

Midwifery Program Recommended Reading

Armstrong, and Feldman. *A Midwife's Story*. Pinter and Martin; 2007.

Armstrong, and Feldman. *A Wise Birth*. Pinter and Martin; 2007.

Buckley, Sarah. *Gentle Birth, Gentle Mothering*. One Moon Press; 2005.

Chester, Penfield. *Sisters on a Journey*. Rutgers University Press; 1998.

** Davis, Elizabeth. *Heart and Hands: a Midwife's Guide to Pregnancy and Birth*, 3rd ed. Celestial Arts; 1997.

England and Horowitz. *Birthing from Within*. Partera Press; 1998.

Gaskin, Ina May. *Ina May's Guide to Childbirth*. Bantam; 2003

**Goer, Henci. *The Thinking Woman's Guide to a Better Birth*. Penguin Putnam; 1999.

**Hall, Jennifer. *Midwifery Mind and Spirit*. Elsevier; 2001.

Jordan, Brigitte. *Birth in Four Cultures*. Eden Press; 1992.

Kirschmann. *Nutrition Almanac*. 6th ed. McGraw Hill; 2006.

**Mohrbacher, and Stock. *The Breastfeeding Answer Book*. Le Leche League Int'l; 3rd ed. 2003.

Odent, Michel. *Birth Reborn*. Knopf Publishing Group; 1986.

Odent, Michel. *The Farmer and the Obstetrician*. Free Association Books Ltd; 2002.

** Page, Lesley Ann. *The New Midwifery*. Churchill Livingstone; 2000.

** Renfrew, et al. *Bestfeeding: Getting Breastfeeding Right*. 2nd ed. Celestial Arts; 2000.

Rooks, Judith Pence. *Midwifery and Childbirth in America*. Temple; 1999.

** Simkin and Ancheta. *Labor Progress Handbook*. Blackwell; 2000.

** Sinclair, Constance. *A Midwife's Handbook*. Saunders; 2004.

** Walsh, Linda. *Midwifery: Community Based Childbirth*. Saunders; 2001.

** Wickham, Sarah. *Midwifery, Best Practice*. Elsevier; 2003.

Journals and Magazines such as *Midwifery Today*, *Birth*, *Mothering*

Out of print, but still excellent are: Carolyn Steiger, *Becoming a Midwife* and Barbara Katz Rothman, *In Labor: Women and Power in the Birthplace*.

You may also want to invest in a good medical dictionary.

This list does not include textbooks used in Birthingway's classes, including all of Anne Frye's books, Varney's Midwifery, and William's Obstetrics, as well as a variety of books on plant medicine and other modalities of healing.

** Books on NARM'S Reference List. We have not included all of the books on NARM's list. Check out their website for another good resource for recommended reading of a more academic nature. See www.narm.org Candidate Information Bulletin.