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## Summer Calendar

School Closed for Memorial Day	5/26/14
End of the Term	7/4/14
School Closed for Independence Day	7/4/14
Summer Term Begins	7/7/14
So, You Want to Be a Midwife? Workshop	8/3/14
So, You Want to Be a Lactation Consultant? Workshop	9/10/14
Fall Term Begins	9/15/14

## Birthingway Welcomes New Students and Acknowledges Core Completion Students

Birthingway is about new beginnings in the spring, as it marks the start of incoming first year midwifery and lactation students. We are proud to announce our 2014 matriculating cohorts.

### Midwifery Program

Megan Bergstrom  
Megan Cook  
Jillian Hamilton  
Tyne Hanft-Kemp  
Haley Hughes  
Mercedes Krebs  
Rosemary Loperena  
Caitlin Maddigan  
Araya Montero  
Kristina Parks  
Jessie Ramey  
Molly Scott  
Mary Stemper  
Monica Teixeira  
Whitney Wolfe

### Lactation Program

Taryn Ackelson  
Karissa Clark  
Chelsea DeSorbo  
Nora Hawkins  
Shira Johnson  
Adrienne Koznek  
Yulia Maggart  
Megan Maltby  
Kaitlin Schofield  
Anna Soderberg  
Jessica Wells  
Beverly Yonker

Congratulations to our core completion students. We are so proud of you.

### Midwifery Program

Katherine Adams  
Calla Maria Davis-Bozer  
Liz Clary  
Megan Coppock  
Sharon Evans  
Kyla Carstensen  
Desiree Lang  
Suzanne Koenig  
Amanda Maier  
Valerie Schlat  
Regan Vickery  
Talia Wang  
Erin Yocom  
Melissa Wiseman

### Lactation Program

Erin Gillis  
Ara Greenfield  
Krystal Key  
Lulu Rudolph  
Elka Sundwall  
Sarah Longwell  
Georgina Mora-Higa

We are all grateful for those who chose Birthingway to pursue their passion in the midwifery arts and sciences.

Are you interested in learning about the paths to becoming a

**Midwife**  
or  
**Lactation Consultant?**

Learn more at our workshops  
**So, You Want to Be a Midwife?**  
**Sunday, August 3, 2014**

**So, You want to Be a Lactation Consultant?**

**Wednesday, September 10, 2014**

# So, You Want To Be a Midwife?

An exciting workshop for prospective midwifery students.

Sunday, August 3, 2014, 9:00am - 5:00pm

Birthingway College of Midwifery

12113 SE Foster Road, Portland, OR 97266 Ph: 503.760.3131 Fax: 503.760.3332 info@birthingway.edu www.birthingway.edu

Cost on or before July 25, 2014 - \$70 (add \$10 for each accompanying guest)

Cost after July 25, 2014 - \$80 (add \$15 for each accompanying guest)

## Schedule includes:

- \* Sign-in, settle in (coffee, tea and light snack available)
  - \* Welcome and introductions
  - \* All about Birthingway
- \* Paths to midwifery: Direct Entry, CNM, and ND
  - \* Students discuss their experiences
  - \* Delicious Lunch (provided)
- \* Midwives' families discuss living with a midwife
  - \* Midwives tell their stories
- \* Questions, discussion, and conclusions

REFUND POLICY: Written notice of refund request must be received no later than seven days prior to the day of the workshop to receive a 95% refund. After that date, no refund will be given. Minimum workshop size is six people. If the minimum enrollment is not achieved, the workshop will be canceled and all fees will be refunded.

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Please register me for So, You Want To Be a Midwife? – Sunday, August 3, 2014

Cost on or before July 25, 2014 - \$70 (add \$10 for each accompanying partner, spouse, parent)

Cost after July 25, 2014 - \$80 (add \$15 for each accompanying guest)

Total Amount Enclosed: \$ \_\_\_\_\_ Total Number Attending: \_\_\_\_\_

I am enclosing a check or money order with my registration form.

I am paying with a credit card through PayPal (see below) and mailing or faxing my registration form.

Legal First Name

Legal Middle Initial

Legal Last Name

Address, City, State, Zip

Phone

E-Mail

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable to Birthingway College and mail to the address above.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. **You must include a copy of your PayPal confirmation with your registration form.**
- If you fax your registration, please call to confirm that we have received it.

### OFFICE USE ONLY

Date/time/payment/initial \_\_\_\_\_

Please route in this order: \_\_\_\_\_ FIN \_\_\_\_\_ REG \_\_\_\_\_ FIN \_\_\_\_\_ LRC \_\_\_\_\_ OPS \_\_\_\_\_ SPC \_\_\_\_\_ MPC \_\_\_\_\_ File

Amount needed to clear registration: \$ \_\_\_\_\_ Amount Paid: \$ \_\_\_\_\_ Date/Time: \_\_\_\_\_

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## Community and Student News

### Welcome New Staff



**Mel MacManiman**

**Melissa “Mel” MacManiman** recently joined our staff as **Operations Coordinator**. She was born in Rhode Island, but raised in Eastern Oregon, and is a dog-mom to her rambunctious, rescue pups Scout and Bernie.

Mel is a licensed hair stylist and esthetician, but her true passion is photography. In 2013 she started her photography business **Sommessa** and is excited to dive into the birth community with plans to add birth and newborn photography services.

In her free time, she loves to cook tasty vegan food, go to metal concerts with her husband, and a volunteer at animal sanctuaries.

Mel is extremely happy to be a part of the Birthingway community!

**Natalie Hutchison** is thrilled to join Birthingway as the **Learning Resources Coordinator**.

Before moving to Portland she lived in New York where she sought out work with environmental non-profits. She also spent two years in Morocco serving as a Peace Corps volunteer.



**Natalie Hutchison**

When she's not at work, you will probably find her outside or in the kitchen.

Between gardening at home or at the Mount Tabor Community garden she always seems to find an excuse to play in the dirt. She enjoys preserving her bounty and is happy to have a pantry that would make her grandmother proud because it is filled to the brim with home canned goods.

### Birthingway Grounds

Hello sunshine! What a welcome sight you are for our campus!

The trees are leafing out and flowers are blooming!

Our campus continues to change and grow as time goes by. All the native plants we installed over the past few years are thriving and have started getting notably larger. The bulbs are returning and other fruiting and flowering plants are coming back to life.

One big change we're in the middle of is unifying what seemed like two separate campuses. The property at Carlton and at Foster had previously been separated by a chain-link fence and overgrown shrubs. That fence has already been removed and the shrubs are slowly being removed. Keep an eye out for more flowers, bird houses, some fruits, and lots more open air on the now unified campus!




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## Thank You!

Birthingway's second annual **Plant In** on Tuesday, March 11th was a fun family event! Thank you to all the community members for donations and time spent planting. A big thank you to board member, **Polly Gottesman**, and the families of **Desi Lang** and **Megan Bergstrom**. A special thank you to **Portland Nursery** and **Pumpkin Ridge Gardens** for the donations of soil, strawberries, herbs, and flower seeds.

<b>Birthingway Non-credit Workshop:</b>	<b>Description:</b>
<h1>The Labor Doula</h1> Assisting Women with Birth	Lecture, readings and practical skills for providing emotional and physical support for women in labor and immediate postpartum. This course constitutes one step towards Birthingway's Labor Doula Certification and also meets the prerequisite for admission to our midwifery program. Instructor: Stacey Marshall, IBCLC, CD (DONA)

**Date / Time / Location:**

**Mondays 8 sessions: 7/7, 7/14, 7/21, 7/28, 8/4, 8/11, 8/18, 8/25/14 from 5:00pm - 8:30pm**  
**Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266**

**Cost:**

**Workshop fee: \$495** Registration Deadline: 6/30/14 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

**Required Course-pack / Books**

Course-pack fee (non-refundable): \$34 Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

**Required textbooks:**

- Klaus MH, Kennell JH, Klaus PH. *The Doula Book*. 3<sup>rd</sup> ed. 2012.
- Newman J, Pitman T. *The Ultimate Breastfeeding Book of Answers*. Revised & updated. 2006.
- Simkin P. *Pregnancy, Childbirth, and the Newborn: The Complete Guide*. 4th Ed. 2010.
- Gaskin IM. *Ina May's Guide to Childbirth*. 2003.

**Refund Policy:**

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the first class day*. **No refund will be given on or after the first class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.  
Please detach registration form here.

**Summer 2014 Labor Doula Workshop Registration Form – Registration Deadline 6/30/14 at 4:30pm**

Labor Doula Workshop fee: \$495 + \$34 course-pack fee (non-refundable) = \$529	\$
Please send the course-pack to me. I have included \$6 postage and handling.	\$
\$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 6/30/14	\$
<b>TOTAL</b>	

Payment method: (please circle)    **Check/Money Order**                      **Cash**                      **PayPal (please see below)**

Legal First Name	Legal Middle Initial	Legal Last Name
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Address, City, State, Zip

Phone	Email (Please add me to the Birthingway Newsletter <input type="checkbox"/> )
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- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable to Birthingway College and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. By paying through PayPal, you agree to the terms and conditions on our payment page. **You must include a copy of your PayPal confirmation with your registration form.**
- If you fax your registration, please call to confirm that we have received it. If your fax doesn't go through, your registration will not be complete, and could also result in late fees or missing the opportunity to register.
- Please see our Student Handbook and Catalog for college policies available at <http://www.birthingway.edu/for-students/college-catalog.htm>

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Amount needed to clear registration: \$ \_\_\_\_\_ Amount Paid: \$ \_\_\_\_\_ Date/Time: \_\_\_\_\_

Method: \_\_\_\_\_ Reference #: \_\_\_\_\_

Community and Student News Continued

Birth Announcements



Mom, big brother, Abe, and Solomon Ira

Jackie Zapp-Albin welcomes Solomon Ira who was born after 42 weeks and 6 days of pregnancy on January 26, 2014. He is a lovely 8 lbs., 2 oz., and 20 inches long.

Mama and Baby are well, and big brother Abe is entranced. Solomon is an amazing nurser and clone of his Papa.



*“I Just wanted to say that my schooling through Birthingway gave me the strength and education to attempt this VBAC!!” - Cre'shea Hilton, Labor Doula Graduate.*



On February 13, Labor Doula graduate, **Cre'shea Hilton** had a successful VBAC!!! She welcomed a baby boy, Scout Coghlan Hilton 9lbs 5oz and 21 3/4 inches long!!

She had a labor doula, a wonderful and supportive husband and an OB helping her along the way.

**“Wow, did that just happen? Did I just do that?”**

New Faculty



Carissa and her daughters

Birthingway College welcomes **Carissa Niemyer** who will begin teaching the postpartum doula workshop spring term 2014.

She began her work as a birth and postpartum doula in 2007. Inspired by the births of her two daughters, she entered this work with the desire to help families feel empowered to choose their birth and parenting stories instead of feeling like those stories are happening to them.

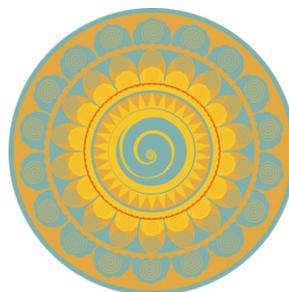
When she's not up all night with new babes, she runs a coffee shop here in Portland as well as working as a judge for barista competitions.

Library News

Library Summer Hours

Please check the Birthingway College Web site for the Library's Summer Hours

Birthingway.edu



Community Library Cards

Everyone is welcome to come browse the library, read a book, or watch a video. Community members who'd like to borrow materials may purchase a community library card:

- \$15 for three months
- \$25 for six months
- \$40 for the entire year

<b>Birthingway Non-credit Workshop:</b>	<b>Description:</b>
<h1>Resuscitation Workshops</h1>	Birthingway renewal certification in Biodynamic Resuscitation of the Newborn including use of bag/valve/mask. AHA Healthcare Provider CPR certification includes use of AED, infant, child and adult resuscitation. Instructor: Denise Clark, BS, EMT-P

**Date / Time / Location:**

**Biodynamic Resuscitation of the Newborn Renewal ~ Friday 5/9/2014 from 8:00am - 1:00pm** *This is a renewal class, so you must provide a copy of your current neonatal resuscitation card when registering.*

**AHA Healthcare Provider CPR Certification ~ Friday 5/9/2014 from 1:30pm - 4:30pm**  
**Birthingway College of Midwifery - 12113 SE Foster St., Portland, OR 97266**

**Cost:**

**Biodynamic Resuscitation of the Newborn Renewal: \$80**

**AHA Healthcare Provider CPR Certification: \$50**

Registration Deadline: 5/2/2014 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

**Required Course-pack / Equipment**

None

**Refund Policy:**

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the first class day*. **No refund will be given on or after the first class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.  
*Please detach registration form here.*

**Spring 2014 Resuscitation Workshops Registration Form – Registration Deadline 5/2/2014 at 4:30pm**

<b>Biodynamic Resuscitation of the Newborn Workshop fee: \$80 (please provide a copy of your current neonatal resuscitation card when registering)</b>	\$
<b>AHA Healthcare Provider CPR Certification Workshop fee: \$50</b>	\$
<b>\$75 Late Registration fee</b> (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 5/2/2014	\$
<b>TOTAL</b>	<b>\$</b>

**Payment method: (please circle)    Check/Money Order                  Cash                  PayPal (see below)**

Legal First Name	Legal Middle Initial	Legal Last Name	SSN (required for your transcript)
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Address, City, State, Zip

Phone	Email (Please add me to the Birthingway Newsletter <input type="checkbox"/> )
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- We must receive this completed registration form, full payment, and a copy of your current neonatal resuscitation certification card to register for the Biodynamic Resuscitation of the Newborn Workshop.
- Please make check/money order payable to Birthingway College and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
- If you fax your registration, please call to confirm that we have received it. If your fax doesn't go through, your registration will not be complete, and could also result in late fees or missing the opportunity to register.
- Please see our Student Handbook and Catalog for college policies available at <http://www.birthingway.edu/for-students/college-catalog.htm>

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Amount needed to clear registration: \$ \_\_\_\_\_ Amount Paid: \$ \_\_\_\_\_ Date/Time: \_\_\_\_\_

Method: \_\_\_\_\_ Reference #: \_\_\_\_\_

## Community Spotlight



**Joceyln Brown, CPM, LDM**

### What matriculating class are you? What did you do and where did you go after you graduated from Birthingway?

I matriculated in 2008, and received my CPM in 2011. I took a couple of months off after graduation to rest and party, and then went to Morne Rouge, Haiti for four months. Midwifing in Haiti was a very steep learning curve - at first I was working under constant supervision and quite frankly I was terrified. Then I learned the ropes and moved into primary midwifing and eventually supervising students and new volunteers.

When I got back to Portland, Laura Erickson offered me some opportunities at Alma Birth Center, so I assisted there and eventually worked as a primary midwife, altogether for about a year and a half.

During that time, I was also building my practice, **Borealis Birth**, as well as assisting at Vivante Midwifery and working as a postpartum midwife with Andaluz Waterbirth Center.

### Where are you practicing now?

**Borealis Birth!** I love running my own practice and attracting my own clientele. It's a lot of work but I didn't realize what a creative outlet it would be for me. I still do postpartum work for Andaluz. I love the stability of the shift system there, and working with mamas and babies in the immediate postpartum is so sweet and a nice change from birth work.

### What was one powerful or important thing that you learned at Birthingway that you think others should or would like to know about? You can always say more than one thing too!!

I went through so many changes at Birthingway. I feel like I sort of fell apart and lost myself when I was in school. Then it took me a couple of years to piece myself back together and figure out what kind of a midwife I really want to be, and of course that never stops evolving.

Learning from all the teachers at Birthingway and at the same moment in time learning from all the midwives in my clinical training forced me to learn compassion for every midwife. We are all human and all different and all have slightly different ways of practicing.

What we all have in common of course is that we are all working our asses off for the well-being of our clients!

### Now that you are a new Birthingway preceptor, how do you perceive having been a student here will affect how you work with students?

I remember when I started my clinical training getting the distinct feeling that a few of the midwives thought I was judging them. I remember thinking, "Lady, I'm clueless. Why do you care what I think?!"

It was challenging and it fed my own insecurities. I hope I can go into my work with students standing by my decisions, admitting my mistakes, and having honest, open conversations when students have questions or concerns.

Also, students are always hitting the books and learning the most recent practice guidelines, so they know handy things and can be great resources. I hope I can learn from the students as much as as they are learning from me.



Birthingway is always happy to hear from qualified midwives and lactation consultants in the community who are interested in working with our students.

Please contact our faculty coordinator, Nancy Longatan at [nancy@birthingway.edu](mailto:nancy@birthingway.edu)

<b>Birthingway Non-credit Workshop:</b>	<b>Description:</b>
<h1>Biodynamic Resuscitation of the Newborn Initial Training</h1>	Birthingway certification in neonatal resuscitation including use of bag/valve/mask. For practitioners who have never been certified in neonatal resuscitation, who want a thorough review, or whose previous training was over two years ago. This certification meets requirements for Oregon licensure and NARM certification. Instructor: Denise Clark, BA, EMT-P

**Date / Time / Location:**  
**Friday, July 25, 2014 ~ 9:00am - 5:30pm**  
**Birthingway College of Midwifery - Foster House 12113 SE Foster Rd., Portland, OR 97266**

**Cost:**  
**Workshop fee: \$105**  
 Registration Deadline: 7/18/14 at 4:30pm . After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

**Required Course-pack / Equipment**  
 Course-pack fee (non-refundable): \$20 Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

**Refund Policy:**  
 Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the first class day*. **No refund will be given on or after the first class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

*Please detach registration form here.*

<b>Summer 2014 Biodynamic Resuscitation of the Newborn Initial Training – Registration Deadline 7/18/14 at 4:30pm</b>	
<b>Biodynamic Resuscitation of the Newborn Initial Training fee: \$105 + \$20 Course-pack (required) = \$125</b>	<b>\$</b>
<b>Please send the course-pack to me. I have included \$6 postage and handling.</b>	<b>\$</b>
<b>\$75 Late Registration fee</b> (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 7/18/14	<b>\$</b>
<b>TOTAL</b>	

**Payment method: (please circle)**    **Check/Money Order**                      **Cash**                      **PayPal (see below)**

**Legal First Name**                      **Legal Middle Initial**                      **Legal Last Name**

**Address, City, State, Zip**

**Phone**                      **Email** (Please add me to the Birthingway Newsletter )

- We must receive this completed registration form AND full payment to register you for this workshop.
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- If you fax your registration, please call to confirm that we have received it.
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Method: _____ Reference #: _____	

# So, You Want to Be a Lactation Consultant? Workshop

An informative information session for people  
interested in supporting breastfeeding



**Wednesday, September 10, 2014, 5 pm – 9 pm**

**Birthingway College of Midwifery**

12113 SE Foster Rd., Portland OR 97266

Ph: 503-760-3131

- All about Birthingway and pathway routes
  - Birthingway's pathway 2 program
    - Financial aid information
- Students and professionals tell their stories
  - Questions, discussion and conclusions

RSVP to [Stacey@birthingway.edu](mailto:Stacey@birthingway.edu) by September 1, 2014

If you would like to receive email updates from Birthingway between newsletters, please join the [Birthingway E-news list](#).

Don't forget! You can download all of the registration forms at [www.birthingway.edu](http://www.birthingway.edu)

**Birthingway College of Midwifery**

12113 SE Foster Rd.

Portland, OR 97266

Phone: 503.760.3131

Fax: 503.760.3332

E-mail: [info@birthingway.edu](mailto:info@birthingway.edu)

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The logo features the text "Birthingway College of Midwifery" in a black, serif font, centered over a light purple circular background that has a white ring in the center.

Birthingway  
College of  
Midwifery

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