



Birthingways

The Newsletter of Birthingway College of Midwifery

Winter 2011

Volume 15, Issue 4



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Admissions

As this newsletter was created, applications were flowing in. We are always so excited to go through the process of accepting a new cohort to join our community. Our admissions committee, which is made up of students and staff, will be reviewing applications and taking part in interviews over the next few weeks.

Our annual **Meet and Greet will be held on Friday, November 19 from 11am – 3pm at the Pleasant Valley Grange.** We are expecting all Birthingway midwifery program students, preceptors, faculty and graduates to attend. It will be a day filled with yummy food, a fun ice breaker and a chance to meet our applicants.

In January, our application committee will hold the final decision meeting and a group of 16 students will be invited to join the 2011 cohort. The accepted 16 students will be announced in the spring 2011 newsletter.

Thank You



We are so grateful for all the wonderful donations we receive on a regular basis. All of these donations help provide our students with a quality education.

We would like to start off by thanking **Nursing Mothers Counsel** for donating *The Breastfeeding Answer Book*. This book is being used regularly at our Breastfeeding Center.

Jamilyn Daniels, former Genetics instructor, was kind enough to donate nine wonderful books to the school.

Thank you to **Holly Scholles**, Birthingway President, for donating much needed silverware to the community kitchen.

We would also like to thank **Ellen Tilden** for generously donating guest lecture time, and **Carol Leonard** for contributing her book, *Lady's Hands, Lion's Heart: A Midwife's Saga*.

Finally, we would like to thank **Vicky York** who donated baby and breastfeeding slides.

Without all of these donations, we would not be where we are today. If you have anything you would like to donate, please contact us at 503-760-3131.



Calendar

Meet and Greet	11/19
Fall Term Ends	12/10
Winter Break	12/10-1/2/11
Winter Term Starts	1/3
Winter Term Ends	3/25
Spring Break	3/26 - 4/10
Spring Term Begins	4/11

Birthingway Non-credit Workshop:	Description:
The Labor Doula Assisting Women with Birth	Lecture, readings and practical skills for providing emotional and physical support for women in labor and immediate postpartum. This course constitutes one step towards Birthingway's Labor Doula Certification and also meets the prerequisite for admission to our midwifery program. Instructor: Stacey Marshall, CD (DONA), PCD, BC, CBE

Date / Time / Location:
Sundays - 1/16, 1/30, 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20/11 ~ 3:00pm - 6:00pm
Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

Cost:
Workshop fee: \$485
Registration Deadline: January 10, 2011 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment
Course-pack fee (non-refundable): \$67 Course-pack will be available for pick-up at Birthingway College, Monday - Friday, from 8:30am - 4:30pm after the registration deadline. Course-pack must be read before the first class session.

The following books must be read prior to attending the workshop, but are not required to be owned:

- Kitzinger S. The Complete Book of Pregnancy and Childbirth. 4th ed. Alfred A. Knopf, Inc; 2003.

The following books will be read during the workshop, but are not required to be owned:

- England P and Horowitz R. Birthing from Within. Albuquerque: Partera Press; 1998.
- Gaskin IM. Ina May's Guide to Childbirth. Bantam Dell Publishing Group; 2003.
- Renfrew M, Fisher C, Arms S. Bestfeeding - How to Breastfeed Your Baby. Celestial Arts; 2004.

Refund Policy:
Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the first class day*. **No refund will be given on or after the first class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Winter 2011 Labor Doula Workshop Registration Form – Registration Deadline 1/10/2011 at 4:30pm

Labor Doula Workshop fee: \$485 + \$67 course-pack fee (non-refundable) =	\$
Please send the course-pack to me. I have included \$6 postage and handling.	\$
\$75 Late Registration fee (non-refundable) if registering after 4:30pm on 1/10/2011	\$
TOTAL	

Payment method: (please circle) Check/Money Order Cash PayPal

Name _____

Address _____

Phone _____ Email _____

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. Birthingway cannot accept third-party PayPal payments. The name on the credit card/account must be the same as the student taking this workshop.

OFFICE USE ONLY

Date/time/payment/initial _____

Please route in this order: _____ FIN _____ REG _____ FIN _____ LRC _____ OPS _____ SPPC _____ SAC _____ File

Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

Method: _____ Reference #: _____

Specialized Programs



Labor Doula Program

Birthingway is continually amazed by the amount of interest we get in our Labor Doula program – from prospective students, potential clients and community practitioners.

We have several new students who have joined our practicum since our last newsletter. We are excited to welcome the following students to the Birthingway community:

Kathy Adams
Hanna Archer
Alvina Blaine
Nicolette Bryant-Wessling
Leah Houtman
Tara Mansius
Lena Wood
Katie Wymore

Check out their pictures and bios on our website, birthingway.edu. It is quite a diverse and amazing group of student doulas!

Speaking of amazing, congratulations to **Melissa Chakmakian** on her recent certification as a labor doula. Melissa received so many wonderful reviews and evaluations from parents and care providers alike.

We are happy to have her as a Birthingway Certified Doula.

Labor Doula Scholarship Program

Birthingway has just expanded our Labor Doula Scholarship program. We are very excited to share our commitment to serving the needs of underserved populations in the childbearing year.

The scholarship has expanded to assist three communities that often face roadblocks to services. Our program now offers a limited number of scholarships to someone within these communities:

- Bilingual (native language and English) students
- Students who work with, or are part of, the incarcerated women's community
- Students who work with, or are part of, the homeless women's population

Students must demonstrate both enthusiasm for doula work and the ability to bring this work back to their specific community.

Students must complete a scholarship application, submit it to the Specialized Programs Coordinator and pay the appropriate fees including the course-pack fees and any late fees that may apply. Once accepted, the scholarship students will then attend and complete Birthingway's Labor Doula workshop. After completing the workshop, the student is then responsible to join the practicum and to attend five births in their designated community for free. (These communities are: native/non-English speaking clients, incarcerated women or homeless women.) In addition, the student must share her knowledge of her specific community with other Birthingway doulas during a workshop session.

If you, or anyone you know, is a good candidate for this scholarship, please have them contact stacey@birthingway.edu.

Space is limited. First come, first served with completed applications only. See our FAQ on the Labor Doula Scholarship web page for specific requirements.

Labor Doula: Our Doulas are Diverse!

We currently foster certification for doulas in many diverse populations. They include:

- Laotian-speaking
- Vietnamese-speaking
- Spanish-speaking
- Somalian-born serving the Muslim/Somalian population
- Women serving in homeless populations
- LGBT families
- Open-Adoption and Adoption-alternative populations

Postpartum Doula Program

Are you drawn to assisting a mother during the transition after birth? Are you interested in learning more about how you can nurture a mother and provide experience and education on maternal/infant care? You may want to consider Birthingway's Postpartum Doula program.

We continuously receive postpartum doula leads throughout the community. Students in our program are able to certify quickly! Our next Postpartum Doula Workshop, which is the first step in becoming certified, will be offered spring 2011. See the upcoming spring newsletter for more information.

Birthingway Non-credit Workshop:	Description:
Open Adoption Training for Birth Professionals	Do you want to learn more about adoption? Enhance your ability to work comfortably with all members of the adoption constellation. Expand your understanding of the adoption process and the unique experiences and needs of your clients. Join us for an engaging, interactive and highly informative training. 3.5 contact hours. Taught by Jess Gibson, MSW

Date / Time / Location:
Friday, March 4, 2011 ~ 9:00am - 12:30pm
Birthingway College of Midwifery, 12113 SE Foster Rd., Portland, OR 97266

Cost:
Workshop fee: \$35
 Registration Deadline: March 1, 2011 at 4:30pm. After this date and time, an additional \$10 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Other Information:
 This workshop is taught at Birthingway in conjunction with Open Adoption & Family Services. Open Adoption & Family Services is a private, non-profit adoption agency. Please visit www.openadopt.org to learn more about this organization.

Refund Policy:
 Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the first class day*. No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.
 Please detach registration form here.

Winter 2011 Open Adoption Training for Birth Professionals Registration Form – Registration Deadline 3/1/2011 at 4:30pm

Open Adoption Training for Birth Professionals Workshop fee: \$35 =	\$
\$10 Late Registration fee (non-refundable) if registering after 4:30pm on 3/1/2011	\$
TOTAL	

Payment method: (please circle) Check/Money Order Cash PayPal (Include a copy of confirmation email)

Name _____

Address _____

Phone _____	Email _____
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- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page.
- Birthingway cannot accept third-party PayPal payments. The name on the credit card/account must be the same as the student taking this workshop.

OFFICE USE ONLY

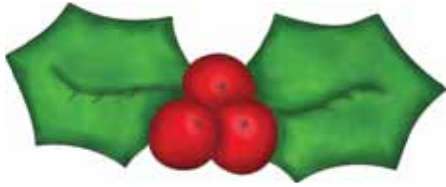
Date/time/payment/initial _____

Please route in this order: _____ FIN _____ REG _____ FIN _____ LRC _____ OPS _____ SPPC _____ SAC _____ File

Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

Method: _____ Reference #: _____

Specialized Programs (cont.)



Associates Degree Approved!

Birthingway is proud to announce the official accreditation, approval and authorization for our Associate of Science degree in Lactation Consultation.

We are currently accepting applications to our ALC degree program which meets IBLCE's Pathway 2 requirements for exam eligibility.

The application deadline is December 1, 2010, to begin the program in spring term 2011.

PSU's Capstone Project and Birthingway's Breastfeeding Center: A joint effort to impact breastfeeding rates

Would you believe it if you heard "There is a PSU course being offered right now that will help our Breastfeeding Center grow?" It's true! Thanks goes to Birthingway Labor Doula, and PSU faculty member, **Carrie Cohen** for the project.

We are working with 15 PSU students completing their senior capstone project to help Birthingway's Breastfeeding Center gain recognition in our community.

The students will design a survey and materials and assess community needs in the first phase of this project.

This is truly a ground breaking effort between the two institutions. We anticipate a successful 2011 in our center!

Childbirth Educator Program

A big congratulations goes out to **Sophie Colin-Smith**, our newest Certified Childbirth Educator! Sophie is currently offering classes for the winter.

Check out her bio and sweet photo on the Web site.

Coming to

a midwife:
 The full moon, tonight, ripe
 as a pregnant belly, reminds me,
 yes, I am ready to open
 this door, to open up
 to you, to your wisdom
 that calls me, pulls me,
 inexplicably,
 because once I saw your hands,
 felt your hands on mine,
 my hands on a mama's belly,
 feeling her baby, yes, once,
 was enough.
 Enough to know this:
 yes, I am ready to come to you,
 to learn from you. This timing,
 this connection, is the one to follow.
 My egg will burst through
 its follicle today, preparing me
 for new life, new growth.
 I am open. I am vulnerable.
 I am ready, and waiting
 for your words, your hands
 to lead me down this new path.
 Let this full moon guide me on my way...

Catherine Bailey (second year student)



Love

May life treat you kindly
 May you treat the earth gently
 May your path lead you where you are intended to go

Melissa Maureen (third year student)

COMMUNITY COURSE OFFERING – Winter 2011

Please see the [Community Student Registration Form](#) for required course-pack and lab fees, and required texts.

- ◆ **Birth Stories (BST311q)** One credit hour. Four sessions. Read, write and tell birth stories while learning and exploring effective storytelling techniques. Limited to eight students. Taught by Kathryn Constant, MLS
Date: Thursday evenings starting 2/24, 3/3, 3/10, 3/24/11 Time: 5:30pm – 8:30pm Location: Foster House
- ◆ **Botanicals III (BOT313q)** One credit hour. Four sessions. Prerequisite: Botanicals II (BOT 332q). Study specific herbs that are versatile and effective for a variety of conditions in women's health and in midwifery applications. Students create treatment plans for "client" classmates using botanical medicine, modifying as necessary and charting appropriately. Taught by Mindy Cash, ND
Date: Monday mornings starting 1/3, 1/17, 1/24, 1/31/11 Time: 9:30am – 12:30pm Location: Foster House
- ◆ **Breastfeeding II (BRF222q)** Two credit hours. Five sessions. Prerequisite: Breastfeeding I (BRF211q) Students expand on their knowledge from BRF211q to assess and treat breastfeeding problems. Students utilize case studies and research projects to develop skills such as how to take a breastfeeding history of mother and baby, identification of presenting problems, and integrating counseling and education strategies into their breastfeeding support. Taught by Adrienne Fuson, BA, IBCLC, LMT, CD
Date: Fridays starting 1/7, 1/21, 2/4, 2/18, 3/4/11 . Time: 9:30am – 1:30pm Location: Carlton House
- ◆ **Breastfeeding Politics and Policy (BPP321q)** Two credit hours. Seven sessions. This course takes a close look at WHO breastfeeding recommendations and implementation, Federal Programs such as WIC, the history of artificial feeding, social and cultural issues around breastfeeding, and offers ideas for being agents of change in the area of breastfeeding. Taught by Carrie McCormick, MPH and Rita Apairicio, MA
Date: Monday evenings starting 1/10, 1/17, 1/24, 2/7, 2/21, 3/7, 3/21/11 Time: 5:30pm – 8:30pm Location: Carlton House
- ◆ **Chinese Medicine (CHM311q)** One credit hour. Four sessions. An introduction to traditional Chinese medicine as a healing modality and its relevance to midwifery. Practices include moxibustion and acupressure. Taught by Mindy Cash, ND
Date: Monday mornings starting 2/7, 2/14, 2/28, 3/7/11 Time: 9:30am – 12:30pm Location: Foster House
- ◆ **Communications III (COM313q)** One credit hour. Four sessions. Prerequisite: Communication II (COM312q). The final course in the communication series continues development of communication skills with an emphasis on working with peers and other health care providers. Taught by Celeste Kersey, BA, CPM, LDM
Date: Monday evenings starting 1/31, 2/14, 2/28, 3/14/11, (make up 3/21) Time: 5:30pm – 8:30pm Location: Foster House
- ◆ **Homeopathy I (HOM221q)** Two credit hours. Five sessions. An introduction to the concepts and laws of homeopathy, focusing on the use of homeopathic medicine in first aid and midwifery. This is primarily a lecture-based class, with some hands on learning experiences. Taught by Jennifer Means, ND, MS, LAC
Date: Monday afternoons starting 1/3, 1/17, 1/24, 1/31, 2/7/11. Time: 1:00pm – 5:00pm Location: Foster House
- ◆ **Infancy (INF221q)** Two credit hours. Seven sessions. From an ethnopediatric perspective, this course covers newborn behavior, development, bonding and attachment, and childrearing. Taught by Heather Hack, BS, CPM, LDM
Date: Wednesday evenings starting 1/5, 1/12, 1/26, 2/9, 2/23, 3/9, 3/23/11. Time: 5:30pm – 8:30pm Location: Foster House
- ◆ **Massage for Midwives (MAS321q)** Two credit hours. Three sessions. An introduction to the psychology of touch, we learn basic massage techniques with an emphasis on pregnancy and postpartum. Taught by Bonnie McAnnis, BA, LMT
Date/Time: Friday 1/21/11 5:00pm – 9:00pm; Saturday 1/22/11 9:00am – 5:00pm; Sunday 1/23/11 9:00am – 5:00pm. Location: Carlton
- ◆ **Pharmacology (PHR421q)** Two credit hours. Seven sessions. Registration for this course limited to midwifery program students, midwives and approved community students. Basic pharmacology theory, legend drugs used in a midwifery practice, and administration of medications including injection techniques. Course meets Legend Drugs and Devices educational requirements for Pharmacology and Medications by Injection for Oregon licensure. Taught by Pamela Echeverio, BSM, CPM, LDM
Date: Thursday evenings starting 1/6, 1/13, 1/20, 1/27, 2/3, 2/10, 2/17/10 Time: 5:30pm – 8:30pm Location: Foster House
- ◆ **Plant Medicine III (PLM323q)** Two credit hours. Seven sessions. Prerequisite: Plant Medicine II (PLM322q). Learn preparation of syrups, cordials and elixirs, as well as lozenges and suppositories, oxymels and electuaries. Create herbal formulas and prescriptions. This course includes a field trip. Taught by Cari Nyland, ND
Date: Monday afternoons starting 1/31, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21/11 Time: 1:30pm – 4:30pm Location: Carlton House
- ◆ **Pregnancy and Breastfeeding (PBF311q)** One credit hour. Four sessions. This course examines in greater detail the A&P of fetal development, maternal health and well-being and its effect on the fetus, the fetal environment, and the impact of all this on breastfeeding. Taught by Adrienne Fuson, BA, IBCLC, LMT, CD
Date: Friday mornings starting 1/28, 2/11, 2/25, 3/11/11 Time: 9:30am – 12:30pm Location: Carlton House
- ◆ **Survey of Other Modalities (SOM321q)** Two credit hours. Seven sessions. A survey style course, covering a variety of healing modalities, including chiropractic, flower essences, aromatherapy, body work and hydrotherapy with indicators for referral. Taught by Cari Nyland, ND
Date: Tuesday evenings starting 1/4, 1/11, 1/18, 1/25, 2/1, 2/8, 2/15/11 Time: 5:30pm – 8:30pm Location: Carlton House

STUDENT NAME: _____

Birthingway College of Midwifery ~ Winter 2011 Community Student Registration

Registration Begins: **NOVEMBER 29, 2010 at 8:30am.** Registration Deadline: **DECEMBER 17, 2010 at 4:30pm.**

Tuition: \$350 per credit. Audit Fee: \$300 per credit. For details on auditing, please see our Catalog and Student Handbook online.

Birth Stories (BST311q) 1 credit X \$350 per credit =	\$350 for credit € I wish to audit**	\$
Botanicals III (BOT313q) 1 credit X \$350 per credit + \$25 course-pack =	\$375 for credit € I wish to audit**	\$
Breastfeeding II (BRF222q) 2 credits X \$350 per credit + \$44 course-pack =	\$744 for credit € I wish to audit**	\$
Breastfeeding Politics and Policy (BPP321q) 2 credits X \$350 per credit + \$25 course-pack =	\$725 for credit € I wish to audit**	\$
Chinese Medicine (CHM311q) 1 credit X \$350 per credit =	\$350 for credit € I wish to audit**	\$
Communications III (COM313q) 1 credit X \$350 per credit + \$4 course-pack =	\$354 for credit € I wish to audit**	\$
Homeopathy I (HOM221q) 2 credits X \$350 per credit + \$5 course-pack + \$40 lab fee =	\$745 for credit € I wish to audit**	\$
Infancy (INF221q) 2 credits X \$350 per credit =	\$700 for credit € I wish to audit**	\$
Massage for Midwives (MAS321q) 2 credits X \$350 per credit + \$11 course-pack + \$20 lab fee =	\$731 for credit € I wish to audit**	\$
Pharmacology (PHR421q) 2 credits X \$350 per credit + \$17 course-pack + \$30 lab fee =	\$747 for credit € I wish to audit**	\$
Plant Medicine III (PLM323q) 2 credits X \$350 per credit + \$7 course-pack + \$20 lab fee =	\$727 for credit € I wish to audit**	\$
Pregnancy and Breastfeeding (PBF311q) 1 credit X \$350 per credit + \$25 course-pack =	\$375 for credit € I wish to audit**	\$
Survey of Other Modalities (SOM321q) 2 credits X \$350 per credit + \$30 course-pack + \$5 lab fee =	\$735 for credit € I wish to audit**	\$
TECHNOLOGY FEE (non-refundable)		\$15.00
REGISTRATION FEE (non-refundable)		\$50.00
LATE REGISTRATION FEE \$75 (non-refundable) Due in addition to the Registration Fee if registering after 4:30pm on December 17, 2010		
Full Payment and completed Registration Form is required to be registered.		TOTAL

REQUIRED TEXTBOOK LIST: Here are the required textbooks for the above courses. You are responsible to supply your own textbooks. We provide a Wishlist on Amazon.com for these books. Please visit www.birthingway.edu for the Amazon Wishlist link.

Course	Description	ISBN #	Retail \$
Birth Stories (BST311q)	Maguire J. <i>The Power of Personal Storytelling: Spinning Tales to Connect with Others.</i> 1998.	0874779308	\$18.95
Botanicals III (BOT313q)	Gladstar, R. <i>Herbal Healing for Women.</i> 1993.	0671767674	\$16.00
Breastfeeding II (BRF222q)	Lauwers J. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide.</i> 5 th ed. 2010.	0763780529	\$87.95
Breastfeeding Politics and Policy (BPP321q)	Palmer G. <i>The Politics of Breastfeeding- When Breasts are Bad for Business.</i> 2009.	190517716X	\$17.95
Communications III (COM312q)	Rosenberg MB. <i>Nonviolent Communication: A Language of Life.</i>	1892005034	\$19.95
	Connor J, Killian D. <i>Connecting Across Differences: A guide to Compassionate, Non-violent Communication.</i> 1 st ed. 2005.	0977061701	\$24.50
Homeopathy I (HOM221q)	Geraghty B. <i>Homeopathy for Midwives.</i> 1997.	0443057087	\$55.95
	Yingling W. <i>Accouchers Emergency Manual.</i> 2001.	8170213290	\$6.00
Infancy (INF221q)	Klaus MH, Klaus PH. <i>Your Amazing Newborn.</i> 2000.	073820188X	\$20.00
	Small MF. <i>Our Babies, Ourselves: How Biology and Culture Shape the Way we Parent.</i> 1999.	0385483627	\$17.00
	Heller S. <i>The Vital Touch.</i> 1997.	0805053549	\$19.00
Massage for Midwives (MAS321q)	Stillerman E. <i>Mother Massage: A Handbook for Relieving the Discomforts of Pregnancy.</i> 2006.	0440507022	\$17.00
Plant Medicine III (PLM323q)	Green J. <i>The Herbal Medicine Maker's Handbook: A Home Manual.</i> 2000.	0895949903	\$22.99
Pregnancy and Breastfeeding (PBF311q)	Lauwers J. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide.</i> 5 th ed. 2010.	0763780529	\$87.95
Survey of Other Modalities (SOM321q)	Kent T. <i>Wild Feminine.</i> 2008.	061524565X	\$20.00

No required texts for: Chinese Medicine (CHM311q) and Pharmacology (PHR421q)

PLEASE COMPLETE THE REVERSE SIDE OF THIS FORM

Last name	First name	Middle Initial	Social Security Number (for 1098T if taking credit courses)	
Mailing address		City	State	Zip
Phone		E-mail if available (Your email address may be used to send school notices or information about your school account.)		

Registrations begin at 8:30am on November 29, 2010. Registrations will be date/time stamped in order of receipt. Registrations received BEFORE November 29, 2010 will be processed at the end of the day on November 29, 2010.

Course-packs must be picked up at Birthingway College. Please call ahead to ensure your course-pack is ready.

CANCELLATION CLAUSE - Should you decide to cancel this agreement **in writing** within three business days, you are entitled to a full refund of all fees and tuition. Suturing Kits will not be refunded after the Registration Deadline. **After the three-day cancellation period, should you decide to cancel your registration and not attend, refunds will be made per the Refund Policy.**

REFUND POLICY - You are expected to attend all courses for which you register. IF YOU DO NOT ATTEND OR STOP ATTENDING AND FAIL TO DROP WITHIN THE REFUND PERIOD, YOU REMAIN RESPONSIBLE FOR ALL TUITION AND FEES. For credit courses, you may cancel registration by providing signed and dated written notice to Birthingway and receive a refund of tuition per schedule below. For non-credit or audited courses, 95% of the audit or course fee will be refunded upon written request, up to seven days before the first class day. 80% of the audit or course fee will be refunded up to the first class day. No refund for non-credit or audit-only courses or workshops will be made **on or after** the first class day. **Registration fee, late registration fee, Technology fee, course-pack fees, lab fees and equipment kits are non-refundable.** Please allow four to six weeks for receipt of refund. **The dates below are based on calendar days. If you have any questions about this policy, please contact the college.**

<u>WITHDRAWAL DATE</u>	<u>TUITION REFUND</u>	<u>WITHDRAWAL DATE</u>	<u>TUITION REFUND</u>
On or before 1st day of term	100%	22 nd day through 28 th day of term	44%
2 nd day through 7 th day of term	86%	29 th day through 35 th day of term	30%
8 th day through 14 th day of term	72%	36 th day through 42 nd day of term	16%
15 th day through 21 st day of term	58%	Day 43 through end of term	No Refund

We must receive this completed registration form AND full payment to register you for courses. Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. Birthingway cannot accept third-party PayPal payments. The name on the credit card/PayPal account must be the same as the student taking these courses.

By signing below, I agree that I have read and understand all policies stated above. Payment in full is included with this form.

STUDENT SIGNATURE	DATE
An unsigned registration form will delay your registration until signed.	

OFFICE USE ONLY	
Date/time/payment/initial	
Please route in this order: _____ FIN _____ REG _____ FIN _____ LRC _____ OPS _____ SAC _____ SPPC _____ File	
Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____	
Method: _____ Reference #: _____	

Community News

Weddings and Babies

Allison Casler (Birthingway graduate) is expecting her first baby with her fiancé, **Kerr Mahnke**, in late January.

Danielle Boettcher (second year student) would like to announce the birth of **Ophelia Ellen White**, who was born at home on her parents' bed on July 29, 2010 at 3:20am. Happily, her daddy, who works out of state half of the year, was there for the quick labor of their first born. She is a delight to the eyes and arms of everyone lucky enough to be at Birthingway when she comes with her mom to class on core day. WELCOME TO THE EARTH LOVELY LITTLE ONE!

Colleen Schafer (second year student) married her sweetie, Jack, on August 25th, 2010 at Arcadia Beach on the Oregon Coast.

We are so happy to have these wonderful additions join the Birthingway Community.



Colleen Schafer and her husband, Jack, on their wedding day at Oregon's beautiful Arcadia Beach.

Clinical Training News

Tara Kolberg (first year student) will soon begin her clinical training with **Kori Pionovi** at **Alma Midwifery**.

Nancy Wickizer (extension student) is teaming up with midwife, **Mary Barnabe**, at her homebirth practice in Washington.

Serena Lynch (third year student) is pleased to be working with **Adele Rose** from **Andaluz Waterbirth Center**.

Congratulations to all of you who are beginning or continuing this exciting journey! A special thank you goes out to all of our wonderful preceptors who continue to provide our students with great opportunities.

Student News

Dear Birthingway Community,

I would like to introduce you to a new student run group, the Student Midwives Advocacy Council (SMAC)! Our purpose is to facilitate ties between the Oregon Midwifery Council (OMC) and the student body. Our group attends OMC and Oregon Health Licensing Agency (OHLA) meetings to summarize the information for Birthingway students.

We offer ongoing meetings open to all midwifery students to discuss current legislative action in Oregon and ways to be involved. Stay tuned for more SMAC events via email, your cohort representative, and our upcoming newsletter "The SMAC Down"!

Graduate News

We are excited to announce that **Debbie Wong (Birthingway graduate)** has moved to Charlottesville, VA to join the practice of **Mountain View Midwives**.

We would also like to share that graduate, **Brandee Grider**, has opened up her own practice, **Sacred Birth and Bodywork**. She provides midwifery services to families in the Portland metro area, as well as bodywork for everyone. She loves to make "house-calls" to homes, birth



centers and hospitals for prenatal, birth, and postpartum support. You can contact Brandee via email, midwife.massage@gmail.com, or visit her on facebook, Sacred Birth and Body Work.

Faculty Bio

Jacqueline Meyer, CPM, is a graduate of Birthingway College and matriculated in 1996. She is the founder of **Rushbrook Midwifery**, which specializes in preconception care for queer and non traditional families.

Jacqueline has taught and given guest lectures at Birthingway in many different courses in the past. Currently, she oversees the student Signs and Symptoms Notebooks, teaches our Practice Protocols Book course, is the teaching assistant for Holly Scholles and a cohort Facilitator. Welcome back Jacqueline!

Thank You 2007 Cohort!

We would like to announce a special *thank you* to our 2007 cohort. At last year's core completion ceremony, they presented Birthingway with money to go towards something we needed.

We now have a lovely weather resistant bench, made out of recycled materials, in our front garden. It's surrounded by beautiful flowers and herbs in the garden and has already proven to be a great place for members of our community to sit.

Thank you again for the generous gift, which will forever be a part of the Birthingway community.



Library News



Birthingway's award-winning library had a lovely visit with **Alison Aldridge** from the **National Library of Medicine, Pacific Northwest Region**. You may remember that the NLM awarded us for our *Sharing the S.T.O.R.E. Project*. Alison was so impressed with the gracious invitation to share yummy food with the third year class that Birthingway became her new favorite spot for lunch when traveling around Portland. Thanks third years!!

We made significant strides toward *Sharing the S.T.O.R.E.* over the summer. Many Birthingway research projects are now digitized and available through the online catalog with many more to follow shortly. If you wrote a research paper for Birthingway and have not received, or responded to, our copyright request regarding your paper, please contact Sadie, sadie@birthingway.edu. We want to share the brilliance of Birthingway students.

To find the research papers online, visit Birthingway Library online birthingway.org/library.html and login with Birthingway's favorite password, that 5 letter name that

starts with a *d* for women who provide labor support. Search the catalog using the terms *research project* in the subject field. Digitally available papers will link to a .pdf file which you can download. Some of the papers are quite large!

To place other library items on hold, send an email to the librarian. They'll be ready for you to pick up next time you visit Birthingway.

New Books:

Frye, Anne. *Healing Passage: a Midwife's Guide to the care and Repair of the Tissues Involved in Birth*. 2010. 676 pages!

Gaskin, Ina May. *Ina May's Guide to Breastfeeding*. 2009.

Leonard, Carol. *Lady's Hands, Lions Heart: a Midwife's Saga*. 2008.

Northrup, Christiane. *Women's Bodies, Women's Wisdom: Creating Physical and Emotional Health and Healing*. 2010.

New DVDs Include:

Miss Margaret: the Story of an Alabama Granny Midwife (does not circulate at this time)

Laboring Under an Illusion: Mass Media Childbirth vs. the Real Thing.

Regular Library Hours:

Mon 12pm - 6pm
Tue – Thurs 10am - 6pm

Please call ahead and/or check the home page calendar of the website for holiday or other scheduled closures.

If you are a student or faculty member that doesn't have a picture ID with a new barcode, please stop by and we'll make one for you. You'll need it to check items out!

Community Library Cards

Everyone is welcome to come browse the library, read a book, or watch a video. Community members who'd like to borrow materials may purchase a community library card:

\$15 for three months
\$25 for six months
\$40 for the entire year





Birthingway Facts

Drug Free Schools Program

Thank you to all who participated in the online survey this year to review Birthingway's Drug Free Schools Program. Our Drug Free Schools Policy is explained in detail in each year's *Student Handbook and Catalog*, as well as in our Annual Security Report available on the Birthingway website. The results of your survey have been summarized and will be submitted to Birthingway's Board of Directors for review.

We had 35 respondents to the online survey. In general, we had no respondents who thought that drug and/or alcohol abuse was a problem at Birthingway and 100% of respondents thought that our current system of informing students of our policy was sufficient. 73.5% of respondents recalled receiving the information within the last year. Two respondents wrote that if drug or alcohol abuse should become a problem in the future, we would need to put more in place.

Constitution Day

Each year on September 17, schools all around the country, including Birthingway, partake in Constitution Day. Constitution Day was originally the brain child of the late West Virginia Senator Robert Byrd and was mandated for all schools (and federal agencies) that receive federal funds as part of the Consolidated Appropriations Act of 2005.

Byrd, who passed away this June and who was known for carrying a U.S. Constitution in his pocket, pushed this provision to address what he saw as widespread ignorance of American history. The main criticism of the passing of this act is that Constitution Day represents a small step toward federal regulation of school curriculum.

Birthingway observes Constitution Day each year with a week of activities that have included everything from a potty page dedicated to your favorite amendment to Bill of Rights bookmarks



for all students. But what, outside of these little activities, is the importance of the Constitution for students practicing the midwifery arts and sciences?

As our esteemed staff faculty member Nichole Reding says, "The American Constitution serves as the foundational document for all legislation and jurisprudence in the United States. As we know from current Oregon Health Licensing Agency (OHLA) and potential legislative action regarding Direct Entry Midwifery in the state of Oregon, the laws direct our ability to practice and the ways that we are able to offer our services. Constitution Day is a reminder to us all to stay in touch with political activity."

Recipe

Whole-Grain Zucchini Apple Bread

(Serves 10)

INGREDIENTS:

- Olive oil cooking spray
- 1 ¼ cups whole-wheat flour
- ¼ cup spelt flour
- 2 tsp baking powder
- ½ tsp baking soda
- ½ tbsp cinnamon, ground
- ¼ tsp fine sea salt
- 1 apple, grated
- 1 zucchini, grated
- 1 egg
- ½ cup nonfat plain Greek-style yogurt
- ¼ cup raw honey



INSTRUCTIONS:

ONE: Preheat oven to 350°F. Mist an 8 x 4-inch or 9 x 5-inch loaf pan with cooking spray.

TWO: In a large bowl, whisk together flours, baking powder, baking soda, cinnamon and salt; set aside.

THREE: In a separate bowl, whisk together apple, zucchini, egg, yogurt and honey.

FOUR: Add wet ingredients to dry ingredients and fold until just combined. Spread batter into prepared pan and bake until golden brown, 40 – 45 minutes.



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