Birthingways Welcomes
New Students and Acknowledges
Core Completion Students

Birthingway is about new beginnings in the spring, as it marks the start of incoming first year midwifery and lactation students. We are proud to announce our 2014 matriculating cohorts.

Congratulations to our core completion students. We are so proud of you.

Midwifery Program
Katherine Adams
Calla Maria Davis-Bozer
Liz Clary
Megan Coppock
Sharon Evans
Kyla Carstensen
Desiree Lang
Suzanne Koenig
Amanda Maier
Valerie Schlait
Regan Vickery
Talia Wang
Erin Yocom
Melissa Wiseman

Lactation Program
Erin Gillis
Ara Greenfield
Krystal Key
Lulu Rudolph
Elka Sundwall
Sarah Longwell
Georgina Mora-Higa

Are you interested in learning about the paths to becoming a Midwife or Lactation Consultant?
Learn more at our workshops
So, You Want to Be a Midwife?
Sunday, August 3, 2014
So, You want to Be a Lactation Consultant?
Wednesday, September 10, 2014

Summer Calendar

School Closed for Memorial Day 5/26/14
End of the Term 7/4/14
School Closed for Independence Day 7/4/14
Summer Term Begins 7/7/14
So, You Want to Be a Midwife? Workshop 8/3/14
So, You Want to Be a Lactation Consultant? Workshop 9/10/14
Fall Term Begins 9/15/14

We are all grateful for those who chose Birthingway to pursue their passion in the midwifery arts and sciences.
So, You Want To Be a Midwife?
An exciting workshop for prospective midwifery students.
Sunday, August 3, 2014, 9:00am - 5:00pm
Birthingway College of Midwifery
12113 SE Foster Road, Portland, OR 97266  Ph: 503.760.3131  Fax: 503.760.3332  info@birthingway.edu  www.birthingway.edu
Cost on or before July 25, 2014 - $70 (add $10 for each accompanying guest)
Cost after July 25, 2014 - $80 (add $15 for each accompanying guest)
Schedule includes:
* Sign-in, settle in (coffee, tea and light snack available)
  * Welcome and introductions
  * All about Birthingway
* Paths to midwifery: Direct Entry, CNM, and ND
  * Students discuss their experiences
  * Delicious Lunch (provided)
* Midwives’ families discuss living with a midwife
  * Midwives tell their stories
  * Questions, discussion, and conclusions

REFUND POLICY: Written notice of refund request must be received no later than seven days prior to the day of the workshop to receive a 95% refund. After that date, no refund will be given. Minimum workshop size is six people. If the minimum enrollment is not achieved, the workshop will be canceled and all fees will be refunded.

Please register me for So, You Want To Be a Midwife? — Sunday, August 3, 2014
Cost on or before July 25, 2014 - $70 (add $10 for each accompanying partner, spouse, parent)
Cost after July 25, 2014 - $80 (add $15 for each accompanying guest)
Total Amount Enclosed: $______________  Total Number Attending: ______________
☐ I am enclosing a check or money order with my registration form.
☐ I am paying with a credit card through PayPal (see below) and mailing or faxing my registration form.

Legal First Name                                  Legal Middle Initial                Legal Last Name
____________________________________________________________________________________________
Address, City, State, Zip
____________________________________________________________________________________________
Phone                E-Mail
• We must receive this completed registration form AND full payment to register you for this workshop.
• Please make check/money order payable to Birthingway College and mail to the address above.
• Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
• If you fax your registration, please call to confirm that we have received it.

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Date/time/payment/initial ______________________________

Please route in this order: FIN  REG  FIN  LRC  OPS  SPC  MPC  File

Amount needed to clear registration: $______________  Amount Paid: $______________  Date/Time: ______________________________

Method: ________________  Reference #: ________________
Welcome New Staff

Mel MacManiman

Melissa “Mel” MacManiman recently joined our staff as Operations Coordinator. She was born in Rhode Island, but raised in Eastern Oregon, and is a dog-mom to her rambunctious, rescue pups Scout and Bernie.

Mel is a licensed hair stylist and esthetician, but her true passion is photography. In 2013 she started her photography business Sommessa and is excited to dive into the birth community with plans to add birth and newborn photography services.

In her free time, she loves to cook tasty vegan food, go to metal concerts with her husband, and a volunteer at animal sanctuaries.

Mel is extremely happy to be a part of the Birthingway community!

Natalie Hutchison is thrilled to join Birthingway as the Learning Resources Coordinator.

Before moving to Portland she lived in New York where she sought out work with environmental non-profits. She also spent two years in Morocco serving as a Peace Corps volunteer.

When she's not at work, you will probably find her outside or in the kitchen.

Between gardening at home or at the Mount Tabor Community garden she always seems to find an excuse to play in the dirt. She enjoys preserving her bounty and is happy to have a pantry that would make her grandmother proud because it is filled to the brim with home canned goods.

Birthingway Grounds

Hello sunshine! What a welcome sight you are for our campus!

The trees are leafing out and flowers are blooming!

Our campus continues to change and grow as time goes by. All the native plants we installed over the past few years are thriving and have started getting notably larger. The bulbs are returning and other fruiting and flowering plants are coming back to life.

One big change we’re in the middle of is unifying what seemed like two separate campuses. The property at Carlton and at Foster had previously been separated by a chain-link fence and overgrown shrubs. That fence has already been removed and the shrubs are slowly being removed. Keep an eye out for more flowers, bird houses, some fruits, and lots more open air on the now unified campus!

Thank You!

Birthingway's second annual Plant In on Tuesday, March 11th was a fun family event! Thank you to all the community members for donations and time spent planting. A big thank you to board member, Polly Gottesman, and the families of Desi Lang and Megan Bergstrom. A special thank you to Portland Nursery and Pumpkin Ridge Gardens for the donations of soil, strawberries, herbs, and flower seeds.
### Description:
Lecture, readings and practical skills for providing emotional and physical support for women in labor and immediate postpartum. This course constitutes one step towards Birthingway’s Labor Doula Certification and also meets the prerequisite for admission to our midwifery program. Instructor: Stacey Marshall, IBCLC, CD (DONA)

### Date / Time / Location:
Mondays 8 sessions: 7/7, 7/14, 7/21, 7/28, 8/4, 8/11, 8/18, 8/25/14 from 5:00pm - 8:30pm
Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

### Cost:
**Workshop fee:** $495
*Registration Deadline: 6/30/14 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.*

#### Required Course-pack / Books
Course-pack fee (non-refundable): $34
Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

#### Required textbooks:

### Refund Policy:
Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded **up to the first class day**. Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

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### Summer 2014 Labor Doula Workshop Registration Form – Registration Deadline 6/30/14 at 4:30pm

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**Payment method: (please circle) Check/Money Order Cash PayPal (please see below)**

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- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable to Birthingway College and mail to the address below.
- Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
- If you fax your registration, please call to confirm that we have received it. If your fax doesn’t go through, your registration will not be complete, and could also result in late fees or missing the opportunity to register.
- Please see our Student Handbook and Catalog for college policies available at http://www.birthingway.edu/for-students/college-catalog.htm

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Birthingway College of Midwifery - 12113 SE Foster Rd., Portland Oregon, 97266 - p) 503.760.3131 - f)503.760.3332 - www.birthingway.edu
Community and Student News Continued

Birth Announcements

Jackie Zapp-Albin welcomes Solomon Ira who was born after 42 weeks and 6 days of pregnancy on January 26, 2014. He is a lovely 8 lbs., 2 oz., and 20 inches long.

Mama and Baby are well, and big brother Abe is entranced. Solomon is an amazing nurser and clone of his Papa.

“I Just wanted to say that my schooling through Birthingway gave me the strength and education to attempt this VBAC!!” - Cre'shea Hilton, Labor Doula Graduate.

On February 13, Labor Doula graduate, Cre'shea Hilton had a successful VBAC!!! She welcomed a baby boy, Scout Coghlan Hilton 9lbs 5oz and 21 3/4 inches long!!

She had a labor doula, a wonderful and supportive husband and an OB helping her along the way.

“Wow, did that just happen? Did I just do that?”

New Faculty

Birthingway College welcomes Carissa Niemyer who will begin teaching the postpartum doula workshop spring term 2014.

She began her work as a birth and postpartum doula in 2007. Inspired by the births of her two daughters, she entered this work with the desire to help families feel empowered to choose their birth and parenting stories instead of feeling like those stories are happening to them.

When she's not up all night with new babes, she runs a coffee shop here in Portland as well as working as a judge for barista competitions.

Library News

Library Summer Hours

Please check the Birthingway College Web site for the Library’s Summer Hours

Birthingway.edu

Community Library Cards

Everyone is welcome to come browse the library, read a book, or watch a video. Community members who’d like to borrow materials may purchase a community library card:

$15 for three months
$25 for six months
$40 for the entire year
Resuscitation Workshops

Date / Time / Location:

Biodynamic Resuscitation of the Newborn Renewal ~ Friday 5/9/2014 from 8:00am - 1:00pm *This is a renewal class, so you must provide a copy of your current neonatal resuscitation card when registering.*

AHA Healthcare Provider CPR Certification ~ Friday 5/9/2014 from 1:30pm - 4:30pm

Birthingway College of Midwifery - 12113 SE Foster St., Portland, OR 97266

Cost:

Biodynamic Resuscitation of the Newborn Renewal: $80
AHA Healthcare Provider CPR Certification: $50

Registration Deadline: 5/2/2014 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Refund Policy:

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Spring 2014 Resuscitation Workshops Registration Form – Registration Deadline 5/2/2014 at 4:30pm

Biodynamic Resuscitation of the Newborn Workshop fee: $80 *(please provide a copy of your current neonatal resuscitation card when registering)* $

AHA Healthcare Provider CPR Certification Workshop fee: $50 $

$75 Late Registration fee *(non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 5/2/2014* $

TOTAL $

Payment method: (please circle) Check/Money Order Cash PayPal (see below)

Email (Please add me to the Birthingway Newsletter □)

• We must receive this completed registration form, full payment, and a copy of your current neonatal resuscitation certification card to register for the Biodynamic Resuscitation of the Newborn Workshop.
• Please make check/money order payable to Birthingway College and mail to the address below.
• Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
• If you fax your registration, please call to confirm that we have received it. If your fax doesn't go through, your registration will not be complete, and could also result in late fees or missing the opportunity to register.
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Method: __________________________________________

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Birthingway College of Midwifery - 12113 SE Foster Rd., Portland Oregon, 97266 - p) 503.760.3131 - f)503.760.3332 - www.birthingway.edu
Community Spotlight

Joceyln Brown, CPM, LDM

During that time, I was also building my practice, Borealis Birth, as well as assisting at Vivante Midwifery and working as a postpartum midwife with Andaluz Waterbirth Center.

Where are you practicing now?

Borealis Birth! I love running my own practice and attracting my own clientele. It's a lot of work but I didn't realize what a creative outlet it would be for me. I still do postpartum work for Andaluz. I love the stability of the shift system there, and working with mamas and babies in the immediate postpartum is so sweet and a nice change from birth work.

What was one powerful or important thing that you learned at Birthingway that you think others should or would like to know about? You can always say more than one thing too!!

I went through so many changes at Birthingway. I feel like I sort of fell apart and lost myself when I was in school. Then it took me a couple of years to piece myself back together and figure out what kind of a midwife I really want to be, and of course that never stops evolving.

Learning from all the teachers at Birthingway and at the same moment in time learning from all the midwives in my clinical training forced me to learn compassion for every midwife. We are all human and all different and all have slightly different ways of practicing.

What we all have in common of course is that we are all working our asses off for the well-being of our clients!

Now that you are a new Birthingway preceptor, how do you perceive having been a student here will affect how you work with students?

I remember when I started my clinical training getting the distinct feeling that a few of the midwives thought I was judging them. I remember thinking, "Lady, I'm clueless. Why do you care what I think?"

It was challenging and it fed my own insecurities. I hope I can go into my work with students standing by my decisions, admitting my mistakes, and having honest, open conversations when students have questions or concerns.

Also, students are always hitting the books and learning the most recent practice guidelines, so they know handy things and can be great resources. I hope I can learn from the students as much as as they are learning from me.

Birthingway is always happy to hear from qualified midwives and lactation consultants in the community who are interested in working with our students.

Please contact our faculty coordinator, Nancy Longatan at nancy@birthingway.edu
Biodynamic Resuscitation of the Newborn Initial Training

Description:

Birthingway certification in neonatal resuscitation including use of bag-valve-mask. For practitioners who have never been certified in neonatal resuscitation, who want a thorough review, or whose previous training was over two years ago. This certification meets requirements for Oregon licensure and NARM certification.

Instructor: Denise Clark, BA, EMT-P

Date / Time / Location:
Friday, July 25, 2014 ~ 9:00am - 5:30pm
Birthingway College of Midwifery - Foster House 12113 SE Foster Rd., Portland, OR 97266

Cost:

Workshop fee: $105
Registration Deadline: 7/18/14 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment
Course-pack fee (non-refundable): $20  Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

Refund Policy:
Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Summer 2014 Biodynamic Resuscitation of the Newborn Initial Training – Registration Deadline 7/18/14 at 4:30pm

Biodynamic Resuscitation of the Newborn Initial Training fee: $105 + $20 Course-pack (required) = $125

Please send the course-pack to me. I have included $6 postage and handling.

$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 7/18/14

TOTAL

Payment method: (please circle)    Check/Money Order              Cash                    PayPal (see below)

Legal First Name                                  Legal Middle Initial                Legal Last Name

Address, City, State, Zip

Phone Email (Please add me to the Birthingway Newsletter □)

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So, You Want to Be a Lactation Consultant? Workshop

An informative information session for people interested in supporting breastfeeding

Wednesday, September 10, 2014, 5 pm – 9 pm

Birthingway College of Midwifery
12113 SE Foster Rd., Portland OR 97266
Ph: 503-760-3131

• All about Birthingway and pathway routes
  • Birthingway's pathway 2 program
  • Financial aid information
• Students and professionals tell their stories
• Questions, discussion and conclusions

RSVP to Stacey@birthingway.edu by September 1, 2014
If you would like to receive email updates from Birthingway between newsletters, please join the Birthingway E-news list.

Don't forget! You can download all of the registration forms at www.birthingway.edu

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