Birthingways
The Newsletter of Birthingway College of Midwifery

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Fall Term Ends 12/7/12

Midwifery Graduation 2012

Birthingway is proud to announce the following 2011 and 2012 Midwifery Program graduates:

Sally Acosta
Jocelyn Brown
Elizabeth Collins
Ayla Dunn
Heather Forbes
Melanya Gonshorowski
Tzipora Kirschner
Jessica Mairs
Nichole Reding
Jennifer Sanders

(Left to right) Melanya Gonshorowski, Heather Forbes, Jennifer Sanders, Tzipora Kirschner and Jocelyn Brown

Maura Jansen also honored the graduates with a powerful reading. Our student volunteers Chelsea Campbell-Martin, Suzannah Wright, Emily Padua, Raina Steenson, Calla Maria Davis-Boozer, and Calina Brooke also deserve a big thank you for all their support to make the evening look beautiful. You all made this event memorable to all who graduated, their family and friends.

The heartfelt ceremony was held on Thursday, June 28 at the Leach Botanical Gardens. We have many wonderful musicians to thank including Tracy Kosmecki who played processional on the violin, Chelsea Campbell-Martin and Derrick Martin who rocked the event with a song and guitar accompaniment and Katherine Sanderson who wrote and sang an emotionally touching song.

“Teaching hands engulfed mine until they were ready to fly. My hands are joined in a circle which is unbroken through time. Sometimes my hands do nothing. Their most important work will be still with fingers laced and witness. The 'art of doing nothing' has been passed from one generation to the next.” From Hands – Jan Weingrad
So, You Want To Be a Midwife?

An exciting workshop for prospective midwifery students.

Sunday, August 26, 2012, 9:00am - 5:00pm

Birthingway College of Midwifery

12113 SE Foster Road, Portland, OR 97266  Ph: 503.760.3131  Fax: 503.760.3332  info@birthingway.edu  www.birthingway.edu

Cost on or before August 13, 2012 - $70 (add $10 for each accompanying guest)
Cost after August 13, 2012 - $80 (add $15 for each accompanying guest)

REFUND POLICY: Written notice of refund request must be received no later than seven days prior to the day of the workshop to receive a 95% refund. After that date, no refund will be given. Minimum workshop size is six people. If the minimum enrollment is not achieved, the workshop will be canceled and all fees will be refunded.

Schedule includes:
* Sign-in, settle in (coffee, tea and light snack available)
* Welcome and introductions
* All about Birthingway
* Paths to midwifery: Direct Entry, CNM, and ND
* Students discuss their experiences
* Delicious lunch (provided)
* Midwives' families discuss living with a midwife
* Midwives tell their stories
* Questions, discussion, and conclusions

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Please register me for So, You Want To Be a Midwife? — Sunday, August 26, 2012

Cost on or before August 13, 2012 - $70 (add $10 for each accompanying partner, spouse, parent)
Cost after August 13, 2012 - $80 (add $15 for each accompanying guest)

Total Amount Enclosed: $ _____________ Total Number Attending: ______________

☐ I am enclosing a check or money order with my registration form.

☐ I am paying with a credit card through PayPal (see below) and mailing or faxing my registration form.

Name

Address, City, State, Zip

Phone                  E-Mail

We must receive this completed registration form AND full payment to register you for this workshop.
Please make check/money order payable and mail to the address below.
Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
If you fax your registration, please call to confirm that we have received it.
New Faculty and Staff

Meg Stalnaker, a board certified lactation consultant, has a private practice and does home and office lactation visits. She teaches childbirth, breastfeeding and newborn care classes at various locations in Portland and facilitates a breastfeeding support group at Zenana Spa and Wellness Center. Meg is a member of the International Lactation Consultants Association and Nursing Mothers Council of Oregon. “I became interested in birth, breastfeeding and parenting in 1989 when I was pregnant with my son Deyen. His birth was a life changing event. I not only became a parent for the first time but embarked on a whole new life path and career. What followed was starting a postpartum care business in San Francisco. Then I moved to Portland where I started working as a midwife. During this time I went to Birthingway and worked with other midwives. Since 2007, I've been working as a Lactation specialist. The greatest inspiration comes from my own children, Deyen, Julian, and Sophia, and my village of friends and family.” She is now teaching Birth Impacts on Breastfeeding at Birthingway.

New Community Student Advisor

Birthingway is experiencing an increase in the number of students who are taking just a few courses, but may not be formally enrolled in a program. We call these students "Community Students" and we love the way they enrich our entire community. However, because they are not enrolled in a program, sometimes details can fall through the cracks. So we have established a Community Student Advisor who will work with community students to help smooth their academic path at Birthingway. Whether for one course one term, or for many course over several terms, we want each person's Birthingway experience to be a positive one. If you are registering for any class without first applying for or enrolling in a program, please mark the Community Student box on the registration form. Your registration will be forwarded to Nichole Reding, our Academic Coordinator and new Community Student Advisor. She will contact you to make sure you have the information you need to get started at Birthingway. If you have any questions about taking classes as a community student, please feel free to contact Nichole at 503-760-3131.

Plant Sale

Dirty hands, seeds plus volunteers equal beautiful plants and vegetable starts! Birthingway’s 10th Annual Plant Sale in May was a fabulous success thanks to our dedicated board member Polly Gottesman, many student volunteers, and community businesses. We are proud to say that this year we increased our fundraising success by 75 percent!

If you would like to be a part of our Plant In and Sale fundraiser this coming March contact our Outreach Coordinator jena@birthingway.edu.

Birthingway Campus

You may have noticed that there are new plantings on the eastern side of the Foster House. These have been made possible through a Johnson Creek Watershed Stewardship grant! Much thanks to second year midwifery student, Kyla Carstensen, first year midwifery student, Brooke O'Steen and community member Chloe Flora for volunteering their time and effort to help plant! Keep an eye out as the landscaping on campus continues to change. If you’d like to take part in it, please email Amari at amari@birthingway.edu for more info on how you can help!
**Postpartum Doula Workshop**

Supporting Transitions After Birth

Please note: This is also offered as a credit course (more work is required). If you would like to take the credit course, please use the Fall 2012 Registration Form included in this newsletter.

**Description:** Gain knowledge and skills for assisting women after birth, including hormones in the postpartum, maternal changes, infant care, mood disorders, physical care and breastfeeding support. This course constitutes one step towards Birthingway’s Postpartum Doula Certification. Instructor: Kimberly Bepler, ICPE, PCD, CPD, CLE

**Date / Time / Location:**

Thursdays - 9/27, 10/11, 10/25, 11/8, 11/29, 12/6/12 (6 sessions) - 12:30pm - 4:30pm
Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

**Cost:**

Workshop fee: $450
Registration start date for Community Students: 8/13/12 at 8:30am. Registration start date for Enrolled Students - 8/3/12 at 8:30am. Registration Deadline: 8/24/2012 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

**Required Course-pack / Equipment**

Course-pack fee (non-refundable): $6  Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

The following books must be read prior to the workshop (but are not required to be owned):


**Refund Policy:**

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the first class day*. *No refund will be given on or after the first class day*. Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

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**Fall 2012 Postpartum Doula Workshop Registration Form – Registration Deadline 8/24/2012 at 4:30pm**

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<th>Description</th>
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<td>Please send the course-pack to me. I have included $6 postage and handling.</td>
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<td>$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 8/24/12</td>
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**Payment method:** (please circle) Check/Money Order  Cash  PayPal (see below)

| Name  
| Address  
| Phone  | Email  |

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting [http://www.birthingway.edu/payment.htm](http://www.birthingway.edu/payment.htm). You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
- If you fax your registration, please call to confirm we have received it.
- Please see our Student Handbook and College Catalog for college policies available at [http://www.birthingway.edu/for-students/college-catalog.htm](http://www.birthingway.edu/for-students/college-catalog.htm)

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Community and Student News Continued

Weddings and Births

Calina Brooke, third year midwifery student, is planning to marry her beloved partner Aaron Selmanson on August 24. They are having a private ceremony with close friends at the Out and About Tree House Resort in southern Oregon. They dream of traveling to the South Pacific for their honeymoon to visit Fiji and New Zealand over Christmas break! For more details about the ceremony check their wedding website www.weddingwire.com/Call yNAaronNLove

Mindy Harshman, extension student, is pleased to welcome the newest addition to the Birthingway 2008 Cohort: Yarrow Cadence Syfrett. He was born at home on land on May 12th, just one day after his due date. He was 8lbs and 7oz at birth. Both are doing great.

Yarrow Syfrett

Enzo Denali was born to Birthingway graduate, Melanya Gonshorowski, and her husband, Alex, on March 19th. He was born in a cabin in Nevada City, California. It was very special to Melanya that her mom and dad were among the nine people at the birth, and that she was holding each of their hands and leaning in to Alex as she pushed Enzo out into the water. He weighed 7lbs and 5oz and was 21 in. long. Everything went beautifully. All natural and very hard, painful and intense.

Molly Riesterer, and her husband Dylan welcomed their sweet baby girl, Laura Ann, on July 2nd at 2:15pm. She weighed 7 lbs and was 19 in. long. They had her at The Dalles hospital with an amazing nurse midwife. Everything went beautifully. All natural and very hard, painful and intense.

Belly Models Needed

Throughout fall term, our midwifery students will need tummies to touch and listen to so they can practice their skills. If you (or someone you know) will be at least 20 weeks pregnant by October, are available on Tuesdays from 3-5 pm beginning in October 2012, and would like to earn $20 a session with our very gentle and loving students, then let us know. Please email Rhonda@birthingway or call the school at 503-760-3131.

Julian Rowan Artistico

The lovely Birthingway graduate, Elizabeth Collins, and her husband, Daniele Artistico, welcomed Julian Rowan Artistico at home, in the water, on Wednesday at dawn on June 27th, at home weighing 8lbs and 8oz. They are so in love with him and are enjoying themselves immensely.

Enzo Denali

Former midwifery student, Whitney Ellington for designing our amazing 20th Anniversary logo. Check it out on the back cover!
Birthingway Non-credit Workshop: The Labor Doula

Assisting Women with Birth

Description: Lecture, readings and practical skills for providing emotional and physical support for women in labor and immediate postpartum. This course constitutes one step towards Birthingway's Labor Doula Certification and also meets the prerequisite for admission to our midwifery program. Instructor: Stacey Marshall, CD (DONA), PCD, BC, CBE

Date / Time / Location:

Sundays ~ 9/16 - 10/28/12 ~ 1:00pm - 5:00pm
Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

Cost:

Workshop fee: $485 Registration Deadline: 8/24/12 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Books

Course-pack fee (non-refundable): $34 Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

The following books must be read prior to attending the workshop, but are not required to be owned:


The following books will be read during the workshop, but are not required to be owned:


Refund Policy:

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Fall 2012 Labor Doula Workshop Registration Form – Registration Deadline 8/24/12 at 4:30pm

Labor Doula Workshop fee: $485 + $34 course-pack fee (non-refundable) = $519

Please send the course-pack to me. I have included $6 postage and handling.

$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 8/24/12

TOTAL

Payment method: (please circle) Check/Money Order Cash PayPal (please see below)

Name

Address, City, State, Zip

Phone Email

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
- If you fax your registration, please call to confirm that we have received it.
- Please see our Student Handbook and College Catalog for college policies available at http://www.birthingway.edu/for-students/college-catalog.htm

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Specialized Programs and Library News

Labor Doula Program
As our Labor Doula Practicum continues to grow so does the birth leads that come in from the surrounding area. We have several students who joined the practicum this term and many more close to certification. We are very excited to welcome the following to our Labor Doula Practicum:

Brooke Francis
Ayna Bliznyuk
Nicole Probst
Yuliya Yablokova
Eliza Rotterman

Congratulations to Catherine Waxenfelter and Priscilla Fairall, Whitney Ellington, and Jill Lewis for certifying as Birthingway labor doulas! Thank you for all your hard work and dedication to our program.

New CEU Offering
Mary Sommers, CPM, is coming to Birthingway to speak about her experiences as a midwife and community health provider. Mary is the Director of Academic Affairs for the Midwest Maternal Child Institute (MMCI). For 20 years she has worked as an administrator and director of maternal child health programs. She has also worked as a midwife, doula, and lactation consultant for various private practices in the Chicago area and Madison, and has directed several nurse-midwifery practices.

Please join us on Wednesday evening, September 26th, to hear her stories and discuss ways to bridge the gap between home and hospital care.

For more details, check our website and facebook or contact Sadie@birthingway.edu.

Postpartum Doula Program
The students in the Postpartum Doula Program have been very busy this term. Thank you for all your hard work! We would like to offer a warm welcome to our new Postpartum Doula Program Students:

Corinne Friedrich
Kelli Erickson

Congratulations to Calina Brooke for certifying as a Birthingway Postpartum Doula!!

We wrapped up a lovely workshop this spring and have another scheduled to begin in the fall. For more information about the fall workshop, please contact Sadie@birthingway.edu

Library News

Library Hours
Summer Hours
Tues-Thurs 10:00-5:00

Extended fall hours begin on September 17th.

Check www.Birthingway.edu for more details.

Community Library Cards
Everyone is welcome to come browse the library, read a book, or watch a video. Community members who’d like to borrow materials may purchase a community library card:

$15 for three months
$25 for six months
$40 for the entire year
**Childbirth Educator Workshop**

**Birthingway's Distinctive Biodynamic Approach to Childbirth**

Please note: This is also offered as a credit course (more work required). If you would like to take the credit course, please use the Fall 2012 Registration Form in this newsletter.

**Description:**

Examines the history of childbirth education and preconceptions about birth, while building tools for developing a childbirth education series based on Birthingway's Biodynamic Model. This course constitutes one step towards Birthingway's Childbirth Educator Certification. Instructor: Nichole Reding, MA, CD, CPM

**Date / Time / Location:**

Thursdays ~ 9/13/12 - 11/1/12 ~ 5:00pm - 9:00pm and 11/8/12 3:00pm - 9:00pm

Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

**Cost:**

**Workshop fee: $595**

Registration Start Date for Community Students: 8/13/12 at 8:30am. Registration Start Date for Enrolled Students - 8/3/12 at 8:30am.

Registration Deadline: 8/24/2012 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

**Course-pack / Required Reading:**

Course-pack fee (non-refundable): $50 Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability. Course-pack must be read before the first class session.

**Refund Policy:**

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

**Fall 2012 Childbirth Educator Workshop Registration Form – Registration Deadline 8/24/2012 at 4:30pm**

<table>
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<tr>
<th>Childbirth Educator Workshop fee: $595</th>
<th>Course-pack fee (non-refundable): $50</th>
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<td>Please send the course-pack to me. I have included $6 postage and handling.</td>
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<tr>
<td>$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 8/24/12</td>
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<td><strong>TOTAL</strong></td>
<td><strong>$645</strong></td>
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</tbody>
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Payment method: (please circle) Check/Money Order Cash PayPal (see below)

Name (First, Last, Initial)

Address

Phone Email

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
- If you fax your registration, please call to confirm we have received it.
- Please see our Student Handbook and College Catalog for college policies available at http://www.birthingway.edu/for-students/college-catalog.htm

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Amount needed to clear registration: $Amount Paid: $ Date/Time:

Method: ________________________ Reference #: ________________________

Birthingway College of Midwifery - 12113 SE Foster Rd., Portland Oregon, 97266 ~ p) 503.760.3131 ~ f)503.760.3332 ~ www.birthingway.edu
Birthingways Lactation Consultation Program and Breastfeeding Center News

Breastfeeding Center News

Lots is happening at the Breastfeeding Center! Please check BirthingwayBreastfeedingcenter.org and our new facebook page, Birthingway Breastfeeding Center.

We offer the following FREE services:

- Telephone Warm-line for Breastfeeding Support
- One-hour Lactation consultations with an International Board Certified Lactation Consultant (IBCLC) to create your Individualized Breastfeeding Plan
- Weekly Wednesday support groups from 10-12pm in a baby-friendly environment with full kitchen access
- Baby Clothing Exchange every Wednesday at noon

Join Us for The Big Latch On Saturday, August 4 at 10am

Birthingway will be hosting the Big Latch On 2012!

All around the world, nursing women will join together to break the world record for the most women breastfeeding at the same time. This is a great opportunity to show your support and enthusiasm for breastfeeding.

If you plan to attend at the Breastfeeding Center, please arrive at 10am to register. Refreshments and will be served.

So, You Want To Be A Lactation Consultant? Workshop

Are you interested in supporting the breastfeeding relationship? Here is your opportunity to attend a FREE workshop. Get your questions answered by our program coordinator and students in the field.

Save the date for our upcoming workshop this fall on the evening of Tuesday, September 25 from 5-9pm.

The application deadline to apply for the Lactation Consultation Program is November 15, 2012.

Birthingway Lactation Students at Lents Farmers Market

Watch for our Lactation Consultation Program students at the Lents Farmers Market again this year on Sunday, October 7. We will be spreading the word about our center and Lactation Program.

Support Group Hours

Come join us for our weekly breastfeeding support group on Wednesdays from 10am-12pm at Birthingway's Carlton House.
Biodynamic Resuscitation of the Newborn Initial Training

Date / Time / Location:
Friday, August 24, 2012 ~ 9:00am - 5:30pm
Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

Cost:
Workshop fee: $105
Registration Deadline: 8/16/12 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment
Course-pack fee (non-refundable): $10 Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

Refund Policy:
Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Summer 2012 Biodynamic Resuscitation of the Newborn Initial Training – Registration Deadline 8/16/12 at 4:30pm
Biodynamic Resuscitation of the Newborn Initial Training fee: $105 + $10 Course-pack (required) = $115
$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 8/16/12
TOTAL

Payment method: (please circle)    Check/Money Order              Cash                    PayPal (see below)

Name (First, Middle Initial, Last)
Address, City, State, Zip
Phone          Email

• We must receive this completed registration form AND full payment to register you for this workshop.
• Please make check/money order payable and mail to the address below.
• Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal payment confirmation with your registration form.
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How long have you been the Librarian for Birthingway? What is your background?

This is my 10th year at Birthingway. My journey as an academic librarian started in 1994 at Portland Community College (PCC). I began working in the Audio Visual department then moved to the “bookside” of things before I went on to get my MLS (Masters in Library Science) at Emporia State University. While in school, I worked at Reed College Library doing copyright clearance and built a database to track permissions campus-wide. I then moved back to PCC as the night circulation supervisor. Before graduation, I left for New York City to run the Library Journal and Publisher Weekly’s Web department. I redesigned the system and led a team to build a database for the largest book review database in the world. In 2001, I left NYC to came back to Portland, Oregon to be close to family. I traveled to Japan and then was hired as the Birthingway librarian.

Since Birthingway is celebrating 20 years and you have been here 10, what experiences have touched you as the librarian?

It's very gratifying and touches my heart in a special way when students let me know that the service I've done for them has changed their experience of how they view libraries.

What is your vision for the future of the library?

A lot of my vision for the library is happening! I am really excited about the extended hours and to have someone to work with. I really hope that having other librarians to work with will allow me to collaborate more with instructors and make more assignment-related help pages available online. I look forward to more outreach and working with other school libraries. Collaboration is very valuable to me.

How many holdings does the Birthingway library have?

The library has over 6000 holdings including DVDs, videos, journals, magazines, and books. We also currently have hundreds of items that are not in the catalogue and need to be digitized including slides, cassette tapes, and zines.

Compared to other libraries, how is Birthingway's library unique?

Birthingway's library is the largest midwifery specific library in North America. Our collection is a mixture of an academic library and a special library. It serves a specific midwifery population and is tailored to the needs of our institution and needs of the community. Our library is unusual compared to other academic libraries; it is set up like a book store. The collection is organized by title within their subject headings and makes sense to the curriculum and to patrons. With so much detail, we have our own set of puzzles to work out.

In your opinion, what is the greatest improvement in the library?

This year, we have now reached the level where students are using the library more than ever before. In fall, we are continuing to take it to a new level with a plan to increase to 44 hours per week including some Saturday hours. Also, our database access and new technology are an asset to our library. Most of our students are very thankful for these improvements.

Welcome Turner!

We are so happy to make the Birthingway library available all summer this year. We are equally as excited to introduce Turner Masland, the man behind the library desk. Turner has just finished his Masters Degree in Library Science and we are so fortunate to have him join us at Birthingway. If you want to learn more about him, you can visit his blog, Dewey's Not Dead, at deweysnotdead.blogspot.com.
**Resuscitation Workshops**

**Date / Time / Location:**

Biodynamic Resuscitation of the Newborn Renewal ~ 10/26/12 from 9:00am - 2:00pm This is a renewal class, so you must provide a copy of your current neonatal resuscitation card when registering.

AHA Healthcare Provider CPR Certification ~ 10/26/12 from 2:30pm - 5:30pm

**Instructor:** Denise Clark, EMT-P

**Cost:**

Biodynamic Resuscitation of the Newborn Renewal: $80

AHA Healthcare Provider CPR Certification: $50

Registration Deadline: 10/15/12 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

**Refund Policy:**

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

**Required Course-pack / Equipment**

None

**Fall 2012 Resuscitation Workshops Registration Form – Registration Deadline 10/15/12 at 4:30pm**

<table>
<thead>
<tr>
<th>Workshop Type</th>
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<tr>
<td>Biodynamic Resuscitation of the Newborn Workshop</td>
<td>$80</td>
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<tr>
<td>AHA Healthcare Provider CPR Certification Workshop</td>
<td>$50</td>
</tr>
<tr>
<td>Additional Late Registration Fee</td>
<td>$75</td>
</tr>
</tbody>
</table>

Payment method: (please circle) Check/Money Order Cash PayPal (see below)

Name (First, Last, Initial) SSN (required for your transcript)

Address

Phone Email

- We must receive this completed registration form, full payment, and a copy of your current neonatal resuscitation certification card to register for the Biodynamic Resuscitation of the Newborn Workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
- If you fax your registration, please call to confirm that we have received it.
- Please see our Student Handbook and College Catalog for college policies available at http://www.birthingway.edu/for-students/college-catalog.htm

OFFICE USE ONLY

Date/time/payment/initial________________________________________________________

Please route in this order: ______ FIN       ______ REG       ______ FIN       ______ LRC       ______ OPS       ______ SPC       ______ File

Amount needed to clear registration: $__________________ Amount Paid: $ ______________ Date/Time: __________________________

Method: ____________________ Reference #: ___________________________________________
This week has been filled with deep gratitude for the Balinese people that have gently unfolded the petals of my heart wide open. We have so much to learn from this culture, their laughter, sense of community and commitment to family that results in an incredible ability to work together. I keep having moments of awe, where in the West we would be asking for space, the Balinese are asking to be closer. Alone time is not a concept that this culture embraces. One night a 65 year old midwife looked me in the eyes and asked me to spend the night with her in her bed until the other women got back to the clinic, because she did not want to be alone. Because this culture thrives on intimate relationships that are not based on competition, there is little need for personal space or individual autonomy. In the West I feel that we work heavily on communication to enhance our ability to work together. Initially I was baffled by the lack of direct communication here and judged the Balinese, because I saw this as a deficiency. Now I realize that they already have an innate ability to function together as a unit.

This has given me a new perspective of how we are in our infancy of learning to work together as a whole society and we use communication as a tool to enhance our awareness of one other. At the clinic a bulk bag of prenatal vitamins gets pulled out and one by one people gather to divide the vitamins into small bags. Rather than asking for help people gather automatically and help each other. What we may perceive as work becomes a social activity and constant laughter echoes through the walls. I am learning how to weave this laughter into small activities and instead of getting frustrated over our inability to communicate.

My relationship with the Bidans (midwives) at the clinic are deepening into friendships of mothers and sisters. At each prenatal I have a cheerleading team that claps and smiles when I accurately measure a belly, immediately find the fetal heart tones, and correctly assess the baby's position. Yesterday after prenatals ended, I stayed up all night monitoring a woman in labor and watching all of our sleepy eyes fall and our bodies still like statues as we were lapsing in and out of sleep. Throughout the night we would catch each other falling asleep in different positions and the witness would wake up the other with complete hysterics. Around 4am I told the Bidan's the baby would come into the world. We watched a little face peer out into a tub of water with flowers floating on the surface that were cast to invite this new little being into beauty. The Italian Indonesian baby cried, gathering its first breaths of oxygen into its lungs. At dawn after mom and baby were nestled into bed, baby suckling contently on mama's breast, I slipped out of the clinic. I ran down the street to the tallest thatched roof building on her compound to look at the rising sun and watch the Venus transit. After seeing the pink streaked sky, but not yet the transit, I walked back to the clinic collecting flowers from her garden and along the street for the placenta of a mom who was still in labor. In Bali we honor the placenta as it is a sacred symbol of the union of mother and child and has been the life force of the baby for the past nine months. We adorn the placenta with flowers before it is taken home by the Balinese and buried deep into the earth near their home. We keep the baby attached to the placenta for at least one day at the clinic to allow for a gentle separation as the placenta is the final physical attachment that the baby has to its mother.

That morning I slept soundly for a half hour and now I finally understand what midwives refer to the high after birth. I woke up with so much energy coursing through my body that I was not able to go back to sleep. I felt exhausted, but inside I was beaming with energy and love. It is amazing to touch a new spirit as they infuse me with so much etheric energy. My days at the clinic are quite long, but my heart is filled with so much richness that the exhaustion feels like dessert to my soul.
Legend Drugs and Devices Renewal

**Description:**
Course includes 8.5 combined hours of theory, skills, and testing for Suturing, IV Skills, Medications by Injection, and Pharmacology. This course meets the Oregon state requirements for renewal of the Legend Drugs and Devices training to license as a Direct Entry Midwife. LD&D must be renewed every 2 years. You must have completed the 40 hour LD&D sequence in order to take this workshop. Maternal and Neonatal Resuscitation is NOT covered in this workshop. Please see this newsletter for information about upcoming resuscitation workshops.

**Instructor:** Holly Scholles, MA, CPM, LDM

**Date / Time / Location:**
Friday, November 2, 2012 ~ 9:00am – 6:00pm
Birthingway College of Midwifery - 12113 SE Foster St., Portland, OR 97266

**Cost:**
Workshop fee: $115
Registration Deadline: 10/29/12 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

**Required Course-pack / Equipment**
Participants must provide their own suturing equipment, including at a minimum: 1 Needle Holder, 1 Tissue Forceps, 2-3 Hemostats, 1 Suture Scissors

**Refund Policy:**
Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the class day. No refund will be given on or after the class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

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**Fall 2012 Legend Drugs and Devices Renewal Workshop Registration Form – Registration Deadline 10/29/12 at 4:30pm**

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<td>TOTAL</td>
<td>$</td>
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**Payment method:**
- Check/Money Order
- Cash
- PayPal (see below)

**Name** (First, Last, Initial)  
**SSN and DATE OF BIRTH** (required for our transcript)

**Address**  
City  
State  
Zip

**Phone**  
Email

**I completed LD&D initial training on______________________ at _______________________________________________**

Date  
Location

- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
- If you fax your registration, please call to confirm that we have received it.
- Please see our Student Handbook and College Catalog for college policies available at http://www.birthingway.edu/for-students/college-catalog.htm

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**OFFICE USE ONLY**

Date/time/payment/initial

Please route in this order: FIN REG FIN LRC OPS SPC File

Amount needed to clear registration: $__  
Amount Paid: $__  
Date/Time:__

Method:__  
Reference #:__
# TEXTBOOK ORDER FORM – Fall textbook order/cancel deadline: August 24, 2012 at 4:30pm

**Student Name:** (required)  
_______________________________________________________________________

Textbook cancellations or additions will not be accepted after **August 24, 2012 at 4:30pm**. After this date you are responsible to pay for and pick up your books, even if you drop the course.

The cost for the textbooks below will not necessarily reflect the lowest price. Online prices change often. You are not required to order textbooks through Birthignway, but the books listed below are required. You may choose to order texts on your own.

Textbooks should be available the week of **September 3rd**, but times may vary. Please contact the Learning Resources Coordinator with any questions, concerns, or to check on the status of your order. You can contact her via phone or at brittany@birthingway.edu.

**You must provide payment with this form**  
unless you are eligible for a financial aid disbursement in the term AND have signed at the bottom of this form.

---

**Course** | **Title of Required Textbook** | **ISBN #** | **Price $** | **Order $**
--- | --- | --- | --- | ---
Botanicals II (BOT332) | Gladstar R. Herbal Healing for Women. 1993 | 0671767674 | $17 |
Breastfeeding I (BRF111q) | Lauwers J, Swisher A. Counseling the Nursing Mother: A Lactation Consultant's Guide. 5th ed. 2010. | 0763780529 | $100 |
Breastfeeding III (BRF213q) | Lauwers J, Swisher A. Counseling the Nursing Mother: A Lactation Consultant's Guide. 5th ed. 2010. | 0763780529 | $100 |
Breastfeeding Skills (BFS211q) | Altman D. History and Assessment: It's All in the Details. 2008. | 9780981525761 | $19 |
Communication I (COM121q) | Rosenberg MB. Nonviolent Communication: A Language of Life. 2nd ed. 2003. | 1892005034 | $20 |
Communication II a and b (COM112qa and COM112qb) | Rosenberg MB. Nonviolent Communication: A Language of Life. 2nd ed. 2003. | 1892005034 | $20 |
 | Siegel DJ. The Developing Mind: How Relationships and the Brain Interact to Shape Who We Are. 2nd ed. 2012. | 146250390X | $55 |
 | Frye A. Holistic Midwifery Volume II: Care During Labor and Birth. 2004. | 1891145606 | $130 |
Ethics (ETH321q) | Foster I, Lasser J. Professional Ethics in Midwifery Practice. 2011. | 0763768804 | $74 |
Fetal Assessment (FET211q) | Varney H. Varney's Midwifery. 4th ed. 2003. | 0763718564 | $160 |
 | Frye A. Holistic Midwifery Volume I: Care During Pregnancy. Revised ed. 2010. | 189114555X | $80 |
 | Frye A. Holistic Midwifery Volume II: Care During Labor and Birth. 2004. | 1891145606 | $130 |
 | Frye A. Understanding Diagnostic Tests in the Childbearing Years. 7th ed. 2007. | 1891145568 | $65 |
 | Frye A. Holistic Midwifery Volume I: Care During Pregnancy. Revised ed. 2010. | 189114555X | $80 |
 | Schulling L. Women's Gynecologic Health. 2nd ed. 2011. | 0763756377 | $94 |
 | Zuckoff M. Choosing Naia. 2002. (multiple copies available in our library) | 0807028177 | $16 |
Infancy (INF121q) | Klaus MH, Klaus PH. Your Amazing Newborn. 2000. | 073820188X | $20 |
 | Small MF. Our Babies, Ourselves: How Biology and Culture Shape the Way We Parent. 1999. | 0385483627 | $18 |
 | Heller S. The Vital Touch. 1997. | 0805053549 | $20 |
International Midwifery (INT211q) | Kristoff N, WuDunn S. Half the Sky: Turning Oppression into Opportunities into Opportunities for Women Worldwide. 2009. | 0307387097 | $16 |
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<th>Course Code</th>
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<td>PHY312q</td>
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<td>PRE111q</td>
<td>Lauwers J, Swisher A. Counseling the Nursing Mother: A Lactation Consultant's Guide.</td>
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<td>PSY411q</td>
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<td>GYN431q</td>
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<td>NUT211q</td>
<td>Selections from Frye A. Holistic Midwifery Volume I. Care During Pregnancy. Selections Include only the required readings</td>
<td>Frye A.</td>
<td>9781616027665</td>
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<td>NUT211q</td>
<td>for the Nutrition course for Community students and Lactation Consultant students. Midwifery students should already have this book. If you still wish to purchase the entire book, please mark one of the above options for Holistic Midwifery Volume I.</td>
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For credit card payments, please visit the Birthingway website at http://www.birthingway.edu/payment.htm. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to PayPal and Birthingway’s terms and conditions.

You must include a copy of your PayPal payment confirmation if paying by PayPal, or your registration will be incomplete and delayed until confirmation is received.

Printed Name: __________________________  Date: ________________

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Signed Name: __________________________  Date: ________________

Office Use Only:

Date/Time/Payment/Initial__________________________________________

Please use the following order: FIN LRC FILE

Birthingway College of Midwifery ~ 503-760-3131 ~ www.birthingway.edu ~ 12113 SE Foster Road Portland, OR 97266
Registration for enrolled students (Midwifery or Lactation Consultant Program) begins August 3, 2012 at 8:30am
Registration for Community Students begins August 13, 2012 at 8:30am
REGISTRATION DEADLINE: August 24, 2012 at 4:30pm After this point, an additional $75 late fee is required.

Tuition: $381 per credit. To audit ($381 per credit) please see www.birthingway.edu/for-students/registration.htm

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Midwifery Program Students Only:

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<td>Well Woman Gynecology (GYN341q)</td>
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Please use separate form.

Research Project (RSP411q) 1 credit To register, you must turn in a Registration Form for Research Project and payment by the first day of the term. This form is available here: www.birthingway.edu/registration.htm.

I intend to register for Clinical Training Credit this term. To register, you must turn in a completed Clinical Training Credit Registration Form available at www.birthingway.edu/registration.htm. If this is your first time registering for Clinical Training credit, please contact your Program Coordinator.

I am working with this preceptor:

(Preceptor Name)

If you're not sure, please check with the Faculty Coordinator.

Do you intend to graduate in this term or the next? (please circle one) Yes No If “Yes”, please schedule a meeting with your Program Coordinator to discuss the graduation process.

Registration Fees (Required for all students):

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<td>LATE REGISTRATION FEE</td>
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TOTAL $
TUITION REFUND

The dates below are based on calendar days. Course-pack Fees, and Lab Fees are non-refundable after the Registration Deadline. The refund schedule below.

Form (available on our website or in the front office) and either mail, fax, or hand it in to the front office. You will receive a refund of tuition per the refund policy below.

CANCELLATION CLAUSE:
Should you decide to cancel this agreement in writing within three business days, you are entitled to a full refund of all fees and tuition. After the three-day cancellation period, should you decide to cancel your registration and not attend, refunds will be made per the refund policy below.

REFUND POLICY - You are expected to attend all classes for which you register. If you do not attend or stop attending and fail to drop within the refund period, you remain responsible for all tuition and fees. If you wish to drop a course, please fill out a Withdrawal/Drop Form (available on our website or in the front office) and either mail, fax, or hand it in to the front office. You will receive a refund of tuition per the refund schedule below. Registration Fee, Late Registration Fee, and Technology Fee are non-refundable. Equipment Kit Fees, Course-pack Fees, and Lab Fees are non-refundable after the Registration Deadline. Please allow four to six weeks for receipt of refund. The dates below are based on calendar days.

Payment of tuition and fees is due at the time of registration for each term unless you are eligible for a financial aid disbursement in the term (have a complete FAFSA on file and signed award letter with an anticipated disbursement in this term). Financial Aid is only available for eligible Midwifery or ALC Degree Students. Equipment kit charges are due when ordered, unless you are on financial aid AND you have authorized payment from your financial aid disbursement. All overdue amounts are subject to finance charges of 15% APR with a $5 minimum per month. A student must be in good financial standing to register for a new term. Any costs incurred to collect these amounts are the responsibility of the student.

Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to PayPal and Birthingway’s terms and conditions. You must include a copy of your PayPal payment confirmation if paying by PayPal, or your registration will be incomplete and delayed until confirmation is received.

By signing below, I agree that I have read and understand all policies stated above.

STUDENT SIGNATURE (Required to process your registration.)  DATE

An unsigned registration form will delay your registration until signed.

OFFICE USE ONLY
Date/time/payment/initial

Please route: _____ FIN  _____ REG  _____ FIN  _____ LRC  _____ FAC  _____ TECH  _____ MPC  _____ LPC  _____ SPC  _____ AC  _____ File

_____ Has Financial Aid (cleared). Amount needed to clear registration: $__________ Amount Paid: $____ Date/Time:__________

Method:________________ Reference #:___________________
Anatomy and Physiology for Birth and Lactation (ANP151q) 5 Cr 12 Sessions Thursdays ~ 9/13/12 – 12/6/12 5:30pm – 9:30pm Foster House

Covers all the major body systems with an emphasis on knowledge relevant to perinatal practices. This course includes lecture and weekly exams. Taught by Gretchen Kraig-Turner, MST.

Botanicals II (BOT231q) 3 Cr 10 Sessions Mondays ~ 9/24/12 – 11/26/12 10:00 am – 1:00pm Carlton House

Prerequisite: Botanicals I (BOT121q)

Materia medica for fertility, preconception, pregnancy, intrapartum, postpartum, infancy and lactation. Taught by Mindy Cash, ND.

Breastfeeding I (BRF111q) 1 Cr 4 Sessions Wednesdays ~ 9/19, 10/3, 10/17, 10/31/12 9:30am – 12:30pm Carlton House

Using lecture, discussion, visual aids, and small group activities, this course provides students with basic information about topics including the normal breastfeeding physiology of mother and baby, properties of human milk, risks of formula feeding, recommendations regarding breastfeeding initiation, duration and normal parameters of nursing in the first two weeks, politics of breastfeeding, and influences of culture and birth practices on breastfeeding. Taught by Adrienne Fuson, IBCLC, LMT, CD.

Breastfeeding III (BRF213q) 1 Cr 4 Sessions Thursdays ~ 9/13, 9/20, 9/27, 10/4/12 9:00am – 12:00pm Carlton House

Prerequisite: Breastfeeding II (BRF122q)

Case studies and development of protocols deepen students' knowledge of breastfeeding counseling. Students focus on more complex situations including failure to thrive and infant hypoglycemia, as well as professional issues such as scope of practice, ethics, and credentials. Taught by Adrienne Fuson, IBCLC, LMT, CD.

Breastfeeding Skills (BFS211q) 1 Cr 4 Sessions Thursdays ~ 11/8, 11/15, 11/29, 12/6/12 9:00am – 12:00pm Carlton House

Prerequisite: Breastfeeding II.

Students have an opportunity to develop their hands-on skills by working with nursing women and their babies to demonstrate breast exams, practice supporting a successful latch, and how to use a variety of equipment. Taught by Rita Aparicio, MA IBCLC.

Childbirth Education (CBE141q) 4 Cr 9 Sessions Thursdays ~ 9/13 – 11/1/12 5:00pm – 9:00pm, and 11/8/12 3:00pm – 9:00pm Carlton House

Examine the history of childbirth education and preconceptions about birth, while building tools for developing educational techniques based on Birthingway’s biodynamic model. This course uses a variety of activities including storytelling, art, dance, music and videos. Taught by Nichole Reding, MA, CPM.

Communications I (COM121q) 2 Cr 5 Sessions Thursdays ~ 9/20, 10/4, 10/18, 11/1, 11/15/12 12:30pm – 4:30pm Carlton House

The first course in the Communications series introduces the basics of speaking and listening using Rosenberg’s Non-Violent Communication Method (NVC), with an emphasis on self and one-on-one communication. Taught by Celeste Kersey, BA, CPM,

Communications II (COM112qa) 1 Cr 4 Sessions Wednesdays ~ 10/3, 10/10, 10/24, 10/31/12 1:00pm – 4:00pm Carlton House

Communications II (COM112qb) 1 Cr 4 Sessions Wednesdays ~ 11/7, 11/14, 11/28, 12/5/12 1:00pm – 4:00pm Carlton House

Prerequisite: Communication I (COM121q).

The second course in the communication series continues the development of self and one-on-one communication skills. The emphasis is on testing and working with clients, while building skills for effective educational techniques based on non-violent communication model. This course uses a variety of activities including storytelling, art, dance, music and videos. Taught by Sarah Peyton, BA.

Critical Care Skills II (CCS412q) 1 Cr 12 Sessions Wednesdays ~ 9/19/12 – 12/5/12 3:00pm - 5:00pm Foster House

Prerequisite: Critical Care Skills I (CCS411q)

Skills covered in this course include maternal resuscitation and continued practice of I.V. skills. Taught by Denise Clark, BS, EMT-P.

Ethics (ETH321q) 2 Cr 6 Sessions Tuesdays ~ 9/18/12 – 10/23/12 9:00am – 12:30pm Carlton House

This course includes a survey of philosophical foundations of contemporary ethical models. We explore problem solving of ethical dilemmas that may occur in a midwifery practice. Some topics include autonomy and informed choice, relationships, and justice. Taught by Nichole Reding, MA, CPM.

Fetal Assessment (FET211q) 1 Cr 5 Sessions Mondays ~ 9/17, 9/24, 10/8, 10/15, 10/22/12 9:00am – 12:00pm Foster House

Co-requisite: Intrapartum (INT251q)

This course covers methods for evaluating fetal well-being, including monitoring and analyzing fetal heart tones using a doppler or fetascope, fetal movement counts, sonogram, Auscultated Acceleration Test (AAT), Non-Stress Test (NST), the Biophysical Profile (BPP), and other methods. Taught by Holly Scholles, MA, CPM, LDM.
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<thead>
<tr>
<th>Course</th>
<th>Credits</th>
<th>Sessions</th>
<th>Dates</th>
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<th>Location</th>
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<tbody>
<tr>
<td><strong>Gynecology Skills (GYN321q)</strong></td>
<td>2</td>
<td>12</td>
<td>Thursdays ~ 9/13/12 – 12/6/12</td>
<td>2:15pm – 5:00pm</td>
<td>Foster House</td>
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<tr>
<td>Prerequisite: Physical Assessment I (PHY221q), Co-requisite: Well-woman Gynecology (GYN341q) We require students to have been a member of the cohort currently completing this course for at least one year or by special permission. Skills introduced include bimanual and speculum exams, Paps, cultures, cervical cap and diaphragm fittings, pelvimetry, breast exams, bladder catheterization and wet mounts. Taught by Adeline Kell, ND</td>
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<td><strong>Human Genetics (GEN231q)</strong></td>
<td>3</td>
<td>10</td>
<td>Fridays ~ 9/14/12 – 11/30/12</td>
<td>9:30am – 12:30pm</td>
<td>Foster House</td>
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<tr>
<td>Covers basic genetic concepts, genetic screening and diagnosis, pregnancy counseling, and common genetic disorders such as sickle cell, Tay-Sachs, and Trisomy disorders. Taught by Martha von Reis, MS</td>
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<td><strong>Independent Study</strong></td>
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<td>Student led independent research with an approved faculty member. Students interested in pursuing an Independent Study must initially complete an Intent Form designating the proposed topic, advisor and credit value. Please meet with your program coordinator or the Faculty Coordinator for more information. Allow seven weeks prior to the term in which you will pursue the Independent Study to complete all preparatory steps. Course number will be determined by the Academic Coordinator based on rigor and amount of work.</td>
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<td><strong>Infancy (INF121q)</strong></td>
<td>2</td>
<td>7</td>
<td>Fridays ~ 9/14, 9/28, 10/12, 10/26, 11/9, 11/30, 12/7/12</td>
<td>9:30am – 12:30pm</td>
<td>Carlton House</td>
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<tr>
<td>From an ethnopediatric perspective, this course covers newborn behavior, development, bonding and attachment, and childrearing including attachment parenting. Taught by Heather Hack-Sullivan, BS, CPM, LDM</td>
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<tr>
<td><strong>International Midwifery (INT211q)</strong></td>
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<td>5</td>
<td>Mondays ~ 10/29, 11/5, 11/12, 11/19, 11/26</td>
<td>9:30am – 11:30am</td>
<td>Foster House</td>
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<tr>
<td>We explore midwifery abroad from developing countries to other industrialized states. This course examines legal, health, social, economic and political topics. Taught by Lucina Armstrong, BA, CPM, LDM</td>
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<tr>
<td><strong>Intrapartum (INT251q)</strong></td>
<td>5</td>
<td>12</td>
<td>Tuesdays ~ 9/18/12 – 12/4/12</td>
<td>9:00am – 1:15pm</td>
<td>Foster House</td>
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<tr>
<td>Prerequisite: Antepartum (ANT251q), Co-requisite: Fetal Assessment (FET211q), Prenatal Skills (PRE211q). Using lecture, discussion and audio-visual aids, we cover the psychophysiology of labor and birth; biodynamic facilitation of first, second, third, and fourth stages; unusual situations including precipitous birth, cord prolapse, mitchal cord, back labor, abruption, previa, hemorrhage, and third stage issues. Taught by Holly Scholles, MA, CPM, LDM</td>
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<td><strong>Nutrition (NUT131q)</strong></td>
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<td>10</td>
<td>Mondays ~ 9/24/12 – 11/26/12</td>
<td>2:00pm – 5:00pm</td>
<td>Foster House</td>
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<tr>
<td>Overview of nutrition concepts including macro- and micro-nutrients, use of supplements, diet analysis, and applications for pregnancy and postpartum. Taught by Mindy Cash, ND</td>
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<tr>
<td><strong>Perinatal Psychology (PSY221q)</strong></td>
<td>2</td>
<td>7</td>
<td>Tuesdays ~ 9/18/12 – 10/30/12</td>
<td>1:00pm – 4:00pm</td>
<td>Carlton House</td>
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<tr>
<td>This course explores transitional stages of the family life cycle, psychological tasks associated with the childbearing year, fears common to new mothers and new fathers, and working with dreams, trauma and narrative therapy. Taught by Brooke Noli, MA</td>
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<tr>
<td><strong>Physical Assessment II (PHY312q)</strong></td>
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<td>10</td>
<td>Thursdays ~ 9/13/12 – 11/19/12</td>
<td>6:00pm – 8:00pm</td>
<td>Foster House</td>
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<tr>
<td>Prerequisite: Physical Assessment I (PHY221q). Expansion of skills learned in Physical Assessment I, with additional practice. Taught by Amy Johnson, ND</td>
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<tr>
<td><strong>Plant Medicine II (PLM222q)</strong></td>
<td>2</td>
<td>7</td>
<td>Mondays ~ 9/24, 10/1, 10/8, 10/22, 10/29, 11/5, 11/19/12</td>
<td>1:30pm – 4:30pm</td>
<td>Carlton House</td>
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<tr>
<td>Prerequisite: Plant Medicine I (PLM221q). Learn about topical applications, preparation of herbal baths, hydrosols, suci, salves and creams. This course includes a field trip. Taught by Cari Nyland, ND</td>
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<tr>
<td><strong>Postpartum Doula (PPD121q)</strong></td>
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<td>6</td>
<td>Thursdays ~ 9/27, 10/11, 10/25, 11/8, 11/29, 12/6/12</td>
<td>12:30pm – 4:30pm</td>
<td>Carlton House</td>
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<td>Gain knowledge and skills for assisting women after birth, including hormones in the postpartum, maternal changes, infant care, mood disorders, physical care and breastfeeding support. Taught by Kimberly Bepler, ICPE, PCD, CPD, CLE</td>
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<td><strong>Practice Materials (PRP411q)</strong></td>
<td>1</td>
<td>4</td>
<td>Wednesdays ~ 10/10, 10/24, 11/7, 11/14/12 (and 11/28 if necessary)</td>
<td>5:45pm – 8:00pm</td>
<td>Carlton House</td>
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<td>Prerequisites: All required midwifery program courses must be completed or in progress. For Midwifery students who matriculated 2011 or earlier. This capstone course brings together student work created throughout the midwifery curriculum, compiled into a resource used in practice scenarios with a standardized patient. Taught by Jackie Meyer, CPM</td>
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<td>Course Offering</td>
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<tr>
<td>Professional Standards for Lactation Consultants (LPS231q)</td>
<td>3</td>
<td>Tuesdays ~ 9/25 – 11/27/12 6:30pm – 9:30pm</td>
<td>Carlton House</td>
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<tr>
<td>This course discusses professional ethics, business issues such as self employment topics, record keeping, insurance; credentialing; HIPPA; and professional organizations for Lactation Consultants. Taught by Lucina Armstrong, BA, CPM, LDM</td>
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<tr>
<td>Pregnancy and Breastfeeding (PRE111q)</td>
<td>1</td>
<td>Thursdays ~ 10/18, 10/25, 11/1, 11/8/12 9:00am – 12:00pm</td>
<td>Carlton House</td>
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<td>A course examining in greater detail the anatomy and physiology of fetal development, maternal health and its effect on the fetus, the fetal environment, and the impact of all this on breastfeeding. Taught by Adrienne Fuson, IBCLC</td>
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<td>Prenatal Skills (PRE211q)</td>
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<td>Tuesdays ~ 9/18/12 – 12/4/12 3:00pm – 5:00pm</td>
<td>Foster House</td>
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<td>Prerequisites: Antepartum (ANT251q), Physical Assessment I (PHY221q), Co-requisite Intrapartum (INT251q). This is a hands-on class mostly involving your hands on bellies! Students learn to do full prenatal exams on pregnant models. Also includes gloving and ungloving, sterile technique, diastasis recti assessment, and rebozo use in pregnancy. Highly interactive. Taught by Heather Hack-Sullivan, BS, CPM, LDM and Rhonda Ray, BS, CPM</td>
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<td>Psychosocial Issues (PSY441q)</td>
<td>4</td>
<td>Wednesdays ~ 9/19/12 – 12/5/12 9:00am – 12:30pm</td>
<td>Foster House</td>
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<td>Prerequisites: Antepartum (ANT251q), Intrapartum (INT251q). Using lecture, discussion, guest speakers, and student presentations, this course covers social issues as they impact on clinical care, including socioeconomic class, literacy, family structures, sexual orientation, sexual abuse, domestic violence, adolescent pregnancy, and adoption. Taught by Nichole Reding, MA, CPM</td>
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<td>Research Methods (RSM311q)</td>
<td>1</td>
<td>Tuesdays ~ 9/18 6:00pm – 8:00pm, 9/25 6:00pm – 8:30pm, 10/2 6:00pm – 9:00pm, 10/16 6:00pm – 8:30pm, 10/23 6:00pm – 8:30pm</td>
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<td>Prerequisite: Information Literacy (INL111q) and Using Medical Literature (UML111q). Learn tools, methods and techniques for designing and implementing a research project. Taught by Kathryn Constant, MLS</td>
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<tr>
<td>Research Project (RSP411q)</td>
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<tr>
<td>Prerequisite: Research Methods. Registration for this course limited to midwifery program students. This course focuses on the design and implementation of a research project, including definition of a topic, literature review, creation of bibliography and the production of a research paper. Please download a Research Project Registration Packet at <a href="http://www.birthingway.edu/registration.htm">www.birthingway.edu/registration.htm</a> or request one in the front office. A completed Research Project Registration Form must be turned in (with payment) by the first day of the term to register.</td>
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<td>Well Woman Gynecology (GYN341q)</td>
<td>4</td>
<td>Thursdays ~ 9/13 – 12/6/12 9:00am – 12:30pm</td>
<td>Foster House</td>
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<td>Prerequisite: Sexually Transmitted Infections (STI311q), Co-requisite: Gynecology Skills (GYN321q) Theory based course that explores sexuality, birth control and family planning, pelvic examinations, breast health and examinations. Other topics covered include menarche, menstruation, at-risk groups and considerations, and adolescent care. Taught by Adeline Kell, ND</td>
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<td>Working Cross Culturally (WCC211q)</td>
<td>1</td>
<td>Fridays ~ 9/21, 9/28, 10/12, 10/19/12 1:00pm – 4:00pm</td>
<td>Carlton House</td>
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<td>Using lecture, discussion, guest speakers, and student presentations, this course covers general principles of working with someone from a culture other than your own, with focus on specific religions and communities. Includes discussion of politics, family structures, and parenting, and how these impact the birthing experience. Taught by Arlene Kell, ND</td>
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<td>FIRST YEAR MIDWIFERY PROGRAM LUNCH</td>
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<td>SECOND YEAR MIDWIFERY PROGRAM COHORT</td>
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<td>WEDNESDAYS ~ 12:30pm – 1:30pm</td>
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Birthingway College of Midwifery
20th Anniversary
1993-2013

Birthingway College of Midwifery
12113 SE Foster Rd.
Portland, OR 97266

Phone: 503.760.3131
Fax: 503.760.3332
E-mail: info@birthingway.edu

Don't forget! You can download all of the registration forms from www.birthingway.edu or 503-760-3131.
If you receive this newsletter via mail and you would prefer to receive it by email, let us know!

Moving? Let us know!