Admissions Committee
Thank You's!

This year our Admissions Committee joined forces for an eight hour meeting on Saturday, January 8 to select Birthingway's matriculating class of 2011.

For the Admissions Committee, the past two months have been filled with hours upon hours of reading applications and a number of interviews. This dedicated group of students and staff made the selection process possible. We cannot thank this enthusiastic group of women enough.

A wholehearted thank you goes out to first year students, Katrina Bubas-Stevens, Micki Garcia, Susannah Wright, Tara Kolberg, Cortney Holmes, and Dana Comperchio.

Thank you to second year student, Catherine Bailey and third year students, Sarah Heany, Maura Jansen, and Terra Senter, as well as extension student Danielle Kitt. We would like to announce a special thank you to extension student Dionne Frey, who went above and beyond to help Rhonda organize the admissions files.

Finally, we would like to thank staff members, Stacey Marshall, Sadie Eck, Holly Scholles, Rhonda Ray, Dawn Baker, and Julia Reid.

Without each and every one of you, our admissions process would not be possible.

We recently invited 16 of the applicants to join our Midwifery Program. We will announce the new matriculating class in the upcoming summer newsletter.

Poem

Stand strong
Bend with the wind
Live life’s beauty
Follow your dream

Feel with your ears
Listen with your heart
Touch with your eyes
See with your hands

The universe revealed
In the newborns eyes
Blessed be she
Who is named midwife

Melissa Maureen
(third year student)
Open Adoption Training for Birth Professionals

Do you want to learn more about adoption? Enhance your ability to work comfortably with all members of the adoption constellation. Expand your understanding of the adoption process and the unique experiences and needs of your clients. Join us for an engaging, interactive and highly informative training. 3.5 contact hours. Taught by Jess Gibson, MSW

Date / Time / Location:
Friday, March 4, 2011 ~ 9:00am - 12:30pm
Birthingway College of Midwifery, 12113 SE Foster Rd., Portland, OR 97266

Cost:
Workshop fee: $35
Registration Deadline: March 1, 2011 at 4:30pm. After this date and time, an additional $10 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Other Information:
This workshop is taught at Birthingway in conjunction with Open Adoption & Family Services. Open Adoption & Family Services is a private, non-profit adoption agency. Please visit www.openadopt.org to learn more about this organization.

Refund Policy:
Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Winter 2011 Open Adoption Training for Birth Professionals Registration Form – Registration Deadline 3/1/2011 at 4:30pm

| Open Adoption Training for Birth Professionals Workshop fee: $35 = | $ |
| $10 Late Registration fee (non-refundable) if registration is received after 4:30pm on 3/1/2011 | $ |
| TOTAL | |

Payment method: (please circle) Check/Money Order  Cash  PayPal (Include a copy of confirmation email)

Name

Address

Phone  Email

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page.
- Birthingway cannot accept third-party PayPal payments. The name on the credit card/account must be the same as the student taking this workshop.
Specialized Program News

Portland State University (PSU) Capstone Project

In our previous newsletter, we announced the joint effort made by eager PSU students and Birthingway to expand our Breastfeeding Center. We are happy to announce that Birthingway continues to work with a PSU Capstone Class, taught by Birthingway Certified Labor Doula Carrie Cohen, to develop outreach materials for our Breastfeeding Center.

The fall class developed beautiful print materials and created a survey to help us determine specific breastfeeding needs in our community. The winter term class is going to finalize the outreach materials and submit and tally the survey results, among other things. The PSU students are enthusiastic about our work and have been surprised by how much more aware of the importance of breastfeeding they have become. We are all so thrilled by this wonderful partnership.

Breastfeeding Clinic

Do you know a pregnant mom that wants to breastfeed or is currently breastfeeding?

Great news! We are now offering a 2-hour BREASTFEEDING CLASS for mamas interested in a seminar-based class. Come join us the third Tuesday of every month from 1pm – 3pm at Birthingway’s Breastfeeding Center located at 12108 SE Carlton St. Portland, OR 97266.

This class will be taught by a Birthingway student breastfeeding counselor.

Please contact Birthingway at 503-760-3131 or email stacey@birthingway.edu with any questions.

Birthingway’s Associate Degree in Lactation Consultation Approved for Federal Student Aid

Birthingway’s Associate Degree in Lactation Consultation (ALC) has been approved by all necessary agencies. This means that not only is our program approved to offer a degree and approved to meet IBLCE’s Pathway 2 requirements, but that eligible Lactation Consultant program students now may qualify for Title IV Federal Student Aid. To learn more, contact Julia at 503-760-3131 or julia@birthingway.edu.

Although our application deadline was December 1, we do still have room in this program. If you were waiting for financial aid approval, you could still get in for our spring term. Please find our application available at birthingway.edu. If you have any questions about this program, please call Birthingway and speak to either Stacey or Nichole.

Labor Doula Program

Birthingway continues to meet the needs of those students wishing to continue what they learn in our labor doula workshop.

We would like to welcome two amazing students to our labor doula practicum program:

Corinne Friedich
Alvina Blaine

You can check out these students’ bios on our web page, birthingway.edu.

We would also like to congratulate Megan Coppock for certifying as a labor doula. She will be a wonderful asset to Birthingway and the birthing community. Way to go Megan!

Labor Doula Scholarship Program

Just a reminder that we have expanded our qualification for the Labor Doula Scholarship program. Please visit our website, birthingway.edu, for more details.

If you, or anyone you know, might qualify feel free to turn in the completed application to save a spot in an upcoming Labor Doula Workshop.

These scholarship spots fill up QUICKLY and are on a first-come, first-served basis.

Student/Community News

Clinical Training News

We are pleased to announce that Melissa Maureen (third year student) will be joining preceptor Dawn Cockrell in Odessa, Texas.

She will be leaving for Texas at the end of March and will be returning to Birthingway in August to finish up her last few courses at Birthingway.

Save the Date!

The Oregon Midwifery Council will be holding a regional spring conference fundraiser on Friday, February 25th from 8am – 4pm.

Come join in on a full day of workshops, food and fun! Both Sarah Payton and Birthingway graduate Carli Head are scheduled to present CEU workshops.

If you have any questions or would like to obtain some more information, you can contact OMC via email at: marinastarfish@gmail.com.
Birthingway College of Midwifery
PRESENTS

The 9th annual

PLANT SALE!!!

April 30th and May 1st, 2011
Saturday, 9:00am to 3:00pm
Sunday, 11:00 am to 2:00pm

Ben and Jerry’s Parking Lot
SE 36th and Hawthorne

Organic Vegetable Starts, Culinary and Medicinal Plants,
Perennials, Annuals, Natives, and more….

RAIN OR SHINE

If you would like to volunteer time or plants - please call Birthingway at 503.760.3131 or email: jena@birthingway.edu
Library News

New Books:


New NVC Titles:


New DVDs include:

Architecture & Design of Man and Woman

Doula! The Ultimate Birth Companion. 2010.

Regular Library Hours:
~Mon 12pm - 6pm~
~Tue – Thurs 10am - 6pm~

Please call ahead and/or check the home page calendar of the website for holiday or other scheduled closures.

Community Library Cards

Everyone is welcome to come browse the library, read a book, or watch a video. Community members who’d like to borrow materials may purchase a community library card:

$15 for three months
$25 for six months
$40 for the entire year

Donation Thank Yous

We are excited to announce that the Birthingway community donated to the Truckload of Coats cause. Birthingway, and many other organizations collected warm coats, clothing and baby supplies for Portland's homeless population who are having to brave the elements without the supplies they so desperately need. Thank you to everyone in the Birthingway community who brought in supplies.

A special thank you goes out to Karla Nussbaum who donated both Breastfeeding Clinical Instructor time, and a number of books.

We are so thankful for our regular donors, Anne Frye and Nursing Mothers Counsel. Anne recently donated a DVD/VCR player and Nursing Mothers Counsel donated the book Breastfeeding and Infant Health Outcomes in Developed Countries.

We would also like to thank our Librarian, Kathryn Constant, for donating a large amount of herbs in December.

Finally, we would like to thank community member Amber Zietz for donating an overwhelming number of midwifery supplies that will end up being extremely useful to our students.

Thank you all for donating these items to Birthingway! By donating, you help us to provide a quality education for students in all of our programs while keeping tuition as low as possible. Thank you!
Anatomy & Physiology for Birth and Lactation Professionals (HAP151q)

5 credit hours. 12 Sessions. Satisfies Anatomy and Physiology prerequisite for Birthingway Midwifery Program and the Anatomy and Physiology requirement for the Lactation Program. Instructor: Bonnie McAnnis, BA, LMT

Date / Time / Location:

Wednesdays, April 13 - June 29 - 5:00pm - 9:15pm
Birthingway College - Foster House, 12113 SE Foster Rd., Portland, OR 97266

Cost:

$1845 ($369 per credit hour X 5 credit hours)
Registration Deadline: March 18, 2011 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the first day of class will be accepted.

Required Course-pack / Reading


Cancellation Clause and Refund Policy:

Should you decide to cancel this agreement in writing within three business days, you are entitled to a full refund of all fees and tuition. Equipment kits are not refundable. After the three-day cancellation period, should you decide to cancel your registration and not attend, refunds will be made per the refund policy below.

REFUND POLICY - You are expected to attend all classes for which you register. If you do not attend or stop attending and fail to drop within the refund period, you remain responsible for all tuition and fees. If you wish to drop a course, please fill out a Withdrawal/Drop Form (available on our website or in the front office) and either mail, fax, or hand it in to the front office. You will receive a refund of tuition per the refund schedule below. Registration Fee, Late Registration Fee, and Technology Fee are non-refundable. Equipment Kit Fees, Course-pack Fees, and Lab Fees are non-refundable after the Registration Deadline. Please allow four to six weeks for receipt of refund. The dates below are based on calendar days.

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<th>TUITION REFUND</th>
<th>WITHDRAWAL DATE</th>
<th>TUITION REFUND</th>
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Please detach registration form here.

Spring 2011 A&P for Birth and Lactation Professionals (HAP151q)  ~  Registration Deadline 3/18/11 at 4:30pm

Anatomy & Physiology for Birth and Lactation Professionals (HAP151q) 5 credits x $369 per credit = $1845

Registration fee per term $50 (non-refundable)
Technology fee per term $15 (non-refundable)
$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 3/18/11

Payment method: (please circle)  Check/Money Order  Cash  PayPal (see below)

Name (First, Last, Initial)  SSN (required for 1098T)

Address

Phone  Email

• We must receive this completed registration form AND full payment to register you for this course.
• Please make check/money order payable and mail to the address below.
• Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page.
• Birthingway cannot accept third-party PayPal payments. The name on the credit card/account must be the same as the student taking this workshop.

OFFICE USE ONLY

Date/time/payment/initial

Please route in this order: FIN  REG  FIN  LRC  OPS  SPPC

Amount needed to clear registration: $     Amount Paid: $     Date/Time:

Method:     Reference #:  
Childbirth Educator Workshop

Birthingway’s distinctive biodynamic approach to childbirth

*Please note: This is also offered as a credit course (more work required). If you would like to take the credit course, please use the Community Student Registration Form.

**Date / Time / Location:**

5/20, 5/21, 5/22, 6/4, 6/5, 6/18/11 - Time: 9:00am - 4:45pm
Birthingway College - Carlton House 12108 SE Carlton St., Portland, OR 97266

**Cost:**

Workshop fee: $595
Registration Deadline: April 29, 2011 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Course-pack / Required Reading:

Course-pack fee (non-refundable): $40  Course-pack will be available for pick-up at Birthingway College Monday - Friday from 8:30am - 4:30pm after the registration deadline. Course-pack must be read before the first class session.

**Refund Policy:**

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. **No refund will be given on or after the first class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

**Spring 2011 Childbirth Educator Workshop Registration Form – Registration Deadline 4/29/11 at 4:30pm**

| Childbirth Educator Workshop fee: $595 + $40 course-pack fee (non-refundable) = $635 | $ |
| Please send the course-pack to me. I have included $6 postage and handling. | $ |
| $75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 4/29/11 | $ |
| **TOTAL** | |

Payment method: (please circle)  Check/Money Order  Cash  PayPal (see below)

**Name** (First, Last, Initial)

**Address**

**Phone**  **Email**

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page.
- Birthingway cannot accept third-party PayPal payments. The name on the credit card/account must be the same as the student taking this workshop.

**OFFICE USE ONLY**

Date/time/payment/initial

Please route in this order: _____ FIN _____ REG _____ FIN _____ LRC _____ OPS _____ SPPC

Amount needed to clear registration: $ __________________________ Amount Paid: $ __________________________ Date/Time: __________________________

Method: __________________________ Reference #: __________________________
**Birthingway Non-credit Workshop:**

**The Labor Doula**

**Assisting Women with Birth**

Lecture, readings and practical skills for providing emotional and physical support for women in labor and immediate postpartum. This course constitutes one step towards Birthingway’s Labor Doula Certification and also meets the prerequisite for admission to our midwifery program.

**Instructor:** Stacey Marshall, CD (DONA), PCD, BC, CBE

**Date / Time / Location:**

Two Weekends - 4/30, 5/1, 5/14, 5/15/11 - 9:00am - 5:00pm

Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

**Cost:**

**Workshop fee: $485**
Registration Deadline: April 8, 2011 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

**Required Course-pack / Equipment**

Course-pack fee (non-refundable): $67 Course-pack will be available for pick-up at Birthingway College, Monday - Friday, from 8:30am - 4:30pm after the registration deadline. Course-pack must be read before the first class session.

**The following books must be read prior to attending the workshop, but are not required to be owned:**


**The following books will be read during the workshop, but are not required to be owned:**


**Refund Policy:**

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

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**Spring 2011 Labor Doula Workshop Registration Form – Registration Deadline 4/8/2011 at 4:30pm**

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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<tr>
<td>Labor Doula Workshop fee: $485 + $67 course-pack fee (non-refundable) = $552</td>
<td>$552</td>
</tr>
<tr>
<td>Please send the course-pack to me. I have included $6 postage and handling.</td>
<td>$</td>
</tr>
<tr>
<td>$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 4/8/2011</td>
<td>$</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>$</strong></td>
</tr>
</tbody>
</table>

**Payment method: (please circle)**

- Check/Money Order
- Cash
- PayPal

**Name**

**Address**

**Phone**

**Email**

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting [http://www.birthingway.edu/payment.htm](http://www.birthingway.edu/payment.htm). You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page.
- Birthingway cannot accept third-party PayPal payments. The name on the credit card/account must be the same as the student taking this workshop.

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**OFFICE USE ONLY**

Date/time/payment/initital ________________________________

Please route in this order: _____ FIN ____ REG ______ FIN ______ LRC _____ OPS _____ SPPC _____ SAC _____ File

Amount needed to clear registration: $ ___________ Amount Paid: $ ___________ Date/Time: ___________

Method: ___________ Reference #: ___________
Postpartum Doula Workshop
Supporting Transitions After Birth

Gain knowledge and skills for assisting women after birth, including hormones in the postpartum, maternal changes, infant care, mood disorders, physical care and breastfeeding support. This course constitutes one step towards Bithingway's Postpartum Doula Certification.

Instructor: Kimberly Bepler, ICPE, PCD, CPD, CLE

Date / Time / Location:
Sundays - 5/22, 5/29, 6/5, 6/12, 6/19 ~ 1:00pm - 4:00pm
Bithingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

Cost:
Workshop fee: $395
Registration Deadline: April 29, 2011 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment
Course-pack fee (non-refundable): $30 Course-pack will be available for pick-up at Bithingway College, Monday - Friday, from 8:30am - 4:30pm after the registration deadline. Course-pack must be read before the first class session.

The following books must be read prior to the workshop (but are not required to be owned):

Refund Policy:
Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Spring 2011 Postpartum Doula Workshop Registration Form – Registration Deadline 4/29/2011 at 4:30pm

Postpartum Doula Workshop fee: $395 + $30 course-pack fee (non-refundable) = $425

Please send the course-pack to me. I have included $6 postage and handling.

$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 4/29/2011

TOTAL

Payment method: (please circle) Check/Money Order Cash PayPal

Name

Address

Phone Email

• We must receive this completed registration form AND full payment to register you for this workshop.
• Please make check/money order payable and mail to the address below.
• Credit card payments are accepted through PayPal by visiting http://www.bithingway.edu/payment.htm. You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page.
• Bithingway cannot accept third-party PayPal payments. The name on the credit card/account must be the same as the student taking this workshop.

OFFICE USE ONLY

Date/time/payment/initial

Please route in this order: _____ FIN _____ REG _____ FIN _____ LRC _____ OPS _____ SPPC _____ SAC _____ File

Amount needed to clear registration: $ Amount Paid: $ Date/Time: 

Method: __________ Reference #: ____________________________
COMMUNITY COURSE OFFERING – Spring 2011

- Anatomy and Physiology for Birth and Lactation Professionals (HAP151q) Please see separate registration form in this newsletter.

- Botanicals I (BOT371q) 3 credit hours. 10 sessions. Materia medica and herbal therapeutics of gynecological and breastfeeding herbs and herbs for infants and children. Taught by Mindy Cash, ND.  
  Date: Monday afternoons starting 4/25 – 6/27/11 for ten weeks  
  Time: 1:00pm – 4:00pm  
  Location: Carlton House

- Breastfeeding I (BFR211q) 1 credit hour. 4 sessions. Using lecture, discussion, visual aids, and small group activities, this course provides students with basic information on topics including the normal breastfeeding physiology of mother and baby, properties of human milk, risks of formula feeding, recommendations regarding breastfeeding initiation, duration and normal parameters of nursing in the first two weeks, politics of breastfeeding, and influences of culture and birth practices on breastfeeding. Taught by Adrienne Fuson, BA, IBCLC, LMT, CD.  
  Date: Friday mornings on 4/15, 4/29, 5/6, 5/13/11  
  Time: 9:30am – 12:30pm  
  Location: Foster House

- Breastfeeding II (BFR222q) 2 credit hours. 5 sessions. Prerequisite: Breastfeeding I (BFR211q) Students expand on their knowledge from BFR211q to assess and treat breastfeeding problems. Students utilize case studies and research projects to develop skills such as how to take a breastfeeding history of mother and baby, identification of presenting problems, and integrating counseling and education strategies into their breastfeeding support. Taught by Adrienne Fuson, BA, IBCLC, LMT, CD.  
  Date: Monday mornings on 5/23, 5/6, 5/13, 6/20, 6/27/11  
  Time: 9:30am – 1:30pm  
  Location: Foster House

- Breastfeeding III (BFR313q) 1 credit hour. 4 sessions. Prerequisite: Breastfeeding II (BFR222q). Case studies and development of protocols deepen students’ knowledge of breastfeeding counseling. Students focus on more complex situations including failure to thrive and infant hypoglycemia, as well as professional issues such as scope of practice, ethics, and credentials. Taught by Adrienne Fuson, BA, IBCLC, LMT, CD.  
  Date: Friday mornings on 5/20, 5/27, 6/3, 6/10/11  
  Time: 9:30am – 12:30pm  
  Location: Foster House

- Breastfeeding Skills (BFS411q) 1 credit hour. 4 sessions. Prerequisite: Breastfeeding II (BFR222q). Students have an opportunity to develop their hands-on skills by working with nursing women and their babies to demonstrate breast exams, practice supporting a successful latch, and how to use a variety of equipment such as breast pumps and nipple shields. Taught by Rita Aparicio, MA.  
  Date: Tuesday evenings starting 4/12, 4/19, 4/26, 5/3/11  
  Time: 5:30pm – 8:30pm  
  Location: Foster House

- Childbirth Educator (CBE241q) 4 credit hours. 6 sessions. Examine the history of childbirth education and preconceptions about birth, while building tools for integrating a childbirth education series based on Birthingway’s biodynamic model into your midwifery practice. Taught by Nichole Reding, MA and Stacey Marshall, PCD, BD, CD (DONA).  
  Date: 5/20, 5/21, 5/22, 6/4, 6/5, 6/18/11  
  Time: 9:00am – 4:45pm  
  Location: Carlton House

- Communications I (COM321q) 2 credit hours. 5 sessions. The first course in the Communications series introduces the basics of speaking and listening using Rosenburg's Non-Violent Communication Method (NVC), with an emphasis on self and one-on-one communication. Taught by Celeste Kersey, BA, CPM, LDM  
  Date: Mondays on 4/15, 4/29, 5/13, 6/3, 6/17  
  Time: 9:00am – 1:00pm  
  Location: Carlton House

- Homeopathy II (HOM322q) 1 credit hour. 6 sessions. Prerequisite: Homeopathy I This course further explores the theories of homeopathy, introducing the use of the repertory and constitutional prescribing. We examine key remedies, analyze a number of cases in class, and work together to make appropriate prescriptions. Taught by Jennifer Means, ND, LAC.  
  Date: Wednesday evenings starting 4/13 – 6/22/11 for six weeks  
  Time: 6:00pm – 9:30pm  
  Location: Carlton House

- Massage for Midwives (MAS321q) 2 credit hours. 3 sessions. An introduction to the psychology of touch, we learn basic massage techniques with an emphasis on pregnancy and postpartum. Taught by Bonnie McNannis, BA, LMT  
  Date/Time: 6/10/11 5:00pm – 9:00pm; Saturday 6/11/11 9:00am – 5:00pm; Sunday 6/12/11 9:00am – 5:00pm.  
  Location: Carlton House

- Medical Terminology (MED221q) 2 credit hours. 7 sessions. Dissecting medical terms into recognizable word parts, we decipher what can be an intimidating language, in order to chart appropriately and communicate with other medical professionals. As we go through body systems, this class is an overview of anatomy, physiology and pathology. Lectures weaving in related stories of pregnant women and babies, individual presentations, and a few games, spice up the memorization. Taught by Sara Ohgushi, ND  
  Date: Tuesday mornings on 4/12, 4/19, 4/26, 5/24, 5/31, 6/7, 6/14/11  
  Time: 9:00am – 12:00pm  
  Location: Carlton House

- Midwifery Culture (CUL431q) 3 credit hours. 8 sessions. This course focuses on attitudes and laws that have surrounded midwives and the practice of midwifery throughout history and contemporary times. Examine the role of midwives from ancient to modern times emphasizing politics of midwifery and how midwives have come together to bring about change. Taught by Nichole Reding, MA  
  Time: 5:00pm – 9:00pm  
  Location: Carlton House

- Nutrition (NUT221q) 2 credit hours. 7 sessions. Overview of nutrition concepts including macro and micro nutrients, use of supplements, diet analysis, and applications for pregnancy and postpartum. Taught by Mindy Cash, ND  
  Date: Monday mornings on 4/25, 5/2, 5/9, 5/16, 5/23, 6/6, 6/13/11  
  Time: 9:00am – 12:00pm  
  Location: Carlton House

- Plant Medicine I (PLM321q) 2 credit hours. 7 sessions. This course covers the use of plants in pregnancy, birth and postpartum. Identify and harvest herbs, and engage in hands-on preparation of plants and tinctures using both scientific and folk methods. Enjoy herbal walks and field trips. Taught by Carli Nyland, ND  
  Date: Thursday afternoons on 4/14, 4/21, 4/28, 5/12, 5/26, 6/16, 6/30/11  
  Time: 1:00pm – 4:00pm  
  Location: Carlton House

- Postpartum Doula (PPD321q) 2 credit hours. 5 sessions. Gain knowledge and skills for assisting women after birth, including hormones in the postpartum, maternal changes, infant care, mood disorders, physical care and breastfeeding support. Taught by Kimberly Bepler, ICPE, PCD, CPD, CLE  
  Date: Sunday afternoons on 5/22, 5/29, 6/5, 6/12, 6/19/11  
  Time: 1:00pm – 4:00pm  
  Location: Carlton House

- Suturing (SUT421q) 2 credit hours. 7 sessions. Prerequisite: Intrapartum (INT251q) Registration for this course is limited to midwifery program students, midwives and approved community students. Skills include materials and equipment selection, perineal repairs, repairs of first and second degree lacerations, use of local anesthetics and episiotomy. This course meets Legend Drugs and Devices educational requirements for Suturing required for Oregon licensure. Taught by Holly Scholles, MA, CPM, LDM  
  Date: Monday afternoons on 4/25, 5/2, 5/9, 5/16, 5/23, 6/6, 6/13/11  
  Time: 1:30pm – 4:30pm  
  Location: Foster House

- Understanding Medical Literature (UML221q) 2 credit hours. 6 sessions. Basic concepts, types of medical literature, critical analysis, “Evidence based” studies. Taught by Kathryn Constant, MA and Nancy Longatan, MA  
  Date: Thursdays on 4/14, 4/21, 4/28, 5/5, 5/12, 5/19/11  
  Time: 5:30pm – 9:00pm  
  Location: Foster House
**STUDENT NAME:**

**Birthway College of Midwifery ~ Spring 2011 Community Student Registration**  
Registration Begins: FEBRUARY 25, 2011 at 8:30am. Registration Deadline: MARCH 18, 2011 at 4:30pm.

<table>
<thead>
<tr>
<th>Tuition: $369 per credit. Audit Fee: $300 per credit. For details on auditing, please see our Catalog and Student Handbook online.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Botanicals I (BOT311q) 3 credits X $369 per credit + $24 course-pack = $1131 for credit $1 wish to audit** $6</td>
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<tr>
<td>Breastfeeding I (BRF211q) 1 credit X $369 per credit + $24 course-pack = $393 for credit $1 wish to audit** $6</td>
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<tr>
<td>Breastfeeding II (BRF222q) 2 credits X $369 per credit + $16 course-pack = $754 for credit $1 wish to audit** $6</td>
</tr>
<tr>
<td>Breastfeeding III (BRF313q) 1 credit X $369 per credit + $6 course-pack = $375 for credit $1 wish to audit** $6</td>
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<tr>
<td>Breastfeeding Skills (BFS411q) 1 credit X $369 per credit + $33 lab fee = $402 for credit $1 wish to audit** $6</td>
</tr>
<tr>
<td>Childbirth Educator (CBE241q) 4 credits X $369 per credit + $40 course-pack = $1516 for credit $1 wish to audit** $6</td>
</tr>
<tr>
<td>Communications I (COM321q) 2 credits X $369 per credit + $6 course-pack = $744 for credit $1 wish to audit** $6</td>
</tr>
<tr>
<td>Homeopathy II (HOM322q) 2 credits X $369 per credit + $30 course-pack = $768 for credit $1 wish to audit** $6</td>
</tr>
<tr>
<td>Massage for Midwives (MAS321q) 2 credits X $369 per credit + $11 course-pack + $36 lab fee = $785 for credit $1 wish to audit** $6</td>
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<tr>
<td>Medical Terminology (MED221q) 2 credits X $369 per credit = $738 for credit $1 wish to audit** $6</td>
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<tr>
<td>Midwifery Culture (CUL431q) 3 credits X $369 per credit + $60 course-pack = $1167 for credit $1 wish to audit** $6</td>
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<tr>
<td>Nutrition (NUT221q) 2 credits X $369 per credit + $23 course-pack = $761 for credit $1 wish to audit** $6</td>
</tr>
<tr>
<td>Plant Medicine I (PLM321q) 2 credits X $369 per credit + $11 course-pack + $38 lab fee = $787 for credit $1 wish to audit** $6</td>
</tr>
<tr>
<td>Postpartum Doula (PPD321q) 2 credits X $369 per credit + $30 course-pack = $768 for credit $1 wish to audit** $6</td>
</tr>
<tr>
<td>Suturing (SUT421q) 2 credits X $369 per credit + $8 course-pack + $190 lab fee = $936 for credit $1 wish to audit** $6</td>
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</table>

**Suturing Kit**  
These items are required for suturing class, but you are not required to buy them from Birthwayway  
Mayo Hegar 6” Needle Holder (Millex)  
Russian Forceps 6” (Millex)

Rochester Pean straight forcepe (Vantage)  
Rochester Pean curved forcepe (Vantage)  
6” Ruler, with centimeters  
Spencer Stitch Scissors 3.5” (Vantage)

$172 (Full Kit Only) $6

| Understanding Medical Literature (UML221q) 2 credits X $369 per credit + $38 course-pack = $776 for credit $1 wish to audit** $6 |

**TECHNOLOGY FEE (non-refundable)** $15.00

**REGISTRATION FEE (non-refundable)** $50.00

**LATE REGISTRATION FEE $75 (non-refundable) Due in addition to the Registration Fee if registering after 4:30pm on 3/18/11**

**Full Payment and completed Registration Form is required to be registered.**

**TOTAL**

**REQUIRED TEXTBOOK LIST:** Here are the required textbooks for the above courses. You are responsible to supply your own textbooks. We provide a Wishlist on Amazon.com for these books. Please visit www.birthwayway.edu for the Amazon Wishlist link.

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
<th>ISBN #</th>
<th>Retail</th>
</tr>
</thead>
<tbody>
<tr>
<td>Botanicals I (BOT311q)</td>
<td>Gladstar R. Herbal Healing for Women. 1993.</td>
<td>0671767674</td>
<td>$16.00</td>
</tr>
<tr>
<td>Breastfeeding I (BRF211q)</td>
<td>Lauwers J. Counseling the Nursing Mother: A Lactation Consultant’s Guide. 5th ed. 2010.</td>
<td>0763780529</td>
<td>$87.95</td>
</tr>
<tr>
<td>Breastfeeding II (BRF222q)</td>
<td>Lauwers J. Counseling the Nursing Mother: A Lactation Consultant’s Guide. 5th ed. 2010.</td>
<td>0763780529</td>
<td>$87.95</td>
</tr>
<tr>
<td>Breastfeeding III (BRF313q)</td>
<td>Lauwers J. Counseling the Nursing Mother: A Lactation Consultant’s Guide. 5th ed. 2010.</td>
<td>0763780529</td>
<td>$87.95</td>
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<tr>
<td>Breastfeeding Skills (BFS411q)</td>
<td>Genna C. Supporting Sucking Skills in Breastfeeding Infants. 1st ed. 2007.</td>
<td>0763740373</td>
<td>$53.95</td>
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<tr>
<td>Communications I (COM321q)</td>
<td>Rosenberg MB. Nonviolent Communication: A Language of Life. 2nd ed. 2003.</td>
<td>1892050304</td>
<td>$19.95</td>
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<tr>
<td>Homeopathy II (HOM322q)</td>
<td>Phatak S.R. Materia Medica of Homeopathic Medicines. 2002.</td>
<td>8170214459</td>
<td>$22.00</td>
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<tr>
<td></td>
<td>Kent J.T. Repertory of the Homeopathic Materia Medica. 2007.</td>
<td>8131902315</td>
<td>$46.00</td>
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<tr>
<td>Massage for Midwives (MAS321q)</td>
<td>Stillerman E. Mother Massage: A Handbook for Relieving the Discomforts of Pregnancy. 2006.</td>
<td>0440507022</td>
<td>$17.00</td>
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<tr>
<td>Medical Terminology (MED221q)</td>
<td>Ehrlich A. Medical Terminology for Health Professions. 6th ed. 2008.</td>
<td>1418072524</td>
<td>$98.95</td>
</tr>
<tr>
<td>Midwifery Culture (CUL431q)</td>
<td>Diamant A. The Red Tent: A Novel. 1997.</td>
<td>0312427298</td>
<td>$15.00</td>
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<tr>
<td>Nutrition (NUT221q)</td>
<td>Frye A. Holistic Midwifery Volume 1: Care During Pregnancy. 1998.</td>
<td>1891114155X</td>
<td>$80.00</td>
</tr>
<tr>
<td>Postpartum Doula (PPD321q)</td>
<td>Higgins K. Nursing Mother’s Companion. 4th ed. 1999.</td>
<td>1558321527</td>
<td>$14.95</td>
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<tr>
<td></td>
<td>Placksin S. Mothering the New Mother. 2nd ed. 2000.</td>
<td>1556743175</td>
<td>$18.95</td>
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<tr>
<td></td>
<td>Jana L. Shu J. Heading Home with your Newborn. 2nd ed. 2010.</td>
<td>1585144448</td>
<td>$15.95</td>
</tr>
</tbody>
</table>

**No required texts for: Childbirth Educator (CBE241q)**

PLEASE COMPLETE THE REVERSE SIDE OF THIS FORM
Registrations begin at 8:30am on February 25, 2011. Registrations will be date/time stamped in order of receipt. Registrations received BEFORE February 25, 2011 will be processed at the end of the day on February 25, 2011. Registrations received AFTER 4:30pm on March 18, 2011 will incur a $75 late registration fee.

Course-packs must be picked up at B birthway College. Please call ahead to ensure your course-pack is ready.

CANCELLATION CLAUSE - Should you decide to cancel this agreement in writing within three business days, you are entitled to a full refund of all fees and tuition. Suturing Kits will not be refunded after the Registration Deadline. After the three-day cancellation period, should you decide to cancel your registration and not attend, refunds will be made per the Refund Policy.

REFUND POLICY - You are expected to attend all courses for which you register. IF YOU DO NOT ATTEND OR STOP ATTENDING AND FAIL TO DROP WITHIN THE REFUND PERIOD, YOU REMAIN RESPONSIBLE FOR ALL TUITION AND FEES. If you wish to drop a course, please fill out a Withdrawal/Drop Form (available on our website or in the front office) and either mail, fax, or hand it in to the front office. You will receive a refund of tuition per the refund schedule below. For non-credit or audited courses, 95% of the audit or course fee will be refunded upon written request, up to seven days before the first class day. 80% of the audit or course fee will be refunded up to the first class day. No refund for non-credit or audit-only courses or workshops will be made on or after the first class day. Registration Fee, Late Registration Fee, and Technology Fee are non-refundable. Equipment Kit Fees, Course-pack Fees, and Lab Fees are non-refundable after the Registration Deadline. Please allow four to six weeks for receipt of refund. The dates below are based on calendar days. If you have any questions about this policy, please contact the college.

<table>
<thead>
<tr>
<th>WITHDRAWAL DATE</th>
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<th>TUITION REFUND</th>
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<tr>
<td>On or before 1st day of term</td>
<td>100%</td>
<td>22nd day through 28th day of term</td>
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<td>2nd day through 7th day of term</td>
<td>86%</td>
<td>29th day through 35th day of term</td>
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<td>8th day through 14th day of term</td>
<td>72%</td>
<td>36th day through 42nd day of term</td>
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<td>15th day through 21st day of term</td>
<td>58%</td>
<td>Day 43 through end of term</td>
<td>No Refund</td>
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We must receive this completed registration form AND full payment to register you for courses. Credit card payments are accepted through PayPal by visiting http://www.birthway.edu/payment.htm. You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. Birthway cannot accept third-party PayPal payments. The name on the credit card/PayPal account must be the same as the student taking these courses.

By signing below, I agree that I have read and understand all policies stated above. Payment in full is included with this form.

STUDENT SIGNATURE ___________________________ DATE ____________

An unsigned registration form will delay your registration until signed.

OFFICE USE ONLY

Date/time/payment/initial

Please route in this order: FIN REG FIN LRC OPS SAC SPC File

Amount needed to clear registration: $_________ Amount Paid: $_________ Date/Time: ____________

Method: ___________ Reference #: ___________
Puzzles

Anne Frye Book Signing!

~Thursday, March 10 ~
Noon – 4pm
Stop by the college to purchase midwifery books from Anne Frye herself!
A number of Birthingway required books will be available including:

Holistic Midwifery Volume I - $80
Holistic Midwifery Volume II - $130
Diagnostic Tests - $65
Healing Passage - $75

Also available for the first time (can only be purchased directly from Anne)
Understanding Female Pelvic Anatomy in 3-D
a DVD and interactive tool.
Student Price $65

Enter Here

End Here

Directions
Try to fill in the missing numbers.
Use the numbers 1 through 25 to complete the equations.
Each number is only used once.
Each row is a math equation. Each column is a math equation.
Remember that multiplication and division are performed before addition and subtraction.
Good Luck!

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322 11 67 133 45
Legend Drugs and Devices Renewal

Course includes 8.5 combined hours of theory, skills, and testing for Suturing, IV Skills, Medications by Injection, and Pharmacology. This course meets the Oregon state requirements for renewal of the Legend Drugs and Devices endorsement for licensure as a Direct Entry Midwife. LD&D must be renewed every 4 years. You must have completed the 40 hour LD&D sequence in order to take this workshop. Maternal and Neonatal Resuscitation is NOT covered in this workshop. Please call for information about upcoming resuscitation workshops. Instructor: Holly Scholles, MA, CPM, LDM

Date / Time / Location:
Friday, March 18, 2011 - 9:00 am - 6:00pm
Birthingway College of Midwifery - 12113 SE Foster St., Portland, OR 97266

Cost:
Workshop fee: $115
Registration Deadline: March 4, 2011 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment
None

Refund Policy:
Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Spring 2011 Legend Drugs and Devices Renewal Workshop Registration Form – Registration Deadline 3/4/11 at 4:30pm

Legend Drugs & Devices Renewal Workshop fee: $115
$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 3/4/11

Payment method: (please circle) Check/Money Order Cash PayPal (see below)

Name (First, Last, Initial) SSN (required for our transcript)

Address

Phone Email

• We must receive this completed registration form AND full payment to register you for this workshop.
• Please make check/money order payable and mail to the address below.
• Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page.
• Birthingway cannot accept third-party PayPal payments. The name on the credit card/account must be the same as the student taking this workshop.

OFFICE USE ONLY

Date/time/payment/initial

Please route in this order: FIN REG FIN LRC OPS SPPC
Amount needed to clear registration: $ Amount Paid: $ Date/Time:

Method: Reference #: 

Birthingway College of Midwifery - 12113 SE Foster Rd., Portland Oregon, 97266 - p) 503.760.3131 - f) 503.760.3332 - www.birthingway.edu
Birthingway Non-credit Workshop:

Maternal and Neonatal Resuscitation

Description:
Birthingway certification in neonatal resuscitation including use of bag/valve/mask. AHA Healthcare Provider level CPR certification includes use of AED, infant, child and adult resuscitation.
Instructor: Denise Clark, EMT-P

Date / Time / Location:
Maternal Resuscitation ~ May 27, 2011 ~ 9:00 am - 12:00pm
Neonatal Resuscitation Renewal ~ May 27, 2011 ~ 12:00pm - 5:00pm  
This is a renewal class, so you must provide a copy of your current neonatal resuscitation card when registering.
Birthingway College of Midwifery - 12113 SE Foster St., Portland, OR 97266

Cost:
Maternal Resuscitation Workshop fee: $50
Neonatal Resuscitation Renewal Workshop fee: $50
Registration Deadline: May 13, 2011 at 4:30pm. After this date and time, an additional $75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment
None

Refund Policy:
Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Spring 2011 Maternal and Neonatal Workshop Registration Form – Registration Deadline 5/13/11 at 4:30pm

<table>
<thead>
<tr>
<th>Description</th>
<th>$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maternal Resuscitation Workshop fee: $50</td>
<td></td>
</tr>
<tr>
<td>Neonatal Resuscitation Renewal Workshop fee: $50</td>
<td></td>
</tr>
<tr>
<td>(please provide a copy of your current neonatal resuscitation card when registering)</td>
<td></td>
</tr>
<tr>
<td>$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 5/13/11</td>
<td></td>
</tr>
<tr>
<td>TOTAL</td>
<td></td>
</tr>
</tbody>
</table>

Payment method: (please circle)  
Check/Money Order  
Cash  
PayPal (see below)

Name (First, Last, Initial)  
SSN (required for your transcript)

Address

Phone  
Email

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don’t need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page.
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OFFICE USE ONLY

Date/time/payment/initial

Please route in this order: _____ FIN ______ REG _____ FIN ______ LRC _____ OPS _____ SPPC

Amount needed to clear registration: $_________  
Amount Paid: $_________  
Date/Time: __________

Method:  
Reference #:  

Birthingway College of Midwifery - 12113 SE Foster Rd., Portland Oregon, 97266 - p) 503.760.3131 - f)503.760.3332 - www.birthingway.edu
If you receive this newsletter via email and you would prefer to receive it by mail, please contact the college at
info@birthingway.edu,
or at 503-760-3131

Also, don't forget! You can download all of the registration forms from:
www.birthingway.edu