <i>The Doula Book</i> . 3 <sup>rd</sup> ed. 2012.	0738215066	\$19	
	Newman J, Pitman T. <i>The Ultimate Breastfeeding Book of Answers</i> . Revised and Updated ed. 2006.	0307345580	\$20	
	Simkin P. <i>Pregnancy, Childbirth, and the Newborn: The Complete Guide</i> . 4 <sup>th</sup> ed. 2010.	143917511X	\$16	
<b>Nutrition (NUT131q)</b>	Selections from Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy</i> . <b>Selections include only the <u>required</u> readings for the <i>Nutrition</i> course for <b>Community students and Lactation Consultant students</b>. Midwifery students should already have this book. If you still wish to purchase the <u>entire</u> book, please mark one of the above options for <i>Holistic Midwifery Volume I</i>.</b>		\$11	
<b>Plant Medicine III (PLM223q)</b>	Green J. <i>The Herbal Medicine-Maker's Handbook: A Home Manual</i> . 2000.	0895949903	\$23	
<b>Postpartum (PTM251q)</b>	Davis E. <i>Heart and Hands: A Midwife's Guide to Pregnancy and Birth</i> . 5 <sup>th</sup> ed. 2012.	1607742438	\$35	
	Frye A. <i>Holistic Midwifery: A Comprehensive Textbook for Midwives in Homebirth Practice, Volume II</i> . 2004.	1891145606	\$125	
	Frye A. <i>Understanding Diagnostic Tests in the Childbearing Year: A Holistic Approach</i> . 7 <sup>th</sup> ed. 2007.	1891145568	\$66	
	Lumsden H, Holmes D. <i>Care of the Newborn by Ten Teachers</i> . 2010.	0340968419	\$39	
	Varney H, Kriebs JM. <i>Varney's Midwifery</i> . 4 <sup>th</sup> ed. 2003.	0763718564	\$130	
<b>Postpartum Skills (PTM211q)</b>	Frye A. <i>Holistic Midwifery: A Comprehensive Textbook for Midwives in Homebirth Practice, Volume II</i> . 2004.	1891145606	\$125	
<b>Running a Midwifery Practice (PRP411q)</b>	Davis E. <i>Heart and Hands: A Midwife's Guide to Pregnancy and Birth</i> . 5 <sup>th</sup> ed. 2012. (The old edition you purchased your first year will also be acceptable).	1607742438	\$35	
	Sohnen-Moe CM. <i>Business Mastery: A Guide for Creating a Fulfilling, Thriving Business and Keeping it Successful</i> . 4 <sup>th</sup> ed. 2008.	0962126578	\$38	

**TOTAL for textbooks/kits----- \$**

**Courses with no required textbooks:**

**Lactation Consultant Practice Protocols (LPP211q), Independent Study, Massage for Midwives (MAS121q), Perinatal Psychology for Lactation Consultants (PLS211q), Pharmacology (PHR421q), Practice Materials (PRP411qa), Research Project (RSP411q)**

Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. By paying through PayPal, you agree to PayPal and Birthingway's terms and conditions.

***You must include a copy of your PayPal payment confirmation if paying by PayPal, or your registration will be incomplete and delayed until confirmation is received.***

**Printed Name:** \_\_\_\_\_

By signing below, I am agreeing to pay for the above textbook order either by providing payment with this complete form or by authorizing use of my student aid funds for the charges listed on this form. I understand any charges not covered by aid will be due upon receipt of a statement.

**Signature (required):** \_\_\_\_\_ **Date:** \_\_\_\_\_

Office Use Only:

Date/Time/Payment/Initial \_\_\_\_\_

Please route in the following order: \_\_\_\_\_ FIN \_\_\_\_\_ LRC FILE

STUDENT LEGAL NAME: \_\_\_\_\_

**Birthingway College of Midwifery ~ Winter 2013 Registration**

Registration for Enrolled Students begins December 2, 2013 at 8:30am

Registration for Community Students begins December 9, 2013 at 8:30am

**REGISTRATION DEADLINE: December 13, 2013 at 4:30pm. After that date, an additional \$75 late fee is required.**

Tuition: \$400 per credit.		
Advanced Lactation Case Studies (ACS221q) 2 credits X \$400 per credit + \$14 course-pack =	\$ 814.00	\$
Birth Stories (BST211q) 1 credit X \$400 per credit =	\$ 400.00	\$
Botanicals III (BOT323q) 2 credits X \$400 per credit =	\$ 800.00	\$
Breastfeeding II (BRF222q) 2 credits X \$400 per credit + \$6 course-pack = This is one of a 4-part sequence required to complete Birthingway's AARC approved lactation education program. To be in the program, you must register for all four courses separately.	\$ 806.00	\$
Communications III (COM113q) 1 credit X \$400 per credit + \$3 course-pack =	\$ 403.00	\$
Homeopathy I (HOM121q) 2 credits X \$400 per credit + \$60 lab fee =	\$ 860.00	\$
Infancy (INF121q) 2 credits X \$400 per credit =	\$ 800.00	\$
Lactation Consultant Practice Protocols (LPP211q) 1 credit X \$400 per credit =	\$ 400.00	\$
Massage for Midwives (MAS121q) 2 credits X \$400 per credit + \$40 lab fee =	\$ 840.00	\$
Nutrition (NUT131q) 3 credits X \$400 per credit + \$20 course-pack =	\$1220.00	\$
Perinatal Psychology for Lactation Consultants (PSL211q) 1 credit X \$400 per credit + \$83 course-pack =	\$ 483.00	\$
Pharmacology (PHR421q) 2 credits X \$400 per credit + \$10 course-pack + \$45 lab fee =	\$ 855.00	\$
Plant Medicine III (PLM223q) 2 credits X \$400 per credit + \$18 course-pack + \$40 lab fee =	\$ 858.00	\$
Independent Study Please see Course Offering for description	Please use separate form.	
Midwifery Program Students Only:		
Complex Situations I (CPX341q) 4 credits X \$400 per credit + \$32 course-pack =	\$1632.00	\$
Differential Diagnosis (DIF441q) 4 credits X \$400 per credit + \$9 course-pack =	\$1609.00	\$
Hematology Skills (HEM311q) 1 credit X \$400 per credit + \$9 course-pack + \$92 lab fee =	\$ 501.00	\$
Postpartum (PTM251q) 5 credits X \$400 per credit + \$90 course-pack =	\$2090.00	\$
Postpartum Skills (PTM211q) 1 credit X \$400 per credit + \$40 lab fee =	\$ 440.00	\$
Practice Materials (PRP411qa) 1 credit X \$400 per credit + \$80 lab fee =	\$ 480.00	\$
Running a Midwifery Practice (RUN331q) 3 credits X \$400 per credit + \$44 course-pack =	\$1244.00	\$
Research Project (RSP411q) 1 credit To register, you must turn in a <i>Registration Form for Research Project</i> and payment by the first day of the term. This form is available here: <a href="http://www.birthingway.edu/registration.htm">www.birthingway.edu/registration.htm</a> .	Please use separate form.	
<input type="checkbox"/> I intend to register for Clinical Training Credit this term. To register, you must turn in a completed <b>Clinical Training Credit Registration Form</b> available at <a href="http://www.birthingway.edu/registration.htm">www.birthingway.edu/registration.htm</a> If this is your first time registering for Clinical Training credit, please contact your Program Coordinator.		
<input type="checkbox"/> I am working with this preceptor: _____ (Preceptor Name)		
<b>&gt;&gt; PLEASE TELL US WHO YOU ARE WORKING WITH EVEN IF YOU AREN'T TAKING CREDITS.</b> Your preceptor must be approved by Birthingway. If you're not sure, please check with the Faculty Coordinator.		
Do you intend to graduate in this term or the next? (please circle one)	Yes	No
If "Yes", please schedule a meeting with your Program Coordinator to discuss the graduation process.		
Registration Fees (Required for all students):		
	TECHNOLOGY FEE	\$ 26.00
	REGISTRATION FEE	\$ 55.00
<b>LATE REGISTRATION FEE \$75 (due in addition to the Registration Fee if received after 4:30pm on December 13, 2013)</b>		
	<b>TOTAL</b>	\$

Registrations are accepted by mail or fax; walk-in's are accepted in the front office during office hours only (please see [www.birthingway.edu](http://www.birthingway.edu) for listed hours). Registrations will be date/time stamped in order of receipt. Registrations received BEFORE registration begins will be processed after 4:30pm on registration day, in order of receipt. Registrations received AFTER 4:30pm on the registration deadline will incur a \$75 late registration fee. If you fax your registration (503-760-3332) it is *your responsibility* to call and confirm that we have actually received your fax. If your fax doesn't go through, your registration will not be complete and could also result in late fees. **Several courses have readings due the first day of class. Please check with the front office for the availability of the syllabus and/or course-pack ten days before the start of each course.**

**>> PLEASE COMPLETE THE REVERSE SIDE OF THIS FORM <<**





## Birthingway College of Midwifery COURSE OFFERING – Winter 2014

~ All courses have a minimum of 5 students and a maximum of 16 students unless otherwise noted. ~

<b>Advanced Lactation Case Studies (ACS221q)</b>	2 Cr	6 Sessions	Thursdays : 1/9, 1/16, 1/23, 1/30, 2/6, 2/13/14	1:00pm–4:30pm	Carlton House
<b>Prerequisite:</b> All Lactation Program coursework complete or in progress. Students will have an opportunity to create their own cases to present to their peers, as well as solving differential diagnosis scenarios. Includes all pieces of the consultant's practice such as history taking, assessment, charting, plan development and follow-up. Taught by Melissa Cole, IBCLC					
<b>Birth Stories (BST211q)</b>	1 Cr	4 Sessions	Wednesdays: 1/8, 1/15, 1/22, 2/5/14	6:00pm–9:00pm	Foster House
<b>Maximum 8 students.</b> Read, write and tell birth stories while learning and exploring effective storytelling techniques. This course helps develop skills that are useful for educating clients, for processing birth experiences and for use in the peer review setting. Taught by Kathryn Constant, MLS					
<b>Botanicals III (BOT323q)</b>	2 Cr	7 Sessions	Mondays: 1/13, 1/27, 2/10, 2/17, 2/24, 3/3, 3/10/14	9:00am–12:00pm	Carlton House
<b>Prerequisite: Botanicals II (BOT332q)</b> Study specific herbs that are versatile and effective for a variety of conditions in women's health and in midwifery applications. Students create treatment plans for "client" classmates using botanical medicine, modifying as necessary and charting appropriately. Botanicals III will be offered as a 1 credit course in winter 2013 and will be offered as a 2 credit course beginning winter 2014. The 2012 matriculating class must meet the 2 credit hour requirement. Taught by Mindy Cash, ND, MSOM, BS					
<b>Breastfeeding II (BRF222q)</b>	2 Cr	5 Sessions	Tuesdays: 2/4, 2/11, 2/25, 3/4, 3/11/14 (make up day 3/18/14)	9:30am–1:30pm	Carlton House
<b>Prerequisite: Breastfeeding I (BRF111q)</b> Students expand on their knowledge from BRF211 to assess and treat breastfeeding problems. Students utilize case studies and research projects to develop skills such as how to take a breastfeeding history of mother and baby, identification of presenting problems, and integrating counseling and education strategies into their breastfeeding support. Taught by Adrienne Fuson, IBCLC, LMT, CD					
<b>Communications III (COM113q)</b>	1 Cr	4 Sessions	Fridays: 1/24, 2/7, 2/21, 3/7/14 (make up day 3/21/14)	9:00am–12:00pm	Foster House
<b>Prerequisite: Communication II (COM112q).</b> The final course in the communication series continues development of communication skills with an emphasis on working with peers and other health care providers. Taught by Celeste Kersey, BA, CPM, LDM					
<b>Complex Situations I (CPX341q)</b>	4 Cr	12 Sessions	Tuesdays: 1/7, 1/14, 1/21, 1/28, 2/4, 2/11, 2/18, 2/25, 3/4, 3/11, 3/18, 3/25/14	9:00am–12:30pm	Foster House
<b>Prerequisites: Intrapartum (INT251q), Fetal Assessment (FET211q).</b> Using lecture, discussion and case studies, this course covers anemia, clotting issues (thrombophilias, deficiencies, DIC), respiratory issues (asthma, amniotic fluid embolism, pulmonary embolism), energy issues (diabetes, hypoglycemia, eating disorders), liver problems (HELLP, acute fatty liver, intrahepatic cholestasis (ICP)), thyroid issues, and dermatologic conditions (PUPPP, HG). Taught by Nichole Reding, MA, CPM					
<b>Differential Diagnosis (DIF441q)</b>	4 Cr	12 Sessions	Thursdays: 1/9, 1/16, 1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20, 3/27/14	9:00am–12:15pm	Foster House
<b>Prerequisites: All midwifery core courses, Fetal Assessment (FET211q), Sexually Transmitted Infections (STI311q), Human Genetics (GEN231q), Breastfeeding II (BRF222q)</b> This is a capstone course; we recommend all midwifery courses are complete or in progress before taking this course. Using student created <i>Signs and Symptoms</i> book and protocols, students present case studies for differential diagnosis by their classmates. Students also create practice guidelines for antepartum, intrapartum, postpartum, and maternal and infant care, as well as develop risk assessment guidelines and client care checklists. Taught by Holly Scholles, MA, CPM, LDM					
<b>Hematology Skills (HEM311q)</b>	1 Cr	12 Sessions	Tuesdays: 1/7, 1/14, 1/21, 1/28, 2/4, 2/11, 2/18, 2/25, 3/4, 3/11, 3/18, 3/25/14	3:00pm–5:00pm	Foster Skills
<b>Prerequisite: Prenatal Skills (PRE211q)</b> Skills covered include hemoglobin, hematocrit, and glucose evaluations with in-office devices. Venipuncture skills are also covered, including vacutainer, syringe and butterfly devices, as well as introduction to IV skills. Taught by Denise Clark, BS, EMT-P					
<b>Homeopathy I (HOM121q)</b>	2 Cr	5 Sessions	Mondays: 1/27, 2/3, 2/10, 2/17, 2/24/14	9:00am–1:00pm	Foster House
An introduction to the concepts and laws of homeopathy, focusing on the use of homeopathic medicine in first aid and midwifery. This is primarily a lecture-based class, with some hands on learning experiences. Taught by Jennifer Means, ND					
<b>Independent Study</b>					
Student led independent research with an approved faculty member. Students interested in pursuing an Independent Study must initially complete an <i>Intent Form</i> designating the proposed topic, advisor and credit value. Please meet with your program coordinator or the Faculty Coordinator for more information. Allow seven weeks prior to the term in which you will pursue the Independent Study to complete all preparatory steps. Course number will be determined by the Academic Coordinator based on rigor and amount of work.					

## Birthingway College of Midwifery COURSE OFFERING – Winter 2014

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<b>Infancy (INF121q)</b>	2 Cr	7 Sessions	Tuesdays: 1/7, 1/14, 1/28, 2/11, 2/25, 3/4, 3/18/14	2:00pm–5:00pm	Carlton House
This course covers newborn behavior, development, bonding and attachment, and childrearing including attachment parenting from an ethnopediatric perspective. Taught by Heather Hack-Sullivan, BSM, CPM, LDM					
<b>Lactation Consultant Practice Protocols (LPP211q)</b>	1 Cr	4 Sessions	Thursdays: 1/9, 1/16, 1/23, 1/30/14 (make up day 2/6/14)	9:30am–12:30pm	Carlton House
<b>Prerequisite: All Lactation Program courses must be completed or in progress.</b> A capstone course in which we review our protocols, informed choice agreements and info sheets, and create a final binder of these. Taught by Adrienne Fuson, IBCLC, LMT, CD					
<b>Massage for Midwives (MAS121q)</b>	2 Cr	Fri – Sun	Friday 2/28/14: 5:00pm – 9:00pm. Saturday 3/1/14 and Sunday 3/2/14: 9:00am – 5:00pm		Carlton House
<b>Maximum 8 students.</b> An introduction to the psychology of touch, we learn basic massage techniques with an emphasis on pregnancy and postpartum. Taught by Bonnie McAnnis, BA, LMT					
<b>Nutrition (NUT131q)</b>	3 Cr	10 Sessions	Mondays: 1/6, 1/13, 1/27, 2/10, 2/17, 2/24, 3/3, 3/10, 3/17, 3/24/14	1:00pm–4:00pm	Foster House
Overview of nutrition concepts including macro- and micro-nutrients, use of supplements, diet analysis, and applications for pregnancy and postpartum. Taught by Mindy Cash, ND, MSOM, BS					
<b>Perinatal Psychology for Lactation Professionals (PSL211q)</b>	1 Cr	4 Sessions	Mondays: 2/10, 2/17, 2/24, 3/3/14	4:30pm–7:30pm	Carlton House
This course explores the transitional stages of the family life cycle; the transformational shift of identity into motherhood; the personal and cultural pressures associated with breastfeeding; the impact of the birth experience on the postpartum; working with women suffering from birth trauma or postpartum depression; fears common to new mothers and fathers; and the impact of parenthood on the couple relationship. Taught by Brooke Noli, MA					
<b>Pharmacology (PHR421q)</b>	2 Cr	7 Sessions	Thursdays: 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20/14 (make up day 3/27)	6:00pm–9:00pm	Foster House
<b>Prerequisites: All first year midwifery core courses must be complete.</b> Registration for this course limited to midwifery program students, midwives, and approved community students. Basic pharmacology theory, legend drugs and devices used in a midwifery practice, and administration of medications including injection techniques. Course meets Legend Drugs and Devices initial education requirements for Pharmacology and Medications by Injection required for Oregon midwifery licensure. Taught by Pamela Echeverio, BSM, CPM, LDM					
<b>Plant Medicine III (PLM223q)</b>	2 Cr	7 Sessions	Wednesdays: 1/29, 2/5, 2/12, 2/19, 2/26, 3/5, 3/12/14	1:30pm–4:30pm	Carlton House
<b>Prerequisite: Plant Medicine II (PLM222q).</b> Learn preparation of syrups, cordials and elixirs, as well as lozenges and suppositories, oxymels and electuaries. Create herbal formulas and prescriptions. This course includes a field trip. Taught by Cari Nyland, ND					
<b>Postpartum (PTM251q)</b>	5 Cr	12 Sessions	Wednesdays: 1/8, 1/15, 1/22, 1/29, 2/5, 2/12, 2/19, 2/26, 3/5, 3/12, 3/19, 3/26/14	9:00am–1:15pm	Foster House
Prerequisites: Intrapartum (INT251q). Co-requisite: Postpartum Skills (PTM211q). This course covers unique fetal anatomy and physiology, fetal transformation, newborn examination and gestational age assessment. In addition, learn neonatal procedures; behavioral states; breastfeeding; infant postpartum assessment, care and complications; maternal assessment and care; maternal postpartum complications; postpartum emotional disorders. Taught by Lucina Armstrong, BA, CPM, LDM, IBCLC					
<b>Postpartum Skills (PTM211q)</b>	1 Cr	12 Sessions	Wednesdays: 1/8, 1/15, 1/22, 1/29, 2/5, 2/12, 2/19, 2/26, 3/5, 3/12, 3/19, 3/26/14	3:00pm–5:00pm	Foster House
<b>Co-requisite: Postpartum (PTM251q).</b> Skills covered include newborn physical and gestational age exam and evaluation, use of growth charts, blood estimation, placenta examination. Taught by Heather Hack-Sullivan, BSM, CPM, LDM					
<b>Practice Materials (PRP411qa)</b>	1 Cr	5 Sessions	Wednesdays: 1/22, 1/29, 2/5, 2/19, 3/12/14	4:45pm–7:00pm	Carlton House
<b>Prerequisites: All required midwifery program courses must be completed or in progress. For Midwifery students who matriculated 2011 or earlier. Deadline to register for this course is December 13, 2013. Maximum of 5 students.</b> This capstone course brings together student work created throughout the midwifery curriculum, compiled into a resource used in practice scenarios with a standardized patient. Taught by Celeste Kersey, BA, CPM, LDM					

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<b>Research Project (RSP411q)</b>	1 Cr				
<p><b>Prerequisite: Research Methods.</b> Registration for this course limited to midwifery program students. This course focuses on the design and implementation of a research project, including definition of a topic, literature review, creation of bibliography and the production of a research paper. Please download a <b>Research Project Registration Packet</b> at <a href="http://www.birthingway.edu/registration.htm">www.birthingway.edu/registration.htm</a> or request one in the front office. <b>A completed Research Project Registration Form must be turned in (with payment) by the first day of the term to register.</b></p>					
<b>Running a Midwifery Practice (RUN331q)</b>	3 Cr	11 Sessions	Thursdays: 1/9, 1/16, 1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20/14	2:15pm–5:00pm	Foster House
<p>This course explores developing and structuring a practice, including deciding which products and services to offer. Covers business management and bookkeeping, informed consent, malpractice, legal concepts and requirements. Also includes getting reimbursed, working with insurance companies and HIPAA compliance. Students produce a complete Business Plan and a community resource tool. Taught by Susan Moray, CPM, LDM</p>					
<b>FIRST YEAR MIDWIFERY PROGRAM LUNCH</b>	Wednesdays: 1/8, 1/15, 1/22, 1/29, 2/5, 2/12, 2/19, 2/26, 3/5, 3/12, 3/19, 3/26/14			1:15pm–2:00pm	Foster House
<b>FIRST YEAR MIDWIFERY PROGRAM COHORT</b>	Wednesdays: 1/8, 1/15, 1/22, 1/29, 2/5, 2/12, 2/19, 2/26, 3/5, 3/12, 3/19, 3/26/14			2:00pm–3:00pm	Foster House
<b>SECOND YEAR MIDWIFERY PROGRAM LUNCH</b>	Tuesdays: 1/7, 1/14, 1/21, 1/28, 2/4, 2/11, 2/18, 2/25, 3/4, 3/11, 3/18, 3/25/14			12:30pm–1:30pm	Foster House
<b>SECOND YEAR MIDWIFERY PROGRAM COHORT</b>	Tuesdays: 1/7, 1/14, 1/21, 1/28, 2/4, 2/11, 2/18, 2/25, 3/4, 3/11, 3/18, 3/25/14			1:30pm–3:00pm	Foster House
<b>THIRD YEAR MIDWIFERY PROGRAM LUNCH</b>	Thursdays: 1/9, 1/16, 1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20, 3/27/14			12:15pm–1:00pm	Foster House
<b>THIRD YEAR MIDWIFERY PROGRAM COHORT</b>	Thursdays: 1/9, 1/16, 1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20, 3/27/14			1:00pm–2:15pm	Foster House
<b>LACTATION PROGRAM COHORT</b>	TBA				Carlton House